THE OXFORD PAPER

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Weekly leisure guide for in & around Oxford

'TAKE PRIVATE CARS OFF ROADS TO SAVE CYCLISTS'

Group calls for action after rider killed saying bikes must be given space

Royal visit uncovered

Prince Charles and the Duchess of Cornwall talked plants at Oxford's Covered Market on Tuesday when the royal couple visited the city. After touring the historic market, Camilla visited cancer support charity Maggie's at the Churchill Hospital.
Full story and pictures on page 3
Picture: Jon Lewis

Eva Astreinidou: *Reporter*

THOUSANDS of people have signed a petition to stop private cars and vans using Oxford's roads after the death of a cyclist last week.

Claudia Comberti, 31, was killed after she was in collision with a bus on Botley Road on Tuesday afternoon.

The petition entitled 'end cyclists deaths in Oxford' has so far been signed by almost 2,400 supporters.

Oxford-based cycling group Broken Spoke is calling for more to be done to prioritise cyclists and pedestrians on the roads.

Countless tributes have been paid to the Oxford University PhD student and fellow cyclists have taken to the streets on their bikes to celebrate her life and show their support and solidarity.

A representative from Broken Spoke said, "Everyday those who cycle in Oxford are confronting the structural violence that the roads create.

"The violence of design and planning that puts our soft and fragile bodies in direct conflict with hard heavy motorised vehicles travelling at speed.

'The roads are dominated by cars while cyclists are marginalised, abused and even killed. But when the everyday violence of this really hits you, like it hit us when we lost Claud,

Continues on page 2

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Letters to The Editor
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Regional Weather

THURSDAY Cloud and rain slowly clearing from the west to leave bright weather with some sunshine It will feel warm in sunny spells but perhaps staying cloudy in the far east Maximum temperature 19 °C.

OUTLOOK FOR FRIDAY TO SUNDAY Showers and sunny spells likely through the period These may be heavy at times with a chance of hail or thunder. Feeling warm in the sunshine but chilly overnight.

WEEKEND SUMMARY

FRIDAY	SATURDAY	SUNDAY
DAY 15°C	DAY 16°C	DAY 17°C
NIGHT 8°C	NIGHT 7°C	NIGHT 9°C

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Bikes must be given space on the city's roads

From front page

it is a wake up call. Cyclists need space they need to share a wide lane with other bikes not buses. No matter how strong a cyclist you are (and Claudia was very strong) you don't stand a chance against a bus Buses are not the problem, they are an important alternative to private vehicle use, but they too need their own lane.

"Private motor vehicles which pollute our air, clog our streets and cause many thousands of injuries and deaths every year need to be de-prioritised. Private cars and vans do not belong on our city s roads"

He cited the main roads into the centre—Abingdon Road, Cowley Road, Banbury Road, Woodstock Road, London Road and Botley Road – as particularly failing to protect cyclists and pedestrians

Oxford City council leader Bob Price said: "This tragic death underlined the urgent need for a radical change in the County Council s approach to cycling. Our roads are generally narrow and safe cycling requires a clear separation of motor vehicles from bikes, in dedicated cycle lanes."

An Oxfordshire county council representative said. "Our thoughts are with the family and friends of Claudia Comberti at this sad time

"More cycling, and safer cycling is very much part of the county council s transport vision and we have been working actively with cycle groups to develop the kind of proposals that they would like to see delivered.

"Many of the changes that can relatively easily be made to roads and paths have been done—the more ambitious changes take longer to plan and often require substantial outside funding. This is why it is st is vital that councils work positively with cyclist groups and why we will continue to do this "

To sign the petition visit https://tinyurl com/mjqof9c

■ An inquest into Claudia Comberti s death opened yesterday (Wednesday)

Friends and fellow cyclists pay tribute

'The place was brighter when Clauds was here'

Eva Astreinidou *Reporter*

FRIENDS have paid tribute to the 'much-loved' and 'genuine' woman killed as she was cycling in Oxford.

Claudia Comberti, 31 who was studying at Oxford University was pronounced dead at the scene of the crash on Botley Road on Tuesday afternoon after a collision with a bus.

Tributes have been flooding in online since the incident

Abi Stone tweeted. "Such sadness for loss of Claudia, who lived with integrity passion, energy conviction & calm kindness My heart goes out to family & friends"

Emilie Parry tweeted: "The world has been kinder, more genuine, gracious inclusive and patient in your steady presence."

The day after around 100 cyclists took part in a ride in her memory—one holding a symbolic empty white 'ghost' bike.

Oxford cycling shop Broken Spoke organised the event.

A representative said: "Her and her bike were regular faces in our work shop You'd know when Clauds had arrived. The place was reliably brightened every time with her smile and exuberance

"We decided to create a ghost bike —a bike that is painted white to mark the place where someone lost their life whilst cycling. To act as a memorial, a symbol of their absence, and to make visible the dangers that we face.

"We came to express our love, our desperation and our sorrow to support each other and to create a safe space that wasn t available for her

"Claudia was writing up her PhD, she was organising a community festival, she had started swimming in the river already

"Her loss is a great one, a deep one and one to which we want to respond with action and love."

The group held another bike ride on Broad Street on Friday evening to show the "solidarity and strength of our community" and "to celebrate a life"

After the incident on Tuesday last week, Phil Southall, managing director of Oxford Bus Company said the bus was operating the 4B service towards the city and Wood Farm when the incident took place in the vicinity of McDonald s on Botley Road.

He added: "Our thoughts are with the friends and family of the cyclist and our driver who is currently receiving treatment for shock."

Contact police on 101 if you have any information.

Claudi Comberti in the Broken Spoke workshop
Picture: *Broken Spoke*

Cyclists gathered in Broad Street on Friday
Picture: *@benzahill81*

Paying tribute at the crash scene in Botley Road
Picture: *S Chappell*

The royal couple toured the shops in the Covered Market
Pictures: Jon Lewis

The Duchess of Cornwall met staff at Maggie's
Pictures: Ed Nix

Cheese and chatter for Charles and Camilla

THE streets of Oxford city centre were packed to welcome Prince Charles and The Duchess of Cornwall.

The pair visited local businesses and shops at the Covered Market on Tuesday tasting some of the food on offer and enjoying a tour of the eclectic market.

Camilla also visited cancer support charity Maggie's at the Churchill Hospital, continuing her work for the cause she became president of in 2008.

During the visit she met people with cancer who visit the centre, staff, volunteers, NHS colleagues from the Churchill Hospital and the centre's architect, Chris Wilkinson.

She also observed a Talking Heads session, which supports those with hair loss, and a yoga class before touring of the building.

Laura Lee, chief executive of Maggie's said, "It's always an honour to welcome Her Royal Highness The Duchess of Cornwall to one of our centres.

"We're incredibly grateful for Her Royal Highness's continued support of Maggie's, her passion and commitment makes a real difference to those who visit and work in our Centres."

A spokesperson said, "The world of cancer is changing. With advances in medicine and earlier diagnosis the chances of surviving cancer long term is double that of 40 years ago.

"As the number of people living with cancer increases, so does the need for practical and emotional support to cope with the challenges that living with and beyond cancer brings."

Protecting patient data is top priority for NHS trust

OXFORDSHIRE'S hospitals have reassured patients that protecting their information is a top priority in the wake of last week's cyber attack.

The county's health services were unaffected by the global attack which saw 47 NHS trusts in England fall victim to the hackers.

On Friday the Oxford Health NHS Foundation Trust said "We are aware of the cyber threat which has affected some NHS Trusts and we are taking the appropriate steps to address the situation."

The Oxford University Hospitals NHS Foundation Trust said they continue to be vigilant and added "Protecting patient information is a top priority for us."

The hackers used ransomware to encrypt files and hold the users to hostage demanding $300 to release the files back to them.

Dr Faye Mitchell, who teaches cyber security at Oxford Brookes University, said a patch to protect against the software used has been available since April.

She said, "Any organisation should have access to this level of protection against malware.

"This is something that even a home user should have in place to protect their computer. It's just quite obvious."

She said it is common knowledge in the IT industry that a percentage of NHS trusts have Windows XP in place, a piece of software that was not extended past 2014, and if automatic updates are disabled on computers crucial software updates can be missed.

In July last year the National Data Guardian and Oxford University Hospital NHS Trust's Dame Fiona Caldicott wrote to the health secretary Jeremy Hunt suggesting that "computer hardware and software that can no longer be supported should be replaced as a matter of urgency."

She warned that an "external cyber threat is becoming a bigger consideration" within the NHS and said current IT systems and data security protocols could be introducing the need for workarounds, increasing risk into the system.

The letter, which consisted of a data security review of 90 hospitals, GP surgeries and dental practices found there was a "lack of understanding of security issues" and data breaches that were caused by staff often working "with ineffective processes and technology."

Man jailed for vicious attack

John Bisson has been jailed for 10 years for grevious bodily harm

A MAN who 'viciously' attacked and broke another man's arm using a wooden pole has been sent to prison.

John Bisson, 32, of Sage Walk, Oxford, was sentenced to 10 years for causing grievous bodily harm with intent.

Bisson attacked the victim, a 42-year-old man, with a wooden pole, breaking the man's arm in Railway Lane, Oxford in November 2015.

He was sentenced at Oxford Crown Court on Friday having been found guilty after a six-day trial at the same court in March.

Investigating officer Detective Constable Emma Barras-Thompson of Oxford CID said: "This was a vicious attack and the length of the prison sentence shows how seriously this kind of violence is treated by the judicial system."

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NEWS

Fears that plans to extend road could destroy woodland

CAMPAIGNERS are concerned plans to extend a road in Didcot will lead to destruction of woodland and nature in the area.

The Didcot northern perimeter road will offer new links to the west of the town, including a new rail crossing from the of the power station to the Great Western Park development as well as a new roundabout to Abingdon Road.

The group 'stop Didcot perimeter road extension' are campaigning against the plans, saying they would be destructive to nearby woodland.

Ingo Schüder a Didcot Ladygrove resident who is chairing the group said. "We acknowledge there is an issue with noise and pollution on Abingdon Road but putting people elsewhere into misery is not the answer

"We believe wider area alternatives to the extension have not been considered and that the proposal is a short term solution that will make things worse for people in Didcot."

Mr Schudee a trained ecologist who has advised local authorities on the development of green space, said that Furlong woodland contributes to residents quality of life

He said the woodland is full of wildlife including European protected species

The new route is designed to help Didcot s traffic hotspots as well as deal with the additional 10 000-plus new dwellings that are planned for the Didcot area over the next 15 years.

The last consultation in 2016 collected 31 objections, with residents saying they are worried about flooding and the impact on wildlife and the value of houses in the area

Others objected on the grounds of 'severe and unacceptable' impact on properties in the Frith and Furlongs

A spokesperson for South Oxfordshire District Council, said "People s views are very important to us, which is why we have been consulting on the South Oxfordshire Local Plan."

The consultation to the local development plan came to an end yesterday

We can't become the fate of closed

Protestors out in force on Saturday

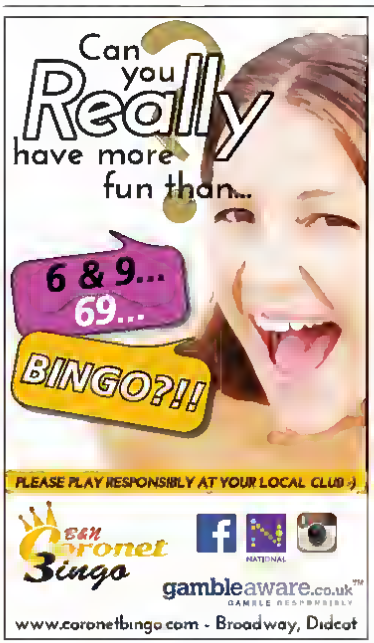
Women footballers wanted

WANT to be a part of something new?

Abingdon United s first women's football team is on the lookout for talent this season.

The team are calling out for players to add to their squad, as well as more coaches a physiotherapist and media/social media executives.

Contact abingdonunitedwfc@gmail.com or call 07789 310 378



Emergency care 'worse than England's average'

Eva Astremidou: Reporter

A QUALITY report on the John Radcliffe found the urgent and emergency services at the hospital need improvement after the unit performed worse than the England average during random inspections

The report by the Care Quality Commission released last Tuesday is based on unannounced inspections in October 2016 as well as national care standards and information given from patients and the public

The body that monitors and regulates health services rated the hospital s surgery services as 'good' but said several improvements need to be made to its emergency department.

In a report signed off by chief inspector of hospitals Professor Sir Mike Richards the commission concluded that the emergency department at the hospital had poorer average time of assessing adults and children than the England average

It added: "Patients arriving via ambulance did not consistently receive an assessment within 15 minutes of arrival.

"The department performed significantly worse than the England average on the A&E four-hour waiting time target, although the percentage of patients waiting four to 12 hours from decision to admit to admission was better than the national average "

The layout of the department impacted the flow of patients and the resuscitation area contained four bays that were often used to accommodate more than four patients

"In cases when capacity did not meet demand [it] was used to accommodate up to six patients on trolleys "

The report added that training of staff varied and was not 'in line with the trust s target in some areas" and that "not all staff were up to date with the required level of safeguarding training"

It read. "In all areas, patients and relatives were positive about the caring attitude of staff, their kindness and their compassion. However, in the ED we observed occasions when patient privacy and confidentiality was not maintained."

The report concluded that overall, "staff showed good understanding and made reasonable adjustments to meet patients individual needs"

Oxford University Hospitals NHS Foundation Trust s chief executive, Dr Bruno Holthof, said. "The positive overall tone of the report is extremely encouraging and our staff should be rightfully proud of the many improvements the inspection found particularly given ongoing heavy demand on our services

"The trust the board and I also recognise there have been great improvements in the range of services offered as part of urgent and emergency care.

"The CQC has identified aspects of care in which the trust must improve and we are already in the process of producing an action plan to address these areas."

Alliances forming in run-up to the election

POLITICAL alliances are forming in Oxfordshire as some parties choose to separate themselves from the Tories and others work alongside them.

The county council results on May 5 did not deliver the outcome the Tories needed for majority representation.

Independent councillor Mark Gray who secured his seat for Benson and Cholsey, will now be working alongside the Tories, after taking on a new cabinet role for local communities.

He will be looking to strengthen the links between local communities the council and parish councils

He said. "The aim is to help communities become responsible for their own community If you look at our grass cutting scheme or the work we have delivered with children services we have community groups involved in delivering the service they want."

Councillor Lynda Atkins who kept her independent seat in Wallingford, will not be joining the Tories.

On Tuesday she confirmed that she and Stefan Gawrysiak, who managed to claim the seat for the Henley Residents Group (HRG) away from the Tories, have formed their own group

complacent over school – parents

Eve Astreinidou: *Reporter*

STEPS are being taken to ensure the long-term future of a school after a damning Ofsted report.

Chiltern Edge school in Sonning Common might be facing closure after the poor grade was received in March.

Now local politicians are saying the school could be saved if the right sponsor is found.

But 'Save Our Edge' campaigners are saying they must 'not become complacent' in their efforts to save the institution.

Parents and children were out in protest on Saturday to raise awareness against the threat of permanent closure.

An Ofsted report from March 2017 rated the school as 'inadequate' in several areas including leadership and management, overall effectiveness and quality of teaching.

Now Rob Wilson who is standing as MP in Reading East said he is working with prospective Henley MP John Howell and Oxfordshire county council (OCC) to secure the 'long-term' future of the school by finding a sponsor to make sure it can reopen.

In a letter addressed to Mr Wilson and Mr Howell, leader of Oxfordshire County Council Ian Hudspeth said, "The OCC is actively seeking a sponsor for Chiltern Edge so that the school can continue at its current location as an academy.

"This process will run in tandem with the consultation on the consideration of closure, although I must stress that the latter is simply a legal procedure laid down by government, which we have to follow.

"Closure would be an absolutely last resort for us and our focus remains firmly on exploring all avenues to find an academy sponsor.

"We will work closely with you to find a satisfactory resolution to the school's future."

In a statement after the school's closure, headteacher Daniel Sadler said, "It is extremely disappointing that despite the best efforts of staff, students and parents the inspectors have reached this conclusion. The local authority is now providing support to the school while the consequences of this judgement are considered.

"However, when a school has been judged as inadequate, the local authority is required to consider the closure of a school as one of the two reorganisation options, the other being opening Chiltern Edge as a sponsored academy.

"We will continue to ensure our students and their families are kept informed and must stress that no decisions on the school's future have yet been taken."

On Tuesday, the council announced that a decision on the future of the school will be delayed by a month until June 30 in order to allow consultation responses to be considered.

The 'Save Our Edge' campaigners are crowdfunding to buy equipment to help them promote the school.

To donate, visit https://tinyurl.com/kjes2pj

To take part in the consultation, visit https://tinyurl.com/knqtrv3.

Park rapist gets life for the second time

A 'PREDATORY' man who raped a woman in a park has been sent to prison for life – for a second time.

Mark Pearton, 44, attacked the woman as she was walking along Harcourt Hill in Botley on January 10. He then took his victim to Raleigh Park, where he raped her.

It was revealed he had previously been given a life sentence in 1999 for rape and was released in 2015.

Pearton pleaded guilty to rape, sexual assault by penetration and possession of a bladed or sharply pointed article on February 17 at Oxford Crown Court.

Pearton, of Cavendish Place, East Bourne, East Sussex, was sentenced to life at Oxford Crown Court on Thursday, May 11.

Before the sentencing, senior investigating officer in the case, detective inspector Jim Holmes, said offenders are closely monitored after their release by probation officers until there are signs the risk of harm is reduced.

He added: "Some offenders are rehabilitated without committing another offence at all.

"[But] when you're dealing with an offender who is a manipulative individual who knows how the system works, they know how to show that the risk [in them reoffending] is reduced. I think Pearton is one of those people."

Officers were at the scene within 15 minutes after the victim alerted a member of the public who then called the police. They used a sex offence kit with swabs to be able to profile the DNA. Pearton was arrested and charged on January 13. DI Holmes said surrounding circumstances and CCTV evidence had to be looked at closely to determine who the offender was.

Rapist Mark Pearton got life

He said, "This was an unusual offence because of its random nature. Usually there is something linking the offender to the victim or the location of the offence, but Pearton did not know the victim and had no ties to Oxford.

"Our intelligence team discovered that Pearton was living in Brighton so we worked with Sussex Police to arrest him and search his premises.

"During the search, Pearton was found to be in possession of pornography replicating scenes of rape, which was an aggravating feature in this case.

"Following his arrest, Pearton said the sexual activity with the victim was consensual and made no comment to most of the questions posed to him during police interviews."

Children moved by Holocaust tales

A HOLOCAUST survivor paid a moving visit to students with autism to share his story and help them make a 'positive difference' in their own lives.

Students from LVS Oxford welcomed Ruth Oppenheimer, who survived horrific conditions and lost his parents.

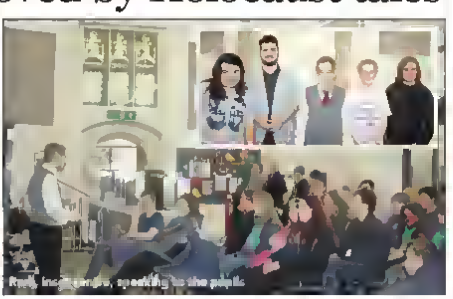
The visit last Tuesday was organised with the Holocaust Educational Trust (HET) to educate students while they are studying for their history GCSE.

While many students with autism find it difficult to focus for long periods, the entire school fell silent as the 86-year-old retold his and his family's experience.

Mr Oppenheimer said, "The main lesson I am hoping they take from it is that people should speak up for themselves when they see injustice being done. If people would have spoken up at that time, things could have been different."

Ruth and his family fled Germany for Holland in 1936 to avoid persecution, only to be captured two years later.

Ruth and his brother, Paul, were liberated in April the same year.



Ruth, in grey jacket, speaking to the pupils

The visit at LVS was organised as part of a wider outreach programme.

Head of school at LVS Oxford, Louisa Allison-Bergin, said, "We want to ensure our young people are educated about important topics so this visit was one which they were all able to get a lot of value from, encouraging them to learn from the lessons of the Holocaust and make a positive difference in their own lives.

"The visit was especially beneficial for our GCSE history students who are studying Germany and World War II for whom Ruth's vivid recollections will provide lots to think about and take in."

Leader unveils new cabinet

A NEW cabinet line-up at Oxfordshire County Council was appointed on Tuesday.

Ian Hudspeth, who has been re-elected as leader, announced the make-up of his new team, including a new role.

The additional cabinet post for local communities will be taken on by councillor Mark Gray.

Other cabinet appointments include Councillor Yvonne Constance (environment) and Councillor David Bartholomew (finance). Councillor Judith Heathcoat is now deputy leader and Councillor Lawrie Stratford takes on the brief for adult social care.

Councillor Steve Harrod will be responsible for children and families.

Councillor Hilary Hibbert-Biles will now take on the education portfolio along with retaining public health.

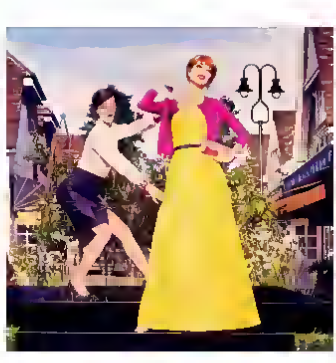
The ceremonial role of Oxfordshire County Council Chairman has gone to an elected representative for Grove & Wantage.

Councillor Zoe Patrick has been elected new Oxfordshire County Council chairman for 2017/18, succeeding Councillor Michael Waine.

She has lived in Grove for more than 30 years and has been a councillor for 20 years.

Councillor Patrick has served on both the Vale of White Horse District Council and Oxfordshire County Council.

She said, "It is an honour and privilege to be elected to this role."



TAKE YOUR CAREER TO THE NEXT LEVEL

Bicester Village Job Fair

Join Bicester Village at the John Paul II Centre in Bicester on Wednesday 24 May, from 4 pm until 6.30 pm. We are looking for candidates who are hiring passion to a luxury, fast-moving retail environment. A number of boutiques and restaurants are seeking enthusiastic candidates who would like a new challenge or are looking to return to work. Retail experience is not essential – just passion is.

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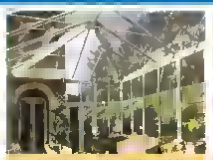
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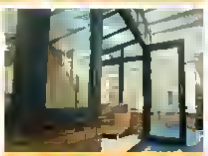
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'Ruthless' predator gets eight years for series of sex crimes

Georgia Welch *Reporter*

A RUTHLESS' predator who targeted and sexually assaulted vulnerable elderly women has been sentenced to eight years behind bars

Richard Saillet, 64, from Rugby, Warwickshire, pleaded guilty to inappropriately touching women in Oxfordshire and other areas of the country

One of the attacks took place in Botley on April 27 last year

Saillet sexually assaulted other women last year in Halesowen, west Midlands, on March 3, Bromsgrove Worcestershire, on May 3 and Greens Norton, Northamptonshire on May 19

Another offence in Hethe, north Oxfordshire, on August 12, 2015 was laid on file.

On each occasion Saillet trespassed on to the properties of elderly women in order to sexually assault them.

Jeremy Taylor, senior crown prosecutor for Thames and Chiltern Crown Prosecution Service, said Saillet attended the Botley home claiming he wanted to carry out a survey

He said he needed to use the bathroom and when she found him in her son's bedroom he forced her on to the bed.

"Saillet targeted [all] the women due to their vulnerability, and planned his attacks He is clearly a calculated, ruthless and dangerous man"

Saillet, who was identified through phone billing enquiries and forensic examinations, initially denied any wrongdoing but pleaded guilty to four counts of sexual assault at Oxford Crown Court on March 24 due to the strength of evidence against him

Sexual predator Richard Saillet

He was brought to justice thanks to the collaborative effort of four police forces, the National Crime Agency and the CPS

Investigating officer detective constable Richard Lewis of Farce CID, said. 'This was a very disturbing series of sexual assaults where Richard Saillet has trespassed into the victims homes to carry out the offences.

"Saillet targeted his victims who were all vulnerable elderly women living on their own."

Saillet was sentenced at Oxford Crown Court on Thursday last week. At a previous hearing on March 24 at the same court he pleaded guilty to four counts of sexual assault on a female over 16

Saillet was arrested on May 24, 2016 and charged on February 21 this year.

Health secretary told of fears for Horton future

HEALTH secretary Jeremy Hunt paid a low-key visit to Banbury this week to hear more about the campaign to save services at the Horton Hospital.

He met Conservative candidate for North Oxfordshire, Victoria Prentis, who spoke of her concerns about proposals to change health services across the county

Earlier this year Oxfordshire Clinical Commissioning Group launched the first part of a major consultation. Among the plans is to reduce the number of inpatient beds, create a central stroke unit in Oxford and make the midwife led unit at the Horton permanent.

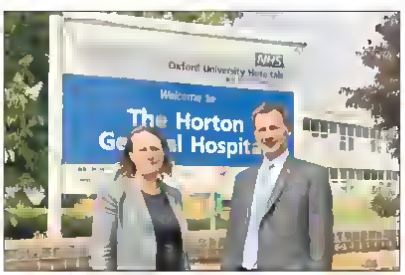
Mrs Prentis said she showed Mr Hunt the Horton hospital site and discussed her concerns about travel times to Oxford, population growth, traffic congestion and patient safety

They also talked to local people and experienced part of the journey to Oxford.

Campaign group Keep the Horton General said it was not invited to the meeting

Mrs Prentis said. "I have frequently discussed the future of the Horton with Mr Hunt and have invited him to visit the site for some time.

"I was very pleased he was able to do so. It was very helpful that he could come to Banbury in order to understand our concerns"



Victoria Prentis with health secretary Jeremy Hunt at the Horton

Meanwhile, local journalist and Horton campaigner Roseanne Edwards has confirmed she will stand as an Independent candidate for the 2017 General Election in Banbury on a Vote For The Horton ticket

She said: 'There is absolutely no reason why large expanding communities of honest, hard-working taxpayers such as those in Banbury should lose the security of acute hospital services within reach of home

"If our Horton services are not returned and protected – as directed by the Health Secretary in 2008 – lives will be lost.

"We cannot afford to allow that to happen. It is do or die time.

Labour candidates for the North Oxfordshire, Stratford and Witney seats have also put the future of the Horton on their election agenda.

Laetixia Carter, who is standing in the Witney constituency said. "The absence of an obstetrics provision at the Horton puts mothers and their unborn children at risk, while a long journey to the John Radcliffe – on congested roads – threatens their welfare further

"It is not right that mothers close to city centres receive better maternity provision than those in rural areas"

Rough ride for Prime Minister

VOTERS challenged Prime Minister Theresa May as she campaigned in Abingdon – the same day she announced a policy described as the "greatest extension of rights and protections for employees by any Conservative government."

Mrs May joined Oxford West and Abingdon candidate Nicola Blackwood at Abingdon market on Monday when the pair were confronted by an angry voter over disability cuts.

Cathy Mohan, who lives in the town and has mental health problems, told the Prime Minister: "I want you to do something for us ...I'm talking about everybody that's got mental health and who's got learning disabilities.

"I want them not to have their money taken away from them and being crippled. The fat cats keep the money and us lot get nothing.

"I want my disability living allowance back. I can't live on £100 a month."

Mrs May who is standing in Maidenhead replied by saying her party has "a lot of plans for people with mental health."

Ms Blackwood said: "At Abingdon market we met shop owners and stall holders many of whom were old friends – [including] Cathy who made national news with her clear case, based on lived experience, for better care for those with mental health problems and learning disabilities.

"This is what elections are all about, hearing directly from local residents about the issues that matter most to them."

Theresa May had an easier time at Tech Pitches

Liberal Democrat candidate for Oxford West and Abingdon, Layla Moran, said the confrontation proves Mrs May "just doesn't care about people like Cathy."

Mrs May's battle bus clocked up more miles when the Prime Minister visited Oxford Business Park, in Cowley, to meet staff and bosses from technology firms before she spoke to Abingdon residents.

She used her visit to Oxford to announce a 'new deal for workers', which will be part of the Conservative manifesto and would be offered should her party be re-elected.

The new deal would include protections for people in the gig economy, a statutory right to leave for those who need to care for a family member and a commitment to further increases in the national living wage.

She said: "Our plans will be the greatest expansion in workers' rights by any Conservative government in history."

Man will be sentenced for sexually attacking a woman at knifepoint

A MAN robbed and sexually assaulted a woman while holding a knife to her throat.

Weijie Liang, 24, of Barton Street, Gloucester, was convicted of sexual assault by touching following a three-and-a half day trial at Oxford Crown Court on May 5.

Prior to the hearing he had also pleaded guilty to possession of a bladed article.

Liang held a craft knife to the woman's throat at a house in Didcot between 11am and 11.30am on November 7 last year.

He demanded cash, which the woman handed over before sexually assaulting her and fleeing, stealing an iPad in the process.

The victim ran outside and saw Liang driving away. A member of the public who managed to scribble down his vehicle registration number, rushed to her aid.

Liang was arrested later and charged the following day.

Investigating officer detective constable Fran Griffin, from Force CID based at Abingdon, said: "The conviction of Liang demonstrates how seriously Thames Valley Police takes all reports of sexual offences.

"I would like to commend the victim for her bravery. She gave evidence in court, resulting in Liang's conviction."

Liang was remanded in custody to appear for sentencing at Oxford Crown Court on June 2.

Three men assaulted in pub

CCTV image of the suspect

POLICE have released a CCTV image of a man officers would like to speak to in connection with assaults on three men at a pub in Oxford.

The incidents happened between 11.10pm and 11.30pm on Thursday May 4, in the Kings Arms pub in Holywell Street.

There was an attempt to push one man down a flight of stairs, another was hit in the face at the bar, and a pint of beer was poured over a third man sat on a bench outside.

All the victims were in their 20s.

Surgery decision hit by 'irritating' delays

George Welch, *Reporter*

CAMPAIGNERS fighting for their doctor's surgery have been left 'irritated' by delays caused by next month's snap general election.

Brenda Churchill, who is spearheading the campaign to save Witney's Deer Park medical centre, was hoping to have had a decision on its future from health secretary Jeremy Hunt by now.

But she claims restrictions on reporting in the lead up to an election – known as 'purdah' – have led to a wall of silence.

She said: "We are not happy. We have spent the last six months waiting for people to sort themselves out and do something and again we are left waiting. It's very irritating."

The future of Deer Park, which officially closed at the end of March, is back in the hands of the Secretary of State after an independent panel returned its report on what services should be included in and around the area.

The panel, which can't yet say what is in its report, confirmed to the Deer Park Campaign Group (DPCG) – formally known as the Patient Participation Group – that the report was sent to Mr Hunt before the June 8 election was called.

As a result, a final decision on the Edington Square surgery has been postponed until after the ballot.

Mrs Churchill, a town councillor for Witney, suggested the general election might bring a fresh approach to Deer Park's closure.

Brenda Churchill, chairwoman of Deer Park Campaign Group

She said: "At the moment we know the panel sent their report on April 11 but because Theresa May has called the general election it has gone quiet now and it will have to wait until after the election.

"We didn't hear anything from Mr Hunt's team. We've been in touch with Robert Courts [Witney MP] and nothing's happened there either. It's all to do with purdah and it's all stopped."

But Cllr Churchill, who was sworn in as deputy mayor of Witney last week, suggested the general election might bring a fresh approach to Deer Park's closure.

She said. "We don't know what's going to happen because it might be a different Secretary of State.

"A new face might look at it better. Robert Courts has promised me that if he gets re-elected his first policy will be to go to the Secretary of State to say 'hurry up, get this sorted out'."

The DPCG said it expects an update within a week of the general election result. Cllr Churchill added "it's important because they could say reopen it."

At the start of the month around 860 former Deer Park patients were yet to sign up to a new surgery and, according to Cllr Churchill, those people are "waiting to see what happens" as they want to stay at Deer Park.

Oxfordshire County Councillor Liz Leffman, who is also standing as a Liberal Democrat candidate in Witney, shares Cllr Churchill's frustrations.

She said: "It [the situation] is made worse by the fact that Deer Park patients are being advised to go to surgeries scattered over a wide geographical area including Carterton, Wychwood surgery in Shipton and even Charlbury.

"Plus by its own admission the Oxfordshire Clinical Commissioning Group has had great difficulty recruiting GPs across Oxfordshire.

"At the consultation a couple of months ago they said that they are seven GPs short in Witney alone which only adds to the pressure."

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From left, Alan Bond, Richard Varvill, Dr Chris Castelli, Franco Ongaro, Richard Harrington and CEO Mark Thomas
All pictures: *Reaction Engines*

George Welch: *Reporter*

A CULHAM company developing a revolutionary rocket engine that could reach space in just 15 minutes has taken a major step forward with the construction of a new testing facility.

Reaction Engines' SABRE – or synthetic air-breathing rocket engine – will propel a plane at five times the speed of sound.

Harnessed to a Skylon spaceplane it could fly to Australia in just four hours and reach New York in two.

Breaking ground at the new facility in Westcott, Buckinghamshire, Reaction CEO Mark Thomas said: "This is another exciting step forward and a visible demonstration of the UK's commitment to the programme.

"I look forward to seeing this unique facility take shape and commencing our core engine testing, which will be a defining moment for aerospace."

The reusable Skylon would be capable of launching heavy telecommunications satellites.

It is claimed SABRE would offer a significant reduction in propellant consumption and weight compared to conventional rocket engines that have to carry their own oxygen.

Developers plan to start testing it in 2020.

Franco Ongaro, director of technology engineering and quality at the European Space Agency described the new test facility as "an historical moment for the European aerospace industry and for the UK research and development in rocket propulsion".

He added: "This facility will open the way to the first flight tests, and to a new era."

City is hit by a string of raids

BUSINESSES in Oxford have been targeted in a series of burglaries.

A safe containing cash was stolen at Hi Lites Hair and Beauty in Barns Road between April 28 and 29.

Consul Tanning, also in Barns Road, was targeted overnight between May 6 and 7. Cash was taken.

Days later on May 9 the House cocktail bar in Blue Boar Street was broken into, with bottles of whisky and cash taken at around 6.30pm.

Age Concern in Upper Barr was broken into on May 10 between 6.40pm and 6.50pm but nothing was stolen.

On the same day in Upper Barr, a Fuji camera and a safe containing cash were stolen from Timpsons between 1.30am and 7.30pm.

Police said offenders forced their way in via the front and back doors.

Two males are believed to be involved as well as a Black Honda Civic.

Hooded raider

A MAN with a balaclava stole cash from a slot machine shop in Oxford.

He entered Cashino in Templars Square Shopping Centre at around 6.40am last Tuesday and told a member of staff to take him to the safe. He then took the cash and left the premises on to Hockmore Street.

It's believed he removed the balaclava while leaving. The man did not have any weapons and the staff member was uninjured.

Remembering baby Emma 10 years after virus tragedy

PARENTS who lost their seven-week-old baby to a rare virus have raised £6 000 by organising an event in memory of their daughter.

Jane and Neil Braddy hosted a fundraiser – the Big Chocolate Tea party – on Saturday to help support families with sick children and celebrate what would have been little Emma's birthday week.

Since she died 16 years ago, her family from Wantage – including brothers Oliver, James and Frank – have been fundraising for the Sick Children's Trust and Great Ormond Street Hospital.

Speaking after the event, Jane said: "The whole point of doing this is to remember.

"We don't want her legacy to be about sadness – the whole reason it is focused around children is for it to be a happy event.

"It feels as though every person attending gets to take a piece of her [Emma] with them, so it's very moving and positive.

"She didn't have much time to make her own mark so this is a big deal for us."

She added: "We go about it as if we are planning a birthday party for her, except she will not be there."

Emma fought for her life for four weeks in Great Ormond Street but sadly lost her battle against heart condition enteroviral myocarditis.

During this time her parents and older brother Oliver were supported in free 'home from home' accommodation just a few minutes from her hospital bedside. They were able to stay at the nearby Guilford Street House, run by The Sick Children's Trust, and now host the Big Chocolate Tea party to say thank you for the help they received and to support more families in the same way.

Last year, Big Chocolate Tea events nationwide raised £60 000 – enough to support 2 000 families with accommodation.

Guilford Street House manager Tina Thake said: "Jane and her family are inspirational. We're always so bumbled that they choose to support us."

To donate visit https://www.justgiving.com/fundraising/emma-braddy or https://www.justgiving.com/fundraising/Jane-Braddy2

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Crowd stunned as pilot is trapped in crash landing

The Twister in action before the crash

Eva Astreinidou: *Reporter*

A TRAPPED pilot had to be pulled from his aircraft after crash landing in front of stunned spectators at Abingdon Air and Country Show on Sunday.

The annual flying extravaganza was halted shortly after 2.30pm when Twister – a single-seat aerobatic plane – developed an engine fault.

As the plane lost power the pilot managed to put it down on grass, but the landing was heavy and the Twister bounced several times.

A number of ambulances, fire crews and police attended and freed the stricken flyer.

The show was given the go-ahead to resume just after 4pm. No one on the ground was injured.

The Air Accidents Investigation Branch (AAIB) is investigating.

One of the organisers, Neil Porter, said yesterday that the pilot was recovering well in hospital from vertebrae injuries.

Paul Beaver, of the flying control committee, said the Twister "does displays all over the country and is a well known and well-loved act."

The show had begun in familiar jovial fashion.

Hundreds admired the showcase of engines and valuable collectors' items that included anything from restored and rare planes of the 1930s to old steam engines and classic cars.

Carl, a plane aficionado who was there to fly a restored dH90 Dragonfly, said: "We're very lucky to have her. The 1930s was the golden age of flying."

Steve Monk, one of the private owners of a Chipmunk built in 1952, attended the event for the second time.

He said, "Air shows have become difficult with all the regulations, but it's working out well."

Bill Geddes, from Salisbury, who spent three years building a steam engine after teaching himself how to put it together piece by piece, said, "I started building steam engines back in the 1960s.

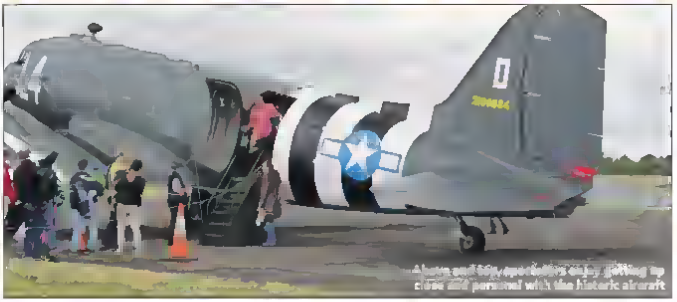
"I spent most of my life lorry driving but I had an interest in steam and I never lost that. It's something I like to do. It's completely mad really."

Pat Walsh, from Sutton Courtenay, is also a self-taught restorer of steam engines, despite not having a background in engineering.

He said, "I've been building engines since the 1970s. If you have a hobby you need to put time into it."

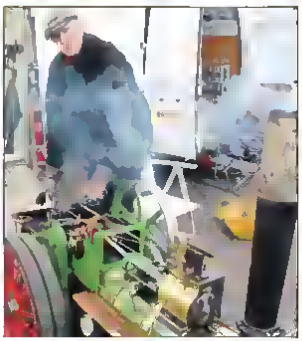
The Abingdon rock choir and the Abingdon Morris dancers were also there to perform and entertain the crowds ahead of the air display.

Flying fans Steve and Carl



A keen pair, who enjoy building, flying models and personal with the historic aircraft

Style from a bygone era - MG roadstar and plane



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Spring into Action

Now's the perfect time to replace your garden fence once and for all Anna Ryder Richardson - Designer and Television Presenter - takes a closer look at Colourfence, the revolutionary low-maintenance system

It s been ten years once I regularly graced TV screens helping transform people s living spaces with MDF and stripped floorboards Recently it s been more "celebrity muck out" than "celebrity make-over" as I took up the challenge of owning my own Wildlife Zoo in Tenby In this time I ve learnt quite a lot about fences and having researched the various options for my own benefit I thought I would share my knowledge with a wider audience

The latest design processes mean there is now a tremendous array of fencing products for you to choose from constructed from a variety of materials Each has its own attributes, and ultimately it can often come down to a matter of personal preference. For me there was one unique system that stood out as providing the best balance between price and functionality which eradicates fencing problems for good. Or for at least 25 years Colourfence For quality value, longevity aesthetic design this fencing system ticks all the boxes Fencing made for the 21st century that will transform the look of your garden which is supplied and fitted by a company whose customer service is as good as the product.

In my view Colourfence is the 'Rolls Royce' of fencing—just without the exclusive price tag What s more, it s guaranteed to stay in place at up to 130mph winds and is virtually maintenance free.

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Gardeners' Questions

Q Wooden fence panels just don't seem to last - is there a storm resistant alternative?

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THIS WEEK'S JOB

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COLOUR FENCE

One of the images from the exhibition. Below, Tom Papworth

Tom all fired up for nostalgic exhibition

Eva Astreinidou: *Reporter*

AN exhibition showcasing the proud heritage of a fire station dating back to 1813 will be held in Bampton.

The display at the Vesey Room at Bampton library, which shares space used to film the popular TV show Downton Abbey, will run until June 29.

It will focus on the work of Tom Papworth who has taken a keen interest in the history of the station having worked there as a fireman since 1963.

Tom, who is now 72, was also in charge from 1977 until 1996.

He said: "I thoroughly enjoyed my experiences at the fire station.

"I find its history extremely interesting and I am quite proud of what we achieved."

He recalled how when he first started, the team did not have radios or breathing apparatus.

Now, he said, fire engines come a long way and are equipped for firefighters to react as emergency responders.

He said: "There is no comparison between the way we used to work back then to the way they work now."

Bampton fire brigade won four national competitions at Crystal Palace in 1904, 1905, 1912 and 1921, as the fastest team for drills.

The free exhibition will display parish council records, photographs, press cuttings, actual fire appliances and also Tom's personal memories of incidents.

The oldest item is a receipt for the purchase of a new pump from a local engineer in 1813.

Tom is part of the Bampton archive society, founded in 2002 to record and save the social history of the village of Bampton.

The archive contains almost 6,000 items relating to life in the village past and present.

Mayor Tam Wyse and deputy Linda Emery with the winning flag design created by Hazel Mann

Town's winning flag design is all set to fly

THE winner of a competition to design a new flag for Thame has been announced.

Hazel Mann's creation was chosen by councillors for its modern look, which reflected the town council's website.

Ms Mann said the wavy lines represented the natural elements that surround Thame – the blue line was the River Thame, the white line the Phoenix Trail and the green line the countryside.

Ms Mann said she was "excited and proud" to win and was looking forward to seeing the flag flown.

The new flag will be flown outside the Town Hall throughout the year, except when the flag pole is being used to mark special and significant occasions.

A total of 33 designs were submitted from entrants across the town. The only requirement was that the design incorporated the town council branding colours and town logo or crest.

The winning design was chosen at the annual town meeting from a shortlist of four.

In a statement the council said it was "really impressed with all of the designs" and thanked everyone who entered.

The flag will be made in the next few weeks.

Smart way to win £30,000

A GLOBAL competition is offering £30,000 to a creative who can 'capture the imagination of those who live, visit and work in Oxford, through the use of smart city technologies'.

Smart Oxford is working with Playable City to choose a project to help people understand the benefits of using interactive technologies to create a connected city.

To apply, visit http://wshd.to/smartoxfordplayablecity

Restaurant boss ordered to pay £9,800 for serving 'risky' food

A RESTAURANT owner was ordered to pay over £9,800 for serving undercooked calves' liver.

The director of The Golden Ball in Lower Assendon, Henley-on-Thames, appeared at Oxford Magistrates' Court where he pleaded guilty to two food safety charges on May 11.

Stephen Luscombe admitted serving high risk food on the premises and failing to implement and maintain legally required food safety procedures.

As a result of his early plea, the Deputy District Judge gave Mr Luscombe a reduced fine of £4,434 – but he was also ordered to pay £3,284 costs and a victim surcharge of £120.

Magistrates heard how in September 2015 South Oxfordshire District Council was asked to investigate after a member of the public was confirmed to have campylobacter food poisoning. The individual had eaten at The Golden Ball two weeks earlier.

A fellow diner also said food poisoning, while several others had experienced symptoms.

Environmental health officers carried out an immediate unannounced inspection and found that the diners had been offered a set menu including calves' liver for the main course.

Liver is a well-known potential source of campylobacter food poisoning, but the restaurant had no written protocol to ensure that high-risk items were cooked properly.

It had also failed to complete required monitoring records for almost three months, failing to meet its legal requirements for food safety.

After the unannounced inspection, the restaurant received a food hygiene rating of one.

Following significant work to improve its food safety operations and staff training, the restaurant has since been re-inspected and now has a rating of five.

Diane Moore, food and safety manager at South Oxfordshire District Council, said: "This case demonstrates how important it is for businesses to follow food hygiene rules and make sure food is safe to eat.

"Liver is a well-publicised potential source of campylobacter food poisoning, which in some cases can be fatal.

"It is essential that high risk products like this are thoroughly cooked.

"In this case, the liver had been cooked at too low a temperature with no regard given to very clear warnings from the Food Standards Agency."

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NEWS

Accident verdict on girl, 9, killed by kick of horse

George Walch: *Reporter*

A NINE-year-old girl from West Hanney died from a cardiac arrest after she was kicked in the chest by a horse, an inquest heard.

Bonnie Armitage was fatally injured when riding with the Cotswold Hunt near Stroud, Gloucestershire, in April 2016.

The schoolgirl was riding her Shetland pony, called Lindsay, when another rider's larger horse kicked her.

Bonnie, who was wearing the necessary protective gear, lived with her parents, Nick and Polly, and brother and sister in the village near Wantage.

The little girl was a pupil at St Hugh's school in Faringdon, where her father, Nick, is the deputy head.

According to the Daily Telegraph, Bonnie's father said in a written statement read to the court: "Bonnie could ride before she could walk. She was a very competent rider and had been off a lead rein for years."

Also in a statement, her family said they wanted people to remember her as a "very special child who touched the lives of those that knew her and tragically and unexpectedly was taken far too soon doing something she loved – riding her pony."

An inquest jury last Thursday and Friday recorded a conclusion of accidental death.

Dancing in aid of church

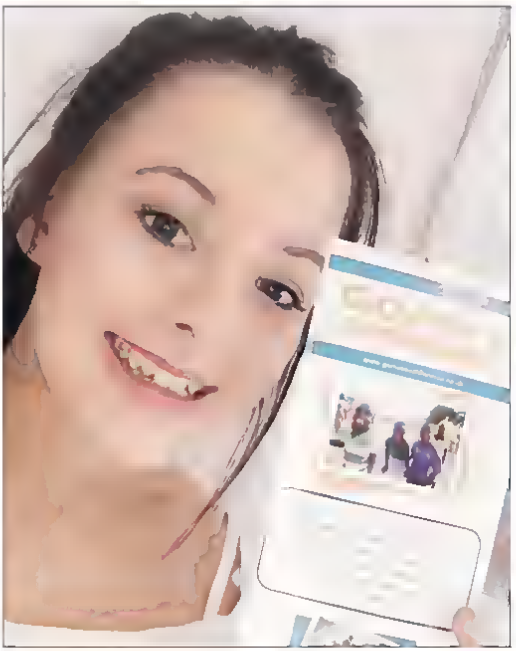
DANCE the night away for a good cause at a charity summer ball in a medieval setting.

St Mary's Church, Witney, is holding a night with live music and a three-course meal on June 17. Tickets are £40.

All proceeds go to renovation projects to make the building a comfortable, social space for 21st century worship and community use.

St Mary's has raised more than £750,000 so far.

To attend, contact clairehermon@hotmail.com.



Millie to the

Eva Astremideus: *Reporter*

PUPILS from a local school are heading to Tanzania to give much needed help to people in impoverished areas.

Wallingford School student Millie Donohue, 16, will be setting off on a two-week journey of a lifetime in July with two classmates and her aunt.

They are representing Wallingford based charity Go Make a Difference (Go MAD) and will be building water tanks and goat sheds – as well as buying the goats to live in them.

They will also play games with the children, visit an orphanage, help in schools and teach young girls.

Millie said: "It is important to make students aware of the people in Tanzania who are less fortunate than us. I think kids these days are always on their mobile phones, but there is so much more to life."

She said: "This would make a life changing difference to these people – can you imagine not having access to clean water and having to walk 2-3 hours to collect dirty water from a river then back again? This is mainly the job of girls, causing them to miss out on education."

She had to convince the headteacher to allow the pupils to go on

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4 Night Breaks

29th May - 2nd June	£144	18th Sept - 22th Sept	£199
28th Aug - 1st Sept	£221	25th Sept - 29th Sept	£184
4th Sept - 8th Sept	£221	2nd Oct - 6th Oct	£169
11th Sept - 15th Sep	£221	9th Oct - 13th Oc	£169

5 Night Breaks

4th June - 9th June	£212	16th July - 21st July	£262
11th June - 17th June	£218	23rd July - 28 July	£262
18th June - 23rd June	£222	30th July - 4th Aug	£268
25th June - 30th June	£242	6th Aug - 11th Aug	£268
2nd July - 7th July	£242	13th Aug - 18th Aug	£268
9th July - 14th July	£242	20th Aug - 25th Aug	£268

5 Night Breaks

2nd Sept - 6th Sept	£325	23rd Sept - 29th Sept	£275
9th Sept - 15th Sept	£314	30th Sept - 7th Oct	£249
16th Sept - 22nd Sept	£284		

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Food fans relish the chance to tuck in to local delicacies

A RECORD number of foodies flocked to Wallingford for the second SO Food Festival.

Around 3,000 people gathered for the celebration, which was staged at the Bridge Villa Camping and Caravan Park on the edge of Wallingford, on Saturday and Sunday.

The festival was open for seven hours on both days and offered more than 50 stalls selling the finest produce from fudge to crepes and everything inbetween.

A sizzling array of foodie stars, including Shaun Dickens (The Boathouse, Henley) Nick Bennett and Andrew Scott (Restaurant 56, Faringdon) and Michelin-starred Tom Clarke (L'Ortolan, Reading) wowed crowds on both days.

Didcot resident and Great British Bake Off star Christine Wallace also showcased her skills.

Food festivals have taken place in the market town for the past seven years, but Wallingford-based Round & About magazine launched the new event in September last year.

Managing director Chris Savage said: "They decided not to do it last year so we jumped in and said 'let's take it on'.

"We moved the festival to May to get the sunshine and boy have we been lucky.

"We have had a bigger number than last year – we are on target for about 3,000 people.

"There are producers from all over the place but there are a lot of local guys as well. There's something for everybody."

Moving the festival from September to May has paid off as around 1,000 more revellers turned out in force to enjoy even more stalls and a new layout.

Mr Savage, who has been at the family-run firm since it launched 24 years ago, said: "Our offices are based in Wallingford and we thought it would be good to test the water and run the event.

"There's a really nice family feeling. It's been a success, really positive."

The SO Food Festival is set to return again in 2018.

Mr Savage added: "We will look at what ways we can make it better and keep reinventing what we do to make it more exciting."

Visitors sample some of the tasty treats served up at the SO Food Festival

makes a difference people of Tanzania

Millie giving her presentation and, left, with a Go MAD leaflet

the trip and made a presentation to over 300 students in order to raise awareness and funds.

She said, "I was so nervous, but after I did it I realised I could do anything and now I can't wait to go. I'm really excited. I'm hoping to go next year as well."

Millie also organised a non-uniform day that raised over £1 800

Headteacher Wyll Willis said "Her determination and hard work convinced everybody to support her

"This is testimony to Millie's commitment and the generosity of the students when shown how hard some people their age find it just to stay alive. I also think Millie has learned a few things too. We are all very proud of her."

Go MAD, a small independent Christian charity offers trips throughout the year from one week to six months. Their volunteering projects range from building through teaching to medical assistance.

The charity's co-founder Graham McClure said, "The students will be working with some of the poorest people in the world. I think it will help them appreciate what they have in the UK and the fact that we don't need a lot to be happy – the villagers are happy and they have very little."

The charity is also planning to put drop toilets in schools throughout Tanzania and educating mothers about how to help rehydrate a malnourished child.

Parties reveal line-up for the snap election

POLITICAL parties have finalised the line up of their candidates who will be standing in next month's snap general election.

There are 21 days until voters head to the polls.

Parties had to officially nominate their candidates by Thursday last week.

Here is a list of the confirmed candidates:

Banbury

Conservative	Victoria Prentis
Labour	Sean Woodcock
Liberal Democrat	John Howson
UKIP	Dickie Bird
Green	Ian Middleton
Indpt	Roseanne Edwards

Henley

Conservative	John Howell
Labour	Oliver Kavanagh
Liberal Democrat	Laura Coyle
UKIP	Tim Scott
Green	Robin Bennett
Radical Party	Patrick Gray

Oxford East

Cons	Suzanne Bartington
Labour	Anneliese Dodds
Liberal Democrat	Kirsten Johnson
Green	Larry Sanders
Independent	Chaka Artwell

Oxford West and Abingdon

Conservative	Nicola Blackwood
Labour	Marie Tidball
Liberal Democrat	Layla Moran
UKIP	Alan Harris

Wantage

Conservative	Ed Vaizey
Labour	Rachel Eden
Liberal Democrat	Chris Carrigan
Green Party	Sue Ap-Roberts
UKIP	Jack McLeod

Witney

Conservative	Robert Courts
Labour	Laetisia Carter
Liberal Democrat	Liz Leffman
UKIP	Alan Craig
Green	Claire Lasko

Hustings to focus on Brexit

PRO-EU groups Oxford for Europe, the (Oxford) European Movement and the Oxford European Association will host a hustings for the Oxford West and Abingdon constituency at Exeter Hall in Kidlington on May 25.

The hustings will focus on the key question of the election – Brexit.

It will feature a 'Question Time' format and include opportunity for local residents to ask questions of their parliamentary candidates.

56
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Support The Oxford Paper's charity of the year – Play2Give

Donate everyday items so families of sick kids can be with them 24/7

George Welch: Reporter

FAMILIES staying in accommodation at a specialist children's hospital in Oxford are in 'urgent' need of daily essential items.

Ronald McDonald House, based at Oxford Children's Hospital, is a 'home from home' for parents and families while their ill children receive treatment.

Our charity of the year fundraising group Play2Give (P2G) is leading the charge to appeal to Oxfordshire residents to help with its latest appeal.

Staff at Ronald McDonald House have drawn up a list of required items – known as the 'Amazon wish list' – and people can donate items online.

Among other things, crockery bedding and washing materials are all needed as soon as possible.

Ronald McDonald House currently only has 17 bedrooms and demand always far exceeds the amount of families they can help.

Fundraiser Caroline Sinclair said, "The wish list is a hassle-free way of donating the items the charity needs most urgently. Many people don't realise we exist as a charity until they actually need to use us."

The proposed new accomodation

Planning permission was secured for a new purpose-built, three-storey, 62-bedroomed house in 2016, which, once opened, will be situated on the John Radcliffe site near the women's centre.

The cost is likely to be in the region of £11m but building will not begin until the money has been raised.

The charity is currently running a 10th birthday campaign to raise £2m this year – £1m of which will be for equipment for the hospital and £1m towards the new house.

The charity is currently unable to say when it will open.

For 23-year-old Andy Baker, founder of P2G, neither the Children's Hospital or Ronald McDonald House existed when he required treatment in his childhood.

He said, "When I was treated in 2001 and spent time on the old children's wards spread between (at the time) the RI and the JR, no such 'fantastic family accommodation' existed.

"However, the new purpose built facility to come will be even better, brighter and more vibrant.

So in 2017 and continuing 2018, we hope we can just do our 'little bit' for the house, and through receiving donations from their 'wish list' of the essential items they need."

To help with the wish list, and support P2G's latest appeal, visit: http://amzn.eu/gJA9Wyz

Fundraising no obstacle for PR team

OXFORD Children's Hospital will also benefit from the fundraising efforts of a team of public relations staff willing to tackle 10km of punishing obstacles for ill children.

Chesterton-based PR firm CubanEight announced the hospital as its chosen charity for 2017 last month – and they kicked off their campaign with the challenge of a Rough Runner event in Chipping Norton on Saturday.

Inspired by game shows such as Total Wipeout, Takeshi's Castle, Gladiators and Ninja Warrior, Rough Runner is an obstacle course combining distance running with a variety of obstacles along the way.

CubanEight said it would carry out a variety of activities and fundraising initiatives to raise money and awareness for the charity throughout the year.

Sian Gaskell, managing director and founder, said: "This is the first time we've officially selected a charity of the year at CubanEight.

"We've done lots for different charities in the past, but this year the team wanted to commit to giving dedicated support year-round.

"We've visited the children's hospital and seen the amazing work that the hospital charity is able to do with donations.

"Some of our team have had personal experiences with the hospital, having people close to them that have benefited from its services. It's such a vital place for so many people – we are now more motivated than ever to raise as much money as we can."

All of the funds raised by the CubanEight team will go towards Oxford Children's Hospital's 10th anniversary appeal, which is aiming to raise £2 million during 2017.

Joe Baker from the hospital charity said, "Support from local businesses is so important and makes such a difference for our young patients and their families.

"We really enjoyed showing the team around the hospital so they could meet some of our inspirational youngsters and hospital staff.

"We hope this will spur them on when they take part in their challenges."

The team has raised more than £1,000 so far.

To donate visit CubanEight's page at justgiving.com/fundraising/CubanEight

Children's Hospital
Little people. Big needs.
OXFORD CHILDREN'S HOSPITAL
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From left, Alice Pearson, Sian Gaskell, MD and founder of CubanEight, Joe Baker of Oxford Radcliffe Hospital Charitable Funds, and Emma Connolly

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NEWS

‘All of a sudden you’re not in control and I don’t like that’

A WEST Oxfordshire pensioner is hoping her story of battling dementia will highlight the importance of research into the condition.

Joan Cansfield, 76 from Kingham, near Chipping Norton, was diagnosed with mild cognitive impairment in April 2014

The next year she signed up to Join Dementia Research, a nationwide service that asks people with dementia and healthy volunteers to put themselves forward for research

This led to the grandmother-of-two taking part in the Reducing pathology in Alzheimer s Disease through Angiotensin taRgeting (RADAR) trial with her husband Bill at Witney Memory Clinic.

Speaking at the beginning of Dementia Awareness Week, from Sunday Joan spoke tenderly of her battle and why she is taking part in research to help others

She said: “My condition is a nuisance because Bill can remember everything since Adam and Eve and I have to ask him things.

“All of a sudden you re not in control and I don t like that because I’m used to doing things for myself

“I started noticing it three years ago and it was becoming intolerable. I found myself asking the same questions again and again. I was scared.

“When I got my diagnosis, part of me didn’t want to accept that anything was wrong with me.”

Joan has been taking a drug called losartan to see whether it slows damage to the brain in dementia. She also has to complete brief memory and thinking assessments alongside having blood tests and MRI scans

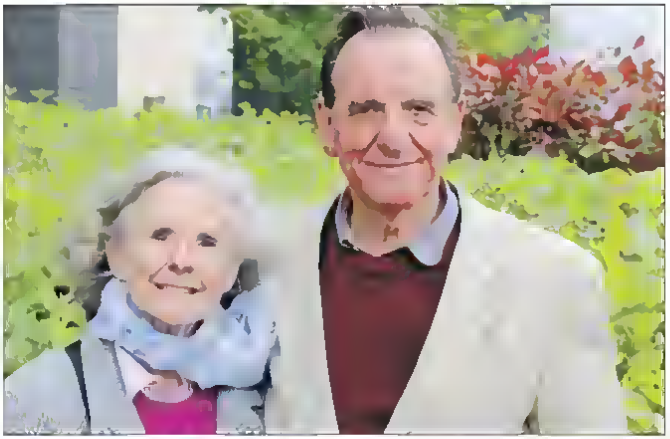
But Joan said her experience has been “very pleasant” and that the researchers have been supportive.

She added. “Our study nurse Jemma Hume, is our lifeline. It s comforting to know that someone is helping

“Before taking part I was terrified. I’m still scared, but I don t have the same sort of negative thinking.”

Husband of 54 years Bill, 76 said. “She has run the family for 50-odd years which is a fair feat Now she hasn’t got the same confidence that she had and I think that frustrates her as much as anything.

“Three or four years ago you wouldn t think there was anything wrong. The first year it seems to go quite slowly, but the last couple of years it has accelerated a little ”



Joan Cansfield – who has dementia and is taking part in studies with Join Dementia Research – with husband, Bill Picture: *NIHR Clinical Research Network Thames Valley and South Midlands*

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Selection of items from the Watlington Hoard
© Trustees of the British Museum

Viking treasure is a pleasure to the eyes

Eva Astreinidou *Reporter*

AN age-old Viking hoard proved a feast for the eyes at a roadshow over the weekend.

People from all over Oxfordshire got a chance to see the treasure close up at Bicester Library on Saturday.

Selected pieces from a Viking find at Watlington in 2015 were on show thanks to a collaboration between the Ashmolean Museum and Oxfordshire Museum Service.

The free roadshow events include talks, displays of items from the hoard, and family-friendly craft activities at locations including Bicester, Faringdon and, of course, Watlington.

Gareth Williams, curator of early and medieval coinage and Viking collections at the British Museum, was also there to give a public lecture.

With more than 700 people contributing to an appeal, the Ashmolean Museum raised £1.35 million to purchase the hoard for the nation in 2015.

A Heritage Lottery Fund grant of £1.1 million was used to fund events like the roadshow.

Carol Anderson, Oxfordshire County Council's museums service manager, said: "We are delighted to be able to work with colleagues from the Ashmolean to take the hoard out into communities across Oxfordshire.

"This enables as many people as possible to see this remarkable find and learn more about its discovery and significance for the history of England."

The Watlington Viking hoard comprises about 200 coins, seven items of jewellery and 15 ingots (bars of silver).

Although the find was not particularly large, it is hugely significant as it contains coins of Alfred the Great, King of Wessex, and Ceolwulf of Mercia, all of whom were important figures in Anglo-Saxon Viking history.

The hoard also contains rare 'Two Emperors' pennies, showing the two kings seated side-by-side, suggesting an alliance between the kingdoms of Wessex and Mercia.

This challenges other accounts in written sources that suggested that Ceolwulf was just a 'puppet' of the Vikings.

Right, the Alfred Jewel, a gold, enamel and rock crystal, late 9th century.
© Ashmolean Museum, University of Oxford

Right, 'Two Line' type penny of Alfred, issued by the moneyer 'Dealing'.
© Portable Antiquities Scheme

Sleepover scouts aim for 'lasting memories'

MORE than 3,000 scouts from all across the world are expected to camp out together and create lasting memories during a special event that takes place every four years.

OxonJam, which promotes scouting worldwide, brings together different nationalities and groups of scouts from the age of six upwards for a weekend full of activities.

Members of the Scout Association will be camping in tents in the grounds of the world heritage site Blenheim Palace for three nights over the May bank holiday weekend.

The event, run by more than 1,000 adult scouting volunteers, has been planned for the past two years and includes activities such as abseiling and zorbing.

OxonJam will also be working alongside charities such as WaterAid, Oxfam and the Guide Dogs for The Blind Association to encourage the young participants to engage with charitable causes.

Paul Thompson, one of the organisers, said: "We are incredibly excited to welcome scouts from across Oxfordshire, around the UK and overseas to create lasting memories and international friendships."

Eleven year-old Freddie Janks, a Scout from Wantage, said: "I have been looking forward to OxonJam for ages.

"I can't wait to try out a load of new exciting activities and I'm really looking forward to meeting up and making friends with other scouts from other countries and learning about how they live."

Head of charities and community impact Becca Underwood said: "We have been working on this year's event for the past two years to make sure that the young people will have the time of their lives.

"Of course, none of this would be possible without the support and leadership of the huge numbers of adults who give their time — and they will enjoy the same amount of fun, challenge and adventure as the young people that they lead."

Flying visit from loco

A LEGENDARY locomotive will be making a flying visit to the Didcot Railway Centre.

The National Railway Museum's 60103 Flying Scotsman, considered to be the most famous locomotive in the world, will be in Didcot from August 26 to 28.

Passengers will be able to ride in restored carriages from the 1930s and enjoy the locomotive for the first time since 2005, when it last visited the centre.

Jim Lowe, head of operations at the National Railway Museum, said: "We're excited to be back and expect the crowds to be out in force once again."

NEWS

Council backs residents over care home concern

THE future of a planned care home in Wantage is up in the air after the town council backed residents' complaints and objected to it.

The final design for the 70-bed development in Grove Road came as a "complete surprise and shock" to neighbours it is claimed.

There are fears that the "overbearing and inappropriate plans" would lead to odours and noise for those living nearby.

The initial proposals were showcased by developers Frontier at a public meeting in February and received positive responses.

Wantage Town councillor Julia Reynolds said: "The council and neighbouring residents do not object to the principle of a care home.

"But the final design appeared to come as a complete surprise and shock to the residents.

"When they went to the public viewing, they were not aware the design had changed to two blocks one of which is parallel to their boundaries, very close and three storeys high.

"I can only surmise there was a breakdown in communication and misunderstanding at the public viewing. It would appear that the artist's impression didn't clearly indicate the scale of the buildings."

She said the council found the plans 'overbearing and inappropriate' and said the kitchen and bin area is very close to neighbours and would lead to odours and noise.

She added: "We will be meeting with the agents again to try and find a way forward that is mutually satisfactory."

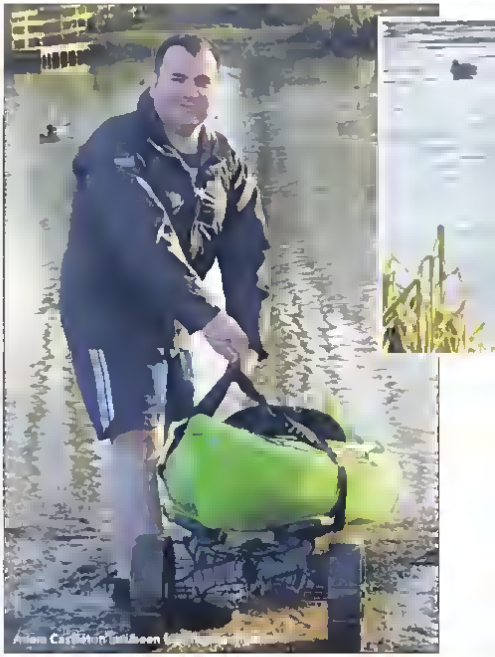
Wantage resident Rebecca Aldred said: "The size of the building is totally out of proportion and inconsiderate. There are outdoor terraces where residents will be able to look down into our garden and pool."

The agent Turley, says the application is likely to be determined in June and if planning permission is granted construction would begin in spring 2018.

Sam Rous, development director at Frontier Estates, said: "While we were of course disappointed with the decision taken by Wantage Town Council, it was very valuable to receive the further feedback and to reiterate the council's support for the principle of the development.

"We are now thinking about how we can amend the scheme to respond to the concerns raised. We are fully committed to thorough consultation and will also be meeting again with our closest neighbours to discuss any potential changes."

Image of the proposed Wantage care home. Picture: *Harris Irwin*



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My epic paddle in memory of lost son

George Welch: *Reporter*

A MAN will paddle through Oxford in a kayak as part of a 150-mile fundraising mission after losing his baby to a heart condition

Adam Castleton, 29 from Wallingford wants to raise £10,000 as a tribute to his son Finn and fund research for the British Heart Foundation.

Finn was born in June 2015 but died less than six months later

But thanks to advanced medical research Mr Castletoo and his wife Amalie were able to spend time with him being a normal family

Mr Castleton who will complete the challenge with a group of friends, said. "Finn's life was tragically short But it is thanks to pioneering medical research that we got to spend time with him getting to know him, and creating everlasting memories

"Finn was a fighter and he gave me the inspiration to do anything I can to help find better treatment for what takes so many innocent young lives."

Two years on from his son's birth Mr Castleton and nine friends will start their journey from Lechlade, Gloucestershire, on June 17 – Finn's birthday – and arrive at London's Tower Bridge five days later

The 10 kayak novices will paddle down the River Thames from the Summertown area, arriving in Oxford at the end of day one.

The group plans to cover 30 miles a day stopping at six towns and navigating 45 locks

Mr Castleton, who now has a seven-month-old son called Jesse Finn, said. "Every day, 12 babies are diagnosed with a congenital heart defect Their families will live with an uncertain future Nobody should have to send their newborn for heart surgery just their child for transplant, or withdraw life support."

Poppy Hanbury BHF fundraising manager for Oxfordshire and Buckinghamshire, said. "We're incredibly grateful to Adam for taking on this incredible challenge."

So far £3 657 has been raised. To donate visit kayakthethames com

The East Timor and Kurdish teams

It's kicking off for refugees

A MENTAL health charity brought together communities and refugees from all over the world in an inclusive football tournament.

The first 'United Oxford Cup' was organised by Oxford University and local charity Oxfordshire Mind to help players integrate and promote mental health wellbeing through sport.

The 10 participating teams at Iffley Road Sports Club comprised refugees, asylum seekers and migrants from East Timor Algeria, Nigeria, Eritrea, Sudan, Somalia and Kurdistan.

East Timor team beat the Kurdish team on penalties in the final.

Guests included Andrew Smith MP, Councillor Ed Turner and the CEOs of Oxfordshire Mind (Dan Knowles), Asylum Welcome and Refugee Resource

Mr Smith said. "It was wonderful to see everyone having such a great time, with some very good football. Huge credit to all who brought this day together. We have to make this an annual event."

Mr Knowles said. "The event was a great success for all of the partner organisations and sponsors involved.

"The tournament allowed the asylum seekers, refugees and new migrants to integrate into mainstream life in Oxford and the wider community

"We are looking forward to supporting this lively event again in Oxford next year We hope to have even more teams and partners involved in this fantastic tournament."

Ben McFadyean who helped organise the event said. "I am delighted with the turnout, in terms of skills and speed I was incredibly impressed."

Flypast for the Falcons

Strong wind is a big blow to parachutists

A TEAM of RAF Brize Norton parachutists launched their new display season – but were unable to jump on the day

The Falcons display team were due to put on a performance for visiting schoolchildren and Carterton mayor Lynn Little on Friday to kick off their 2017 tour

But they had to cancel as wind speed was above the maximum level for safe, professional parachuting.

Primary school children from Carterton still had the opportunity to meet all members of the team and have their picture taken with their favourite Falcon when a Chinook helicopter landed on the sports pitches

Group captain Tim Jones, station commander at RAF Brize Norton, said: "It's great to see so many people from the local community, especially the children from the local schools.

"A really exciting day – the first day of the RAF Falcons season. For us it's a big event and we've been working all winter towards it."

The parachute team will wow people during at least 70 displays throughout the UK and Europe, including jumping into Buckingham Palace for the very first time.

Youngster meets one of his heroes

Flight Lieutenant Simon Owen, the new commanding officer of the Falcons, said: "I am extremely proud to have taken over and am honoured to be working with such a motivated and high performing team. We are looking forward to starting the season."

New MD at council's self-build operation

A NEW managing director has been appointed to run the council-operated Graven Hill self-build development.

Karen Curtin will take on the role from July. The former Cherwell District Council finance chief has stood in twice before.

Former MoD land at Graven Hill will become the UK's largest self-build development with 1,900 homes, a pub, schools and shops as well as a million square feet of commercial space.

The announcement comes as the site's 'Plot Shop', which is based in Pioneer Square, opened its doors.

Miss Curtin, currently commercial director for Cherwell district and South Northamptonshire councils, said: "I am delighted to be joining the company at such an exciting time in its development.

"On the housing side there is a great deal of interest, not only in the plot sales but also in the brand new range of homes that can be customised.

"Later this year it is also expected that we will open the showhomes and the first residents will move on to the development.

"From a business perspective, I am encouraged to see that there has been a significant amount of interest in the commercial land.

"I have always been proud of the vision held by Cherwell District Council which was to give people a real opportunity to create quality homes that are tailored to their lifestyles."

Channel Four's Grand Designs is filming 10 people who are building their dream home at the site.

Oh deer! Stuck animal has to be freed with a dog pole

Above, the deer can just be made out above the rubbish. Right, rescuers get out the pole

Eva Astreinidou: *Reporter*

A DEER was rescued from a tight squeeze after being found trapped between two walls.

Firefighters and the RSPCA leapt into action after a member of the public spotted the animal wedged in the small gap in Draymans Walk surrounded by discarded rubbish.

RSPCA animal collection officer Grace Mead was able to free the deer from a 30cm wide gap between a two-metre high brick wall and a brick-built bin store.

A dog catcher pole was used to help the deer out before it released itself and ran off.

Ms Mead said: "The deer was trapped in a very small space between two brick walls next to a bin store.

"We initially didn't think he was able to move or turn around to set himself free and thought we'd have to remove the breeze blocks. But thankfully we were able to free him unharmed by coaxing him back out.

"It was great to see him run off freely back to where he belongs.

"We've since spoken to the council who intend to block up the gap to stop any other animals getting trapped and to stop the fire risk from the rubbish building up."

Incident commander Neil Priestley said: "The deer had been stuck all morning and had become very tired and distressed.

"We attended a wide range of animal rescues and are used to working closely with the RSPCA.

"On this occasion we used equipment normally used for water rescues and rescues from height to free the animal.

"I have no idea how the animal got in there, but it was a great outcome to see the deer released without injury."

TAKE YOUR CAREER TO THE NEXT LEVEL

Bicester Village Job Fair

Join Bicester Village at the John Paul II Centre in Bicester on Wednesday 24 May, from 4 pm until 6.30 pm. We are looking for candidates who can bring passion to a luxury, fast-moving retail environment. A number of boutiques and restaurants are seeking enthusiastic candidates who would like a new challenge or are looking to return to work. Retail experience is not essential – but passion is.

For more information and to register, visit BicesterVillage.com/jobfair

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BICESTER VILLAGE

Rounders set to be big hit again

THE ever-expanding Summer Social Rounders League is set to return and teams are being urged to make this year's edition even bigger than ever

The league which sees teams play each week in South Park, kicks off in early July and finishes with a finals match in August.

Over the past four years the league has grown from 47 teams to 134

Teams of colleagues friends or family members are welcome to take part

Teams should consist of between nine and 15 players, but you can also register as an individual and the city council will match you with a team

To register a team, visit www.surveymonkey.co.uk/r/V37HY3S

To register as an individual contact Emma Collins Oxford City Council's sports and physical activity officer, on ecollins@oxford.gov.uk

Progress update on patient care

RESIDENTS are invited to attend Oxfordshire Clinical Commissioning Group's (OCCG) board meeting for an update on the progress it is making to improve patient care.

The OCCG's chief executive David Smith will lead the meeting and a report on its finances will be delivered.

The meeting will take place between 9am and 12.45pm on Thursday May 25 at Jubilee House, Oxford Business Park.

The public can submit questions at least 48 hours before the meeting to oxon.gpc@nhs.net

Agenda items will be available on the OCCG website from a week prior to the meeting at. tinyurl.com/lhkoo8

Outside pool to open for season

THE heated outdoor swimming pool by Wallingford Bridge will open for the summer season on May 27

Riverside Outdoor Pool will be open between 7am and 6pm Monday to Fridays and 9am to 6pm at weekends until Sunday September 3

Riverside Park and Pools, located on the bank of the River Thames, features a 23 metre pool, changing rooms refreshments and campsite.

Jubilee Splash Park is already open onsite for younger children to enjoy

For costs and more information about Riverside Park and Pools visit tinyurl.com/mlxup35 or call 01491 835232

Man in court over 'exposure'

A MAN has been accused of exposing himself.

Craig Elmslie 31, of Larkhill Road, Abingdon, has been charged for exposure in connection with an incident on Ock Valley River Walk on May 9 at around 8.30am.

Elmslie is set to appear for trial at Oxford Magistrates' Court on June 21.

Worker hurt in site plunge

A CONSTRUCTION worker suffered suspected back injuries after falling off scaffolding

Firefighters were called to a building site in Chesterton to help ambulance crews rescue the man after the incident at 11.30am on May 10

An aerial platform was used to bring the 30-year old down to the ambulance, before he was taken to John Radcliffe hospital.

Incident commander Paul Webster said. "It would have been difficult for us to get him down the scaffolding so we used the aerial platform.

"This has a cage around it, so we could bring the man down on a spine board."

'Hard work' at

THE outgoing Mayor of Wallingford honoured servicemen and women in a ceremony last week to show support for their hard work and dedication

Councillor Ros Lester took time from her busy schedule to present medals, awards and commendations to personnel at RAF Benson on Wednesday last week.

The base was awarded with the Freedom of the Borough of Wallingford almost 60 years ago and has retained close links with the town.

The mayor said. "It is lovely to see so many families children and parents here to celebrate these amazing successes You should all be incredibly proud."

A medal to honour those who have completed 30 days continuous service in Afghanistan was awarded to Flight Lieutenant Stoodley, Senior Aircraftman Goshawk and Senior Aircraftman Kimberley

The Long Service and Good Conduct Medal (RAF) awarded in recognition al long service and faultless conduct to airmen who have completed 15

Kind-hearted teenagers are honoured for charity efforts

Matthew Brewin, *Reporter*

GENEROUS teenagers from a Culham school have been recognised for their kind heartedness.

The youngsters have worked tirelessly over the last two years to raise over £1 000 for a school in Nepal, the homeless in Oxford and the Sue Ryder care home in Nettlebed.

Pupils from the Interact Club at the European School were rewarded for their selfless efforts by receiving a formal charter from Joy Arnott district governor of the Rotary club

"It s been a great year," said Charles Sayers president of Interact

"We have had lots of fun and importantly, helped those worse off than ourselves.

"At the same time we have learnt how to work as a team and get the best from everyone."

The club made up of young people aged 12 to 18 raised the money by hosting various events such as cake sales and face painting

They also organised a Christmas collection for the Gatehouse Charity that assists the homeless in Oxford with essential items such as toiletries and underwear

Their next fundraising drive is at the Culham Festival with a cake sale and face painting

President elect of the Rotary club of Abingdon Vesper, David Barnett, said: "It's been great to help these dedicated young people learn to become the good citizens of the future and to continue to support those who join the club."

Interact at Culham School has 17 members and will transfer to the Europa School from September It aims to bring together young people to develop leadership skills while discovering the power of "Service above self" the motto of Rotarians throughout the world.

Top, pupils receive their awards. Above, Charles Sayers

Mayor of Wallingford Ros Lester presents awards to, from left, Flight Sergeant Al Clulow, Sergeant Graham Kirk and Sergeant Paula Cil

RAF Benson heralded

years service was awarded to Flight Lieutenant Lewis, Flight Sergeant Clulow Sergeant Burrows, Sergeant Day Sergeant Kirk, Sergeant Larkin, Sergeant Peatman, Corporal Hartzenberg, Corporal Pickup and Corporal Wilson.

The Clasp to the Long Service and Good Conduct Medal (RAF) was awarded to Flight Lieutenant Davidson and to Corporal Paine and Lance Corporal Rhodes (British Army) The medal is awarded to soldiers and personnel with no disciplinary entry on their records who are previous winners of the Long Service and Good Conduct Medal.

Air Force personnel honoured for sporting excellearе were Flight Lieutenant Matthew-Brown for canoeing Flight Lieutenant Mark Armstrong for volleyball and Senior Aircraftman Hawksworth for table tennis.

The United States Air Force Commendation Medal was presented to Squadron Leader Gibson for her outstanding contributuне to operations in Qatar

Sergeant Paula Cil, who was presented with a Commendation for commanding helicopters, said, "It was lovely for me and my family to be part of the honours ceremony

"It was made extra special by being presented by the mayor for my commendation."

The Deputy Commander Air Command Commendation was presented to Sergeant Perry who was praised for delivering outstanding results and technical brilliance in his work in IT services for RAF Benson.

'You don't have to be superhuman to be a foster parent'

George Welch, *Reporter*

OXFORDSHIRE residents are being asked to consider transforming their lives – and those of vulnerable children – by becoming a foster carer

Oxfordshire County Council is appealing for more people to come forward during national Foster Care Fortnight

The council currently has more than 230 registered foster carers looking after children in the county but carers are needed to home more children

Fostering service manager Teresa Rogers said, "The need to recruit new foster carers is an ongoing challenge for all councils

"In Oxfordshire we have seen the number of looked-after children increasing in recent years and the majority of these will, at some point, need a foster home

"Although we are able to provide a foster placement for every child who needs one, like many other councils we often have to call on external agency providers – sometimes based outside the county

"Wherever possible we want our children to stay close to family, friends and local schools as this helps provide the stability that they need."

At the end of March 2016 there were 592 children in care across Oxfordshire and at the end of March this year there were 672.

There are currently 470 Oxfordshire children in a foster placement, 140 of which have been homed by external agencies.

Foster carer Shirley Gelleburn looks after two children with additional needs in Banbury

She said "I never saw myself as a carer of anyone with additional needs I had always seen parents of these children as superhuman with special skills and thought I could never do that, to be that good.

"I thought I wasn't skilled enough but no one starts off with those skills they are skills that grew from being an advocate for your child.

"It turns out the only skills I needed to have to care for a child with additional needs was patience, empathy and the drive to do my best. You don't have to be superhuman, you just have to want to make a difference."

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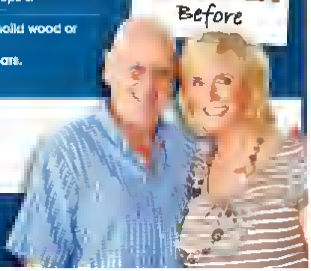

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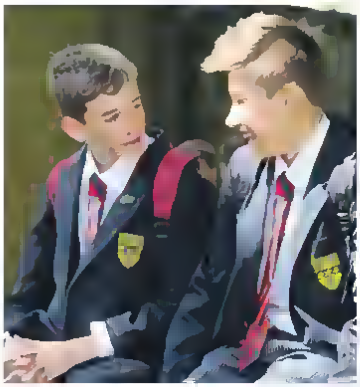

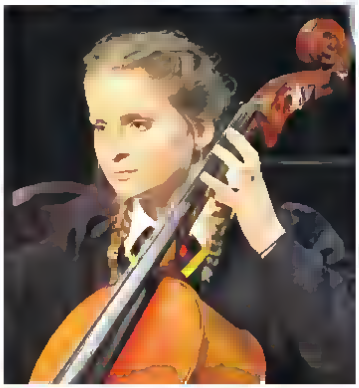
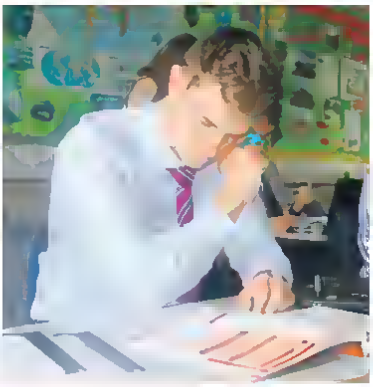

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Out&About

Your guide for your leisure time in & around Oxfordshire

All the world's a stage...

Shakespeare classics at Oxford Castle

Pages 28&29

5 of the best...

Latest film review > p28

On the fringe? > p30

Flywheel takes off > p33

At the cinema *with Laurie Bailey*

Colossal (15)

Anna Hathaway as Gloria in Colossal Image courtesy of Entertainment Film Distributors

As with the best Grimm Brothers faerie tales, pinning down moral allegories in Nacho Vigalondo's Colossal is a tricky endeavour.

Anne Hathaway stars as out-of-work, alcoholic 30-something Gloria. Kicked out of a snazzy New York apartment by uptight, condescending boyfriend Tim (Downton Abbey star Dan Stevens), she returns to her small hometown in the hope of getting life back in order.

Reuniting with old school friend and barman Oscar (brilliantly played by Jason Sudeikis), she seems to be making progress - until giant monsters begin attacking Seoul in South Korea. Feeling a strange sense of empathy for the victims, she is horrified to discover that she might, impossibly, have something to do with the disaster.

Vigalondo wonderfully plays with genre conventions and narrative structure to muddle all sorts of audience expectations. What seems to be a quirky comedy-drama on the perils of alcohol misuse morphs into worthy romance then transforms into childhood allegory, until landing in adult psychology - before diving back into human drama. Whenever you feel like you're getting it, everything turns upside down.

Laurie's rating

The whole film feels remarkably fresh and driven amidst a sea of big-budget corporate cinema

Unusually, this makes for an increasingly enjoyable experience. Rather like the splintering of a kaleidoscope, the multiple angles on the story only make it more gripping and thought-provoking.

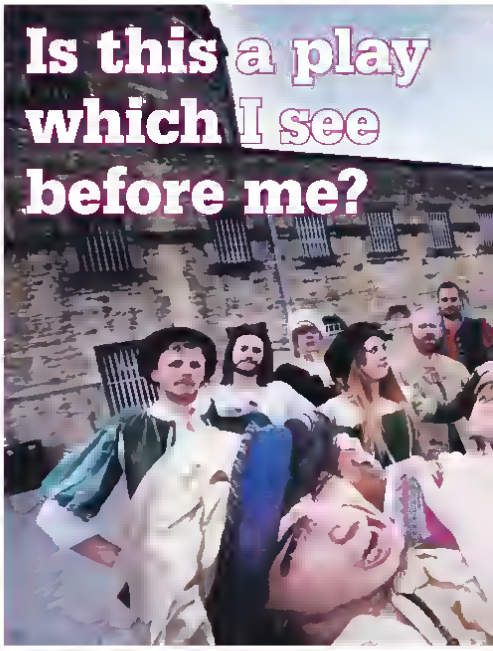
Everything is aided by edgy, confident performances - especially from Hathaway and Sudeikis - allowing characters to grow in depth and complexity at every turn. Eric Kress' creative shot composition and Beat McCreary's melodramatic score also combine to present a storybook feel, perfect for the magic realism of the plot line and Hathaway's fable-like hero's journey.

The whole film feels remarkably fresh and driven amidst a sea of big-budget corporate cinema, and an intriguing behind-the-scenes component may explain this: it is one of the first features to be produced in partnership with the innovative audience-owned entertainment company, Legion M.

So if you have a taste for carefully crafted absurdity, then Colossal will deliver in spades. If not, it's probably still worth a shot - you may be pleasantly surprised.

Laurie is an Oxford-based film critic, movie podcast host and BBC Radio Oxford film contributor. He lives locally with his wife, daughter and son. See more of his film reviews at lauriebailey.co.uk

Is this a play which I see before me?



Oxford Shakespeare Festival is set to kick start summer again at Oxford Castle with four plays running from June to August

'All the world's a stage and all the men and women merely players' and could there be a better stage for them than the historic Oxford Castle?

Oxford Shakespeare Festival will once again grace the outdoor theatre stage with four of the Bard's most well known and loved productions brought to life in the historic castle yard.

Following the success of 2016's festival, attended by over 4,000 people, 2017 promises eight weeks of entertainment from three of Oxford's most talented theatre companies.

From the romance and tragedy of Romeo and Juliet, the conflict of Macbeth to the seafaring Twelfth Night and The Tempest, the vibrant adaptations will make Shakespeare accessible to all ages.

The live music, puppetry, and dancing will keep audiences transfixed. The season runs from June 19 to August 12.

Before being drawn into the tragedy, trials and tribulations of Shakespeare's famous words, the audience can choose from one of Oxford Castle Quarter's restaurants to enjoy a pre-show meal.

Or why not accompany your outdoor theatre experience with a delicious picnic pack as you enjoy the drama in the 1,000 year old castle?

The line-up for Oxford Shakespeare Festival 2017 includes:

Twelfth Night and The Tempest by BMH Productions

Hour long versions of two Shakespeare classics!

Monday 19th June – Saturday 1st July

Shipwrecks, magic, monsters and mistaken identities. In one night and in two hours, the same company of actors present two

Make a day of it at Oxford Castle as the attraction tells compelling stories of its own inviting visitors to join a costumed character tour guide to explore the historic buildings and the fascinating stories behind them, including the Saxon stone-built St George's Tower and the story of an Empress' escape; the atmospheric crypt set on the footprint where the famous tales of King Arthur were penned; the preserved Georgian prison wing which housed a variety of intriguing and questionable characters; and the ancient man-made mound, offering breath-taking views over Oxford's dreaming spires.

one-act versions of Shakespeare's most famous seafaring plays The Tempest and Twelfth Night. With live music puppetry, dancing and more, expect an evening of fresh, fun, vibrant and accessible Shakespeare for all ages.

Romeo & Juliet by Tomahawk Theatre

Monday 3rd July – Saturday 29th July

Tomahawk Theatre returns to the magnificent castle this summer to revive their critically acclaimed production of Romeo and Juliet. This sumptuous, elegant and dynamic production will include song and dance and always remain faithful to the beautiful language and tragic story of love, separation and divided loyalties.

Macbeth by Siege Theatre

Monday 31st July – Saturday 12th August

Siege Theatre brings you Macbeth and the study of a nation's obsession with two simple virtues – honour and loyalty. Drawing out the conflict between honour and dishonour, loyalty and treachery, watch as souls are twisted out of all recognition and one by one, the powers of evil breakdown the individual and their armies, ultimately bringing a country to its knees.

Ticket prices start from £16 per adult. Pre-bookable picnic packs are also available from £8.95 per pack – there are three options to choose from including a Standard Picnic Pack with sandwich, snack and soft drink, a Premium option served with wine and summer favourites including quiche and strawberries and cream or the Fizz Picnic Pack, served with Prosecco.

For further information or to book online, visit www.oxfordcastleunlocked.co.uk.

Sister Act

THE NEW THEATRE, OXFORD

Sister Act tells the hilarious story of Deloris Van Cartier, a disco diva whose life takes a surprising turn when she witnesses a murder. Under protective custody she is hidden in the one place she won't be found – a Convent! Disguised as a nun and under the suspicious watch of Mother Superior, Deloris helps her fellow sisters find their voices as she unexpectedly rediscovers her own.

Runs to: Sat, May 20

Oxford entertainment

Oxford's entertainment highlights

To promote your event please email events@taylornewspapers.co.uk

RAG Garden Party

OXFORD UNIVERSITY PARKS

Oxford RAG is proud to invite you to an afternoon of tea, croquet, live music and cocktails at our brand new charity event – the RAG Garden Party! Join us for a long, lazy summer's afternoon and enjoy some of Oxford's finest live music, sweet and savoury treats and scenery along with unlimited alcohol, all nestled away in the beautiful parks!

Tickets go on sale on Sunday 7th and will sell out quick at a bargain price of £20! So to find out more information and to buy your ticket head to: facebook.com/events/1036043103070 63/

Sun, May 21

Paul Merson

THE BEACON, WANTAGE

Enjoy a night with former England, Arsenal and Aston Villa legendary midfielder, manager and Sky Sports pundit Paul Merson.

Thu, May 25

OPERA ANYWHERE

GILBERT AND SULLIVAN FESTIVAL ON TOUR

The Pirates of Penzance
6pm, Friday 7th July

HMS PINAFORE
6pm, Saturday 8th July

THE MIKADO
2pm, Sunday 9th July

The Amphitheatre, Waterperry Gardens, Wheatley
Box office: 0333 666 3366
OperaAnywhere.com/events
Booking fee may apply

What's on in Oxford

Daphne's Flight

21 years after their debut self titled album and one UK tour the tour de force that is Daphne's Flight is set to return to the stage in 2017
Thursday, May 25

Jon Otway

CORNERSTONE ARTS CENTRE, DIDCOT
John Otway and his hard hitting band attack his favourite set list with gusto leaving plenty of room for anarchy fun and acrobatics that are his trademark.
Saturday May 27

Bars and Melody/Johnny Orlando

O2 ACADEMY OXFORD
Pop rap duo Bars and Melody are joining forces with Canadian popstar Johnny Orlando for a co-headliner this summer With support from Mackenzie Ziegler Lauren Orlando and Tilly Devries, the dates are bound to be special, especially as it s Johnny s first time on UK soil.
Tue, May 30

Marty Macdonald's Toy Machine

CORNERSTONE ARTS CENTRE, DIDCOT
Featuring the voices of CBeebies' Justin Fletcher and Nicole Davis as Pongo the Pig & Molly-Moo the Cow from the team who brought you Marty MacDonald's Farm.
Sun, Jun 4

Jo Harman: People We Become

CORNERSTONE ARTS CENTRE, DIDCOT
Sat Jun 10

THE OXFORD PAPER Reader travel

HAMPTON COURT PALACE
Flower Show

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Omega

OmegaHols | @OmegaHols | @omegaHols ABTA

Julietta Burton will looking at tha butterfly affect when she previews her new show on July 1 at tha Old Fire Station before the Edinburgh Festival

Fluttering into city fringe fest

TICKETS have gone on sale for the second annual Offbeat Oxford's fringe festival of performing arts

Taking place at Oxford Playhouse and Old Fire Station from June 23 to July 2 Offbeat will stage 71 events over the 10 days spanning theatre, comedy spoken word music and dance offering something for everyone.

Room is a one-on-one experience for a blindfolded audience member, while Wrecked takes place inside a crashed car

Offbeat will also include a preview of performance poet and playwright Richard Marsh's new show Todd & God, and James Rowland s A Hundred Different Words for Love.

Weekends offer shows for families including two for under threes and a dance programme

A year on from the European referendum, there is fierce political theatre from #TORYCORE a satirical Brexit tale in Blowfish Theatre's Boris The Musical or catch comedian Mark Thomas s new show A Show That Gambles on the Future

Returning for the second year running is Radio 4 presenter Viv Groskop and the multi-award winning Sajeela Kershi and Sameena Zehra.

The festival also celebrates a host of local artists.

Luke Roltason, a 2015 University of Oxford graduate, presents Planet Earth III a low budget one man documentary set in the future and fellow Oxford graduate Matthew Floyd Jones the keyboard playing half of Frisky & Mannish, perform new dark comedy Richard Carpenter s Close To You.

The festival gives six Oxfordshire women, aged 20 to 80, a voice to celebrate the courage and bravery of ordinary women.

While Standby Theatre's The Room of Lost Things, is inspired by secrets collected from the people of Oxford.

Festival Producer Vicky Graham said: 'I am so excited that the shared vision of an entrepreneurial arts centre and an established regional theatre has created this opportunity for the performing artists of the future to meet adventurous local and national audiences.

"I cannot wait to see Oxford – a city steeped with heritage and culture – humming with a rich complex and entertaining contemporary programme, and look forward to putting Offbeat firmly on the festival map."

Offbeat is a partnership between Oxford Playhouse and Arts at the Old Fire Station and supported by Arts Council England.

Ticket prices for all performances will be £10 or less

For more information go to offbeatoxford.co.uk

What's on in London

Don Carlo

ROYAL OPERA HOUSE, LONDON
Elizabeth of Valois is promised in marriage to Don Carlos of Spain, as part of a peace treaty between the two kingdoms.
Runs to Mon May 29

Adventures in Wonderland

VAULTS, LONDON
The critically acclaimed multi sensory experience created and directed specifically for children aged 5-10 is back in 2017! Les Petits Theatre Company invite you to fall down the rabbit hole once more and join them for the magical, Adventures in Wonderland.
Runs to Sat, Sep 3

Broken Social Scene

O2 ACADEMY BRIXTON
Wed, May 24

Kate Tempest

O2 ACADEMY BRIXTON
Let Them Eat Chaos is the brilliant album from acclaimed recording artist, poet, playwright and novelist Kate Tempest. As well as selling out dates across the UK, more highlights include her being confirmed as the youngest ever curator of the Brighton Festival 2017 and success with her debut novel and Sunday Times Bestseller The Bricks That Built The Houses
Sat, May 27

Mac DeMarco

O2 BRIXTON LONDON
Performing his biggest London headline show to date, Mac DeMarco comes to O2 Academy Brixton. The landmark show follows an appearance at Glastonbury festival, mini album Another One and two intimate London dates that sold out in less than two hours
Tue, May 30

Descendents

O2 ACADEMY BRIXTON
In an exclusive UK show, the Descendents will play tracks from their seventh studio album, Hypercaffium Spazzinate, which is the first new material in over a decade. With some of the sharpest songwriting yet, this punky foursome still has the same buzzing sound that never gets old. Be sure to catch them at London's O2 Academy Brixton this summer
Sun, Jun 4

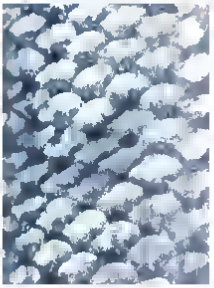
The Wombats

O2 ACADEMY BRIXTON
It's been ten years since the release of The Wombats' debut album, A Guide To Love, Loss & Desperation and what better way to celebrate than with a birthday party at the O2 Academy Brixton.
Fri, Jun 30

Richard Ashcroft

O2 BRIXTON LONDON
Richard Ashcroft is back with a UK tour supported by Black Grape as special guests. After releasing These People in 2016, Ashcroft fans can expect to hear songs from the latest album, the solo work before, as well as The Verve tracks
Sat, Jul 1

Anatomy of a Suicide



ROYAL COURT THEATRE, LONDON
Three generations of women. For each, the chaos of what has come before brings with it a painful legacy. "I have Stayed. I have Stayed. I have Stayed for as long as I possibly can." Alice Birch returns to the Royal Court with her new play Anatomy of a Suicide with Katie Mitchell directing.
RUNS TO Sat, Jul 8

THE OXFORD PAPER Reader travel

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ENGLISH MUSIC FESTIVAL

In 2017, the BBC Concert Orchestra returns to The English Music Festival with world premiere performances of important works by Vaughan Williams, Stanford and Montague Phillips, while other events range from major orchestral and choral concerts in Dorchester Abbey, through the soaring voices of choristers and English piano trios, to a late evening guitar recital and the dapper New Foxtrot Serenaders. Join us for another Festival full of exquisite music-making, fascinating talks and bubbling conviviality!

For further information contact Festival Director
Em Marshall-Luck at English Music Festival, Suite M0222,
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Let yoga help relieve your depression

A recent study has shown that those who take weekly yoga classes experience a minimum 50 per cent reduction if they have been diagnosed as depressed

The effect did not occur until six months into starting the exercise suggesting that the benefits of yoga may accumulate over time

A previous review found that the breathing exercises involved in yoga change the hormone levels in the body, leading to reduced stress and anxiety

Results published in Psychological Medicine were compared against 59 severely depressed patients who took health education classes

Study author Dr Lisa Uebelacker from Brown University, said "We hypothesized that yoga participants would show lower depression severity over time as well as better social and role functioning, better general health perceptions and physical functioning, and less physical pain relative to the control group.

"We found that yoga did indeed have an impact on depression symptoms."

This particular study did not specify why yoga reduces depression.

Yet, a review of 15 studies conducted by King's College London earlier this year found women suffering from premenstrual tension have a significant reduction in anxiety stress and mood swings if they take up yoga

Yoga cuts levels of the stress hormone cortisol and may improve concentration by focusing on breathing and poses, the researchers said.

Grandparents keep outdoor play time alive for youngsters

Britain is well known for being a nation of garden lovers – the over 50s are perhaps the keenest gardeners of all – but alongside green-fingered pursuits they are just as likely to be playing with their grandchildren this summer

Almost a third (32%) have little ones over to play outdoors at least once a month, according to research by Saga Home Insurance.

Grandparents from the north east are most likely to have grandchildren playing in their garden more than once a week (19%) closely followed by grandparents in Yorkshire (16%) Scotland (16%) and the north west (15%)

Whilst we are often told that young people aren't getting enough exercise these days the over 50s are championing good old fashioned play time by making sure the grandchildren get a decent gulp of fresh air whilst playing in paddling pools on slides or in sandpits.

In fact more than a quarter (27%) of over 50s with grandchildren own some form of outdoor play equipment from the more common swing-ball sets to the more unusual putting greens and croquet lawns

It's also clear that the over 50s like to make sure their green havens are beautifully decked out with almost half (49%) admiring feathered friends in bird baths, one fifth (20%) owning a BBQ or pizza oven and almost one in ten (8%) staying one-step ahead of the British weather with a gazebo

And after the grandchildren have gone home you might find some of the 880,000 over 50s who own hot tubs or hammocks taking a well-earned break.

Investing in our green spaces means that the country's backyards often contain a significant number of valuables. According to analysis of Saga Home Insurance claims data, more than half (54%) of garden cover claims made in the last 12 months have been due to theft and almost a third (30%) have been the result of bad weather such as hail stones floods, storms high winds and falling trees.

Head of Saga Home Insurance, Simon McPhee said, "It is great to see the over 50s are turning their gardens into fun spaces for their grandchildren and it's obvious that the retired generation value spending time relaxing outdoors whether they are enjoying a family BBQ or unwinding in the hot tub.

"The value of garden accessories, ornaments and play equipment soon adds up so it is wise to make sure your home insurance policy provides appropriate cover for those items."

> *"It is great to see the over 50s are turning their gardens into fun spaces for their grandchildren"*
>
> *Simon McPhee*
> *Saga Home Insurance*

Arboretum a beautiful place to enjoy a family day out

With spring in full bloom it's the perfect time to get out and enjoy some of the beautiful gardens around us

Holiday rental company Hundredrooms has selected some of the most idyllic gardens to visit as wonderful places to enjoy a picnic and spend some quality family time together in amongst the spring blossom

All of these gardens truly come to life during the month of May making them spectacular places to visit for a weekend to remember

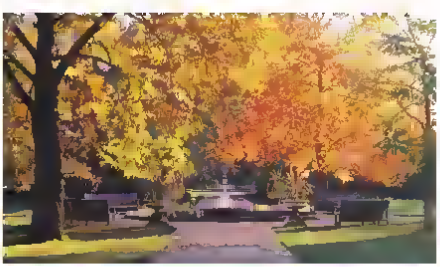
Get lost amongst the champion trees transport yourself colourful flower filled meadows and inhale the sweet scents of spring.

Spending quality days out in nature with the family has many benefits such as increasing happiness levels encouraging creativity, cementing strong bonds and increasing cognitive function.

And we're lucky enough to have to go far to enjoy one of the places on its list – Harcourt Arboretum, Oxford.

Belonging to the University of Oxford, this delightful garden spanning 130 acres is home to the best collection of trees in Oxfordshire.

One of the most spectacular months to visit this beautiful garden is in May when a sea of bluebells is present across the vast meadow



Harcourt Garden is a magnificent place to enjoy a family day out where the little ones can explore some of the oldest redwoods in the UK and learn about all the fantastic species of trees the garden contains

Picnics are permitted in the woodland area so remember to pack your sandwiches and snacks

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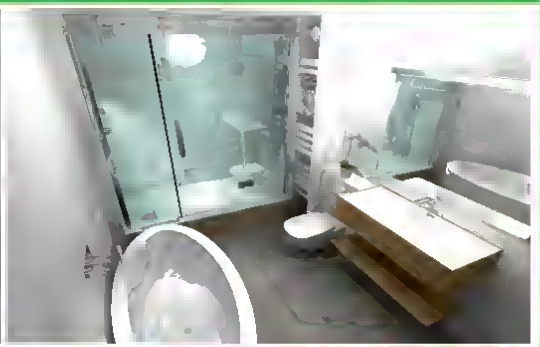

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Candy Girls fly the flag at vintage fest

Celebrating all things military and historic, Flywheel comes to Bicester next month taking visitors back in time.

The live music acts for this year have been announced and there will once again be a distinctly vintage feel.

The event is taking place at Bicester Heritage on Saturday 24 and Sunday 25 June, with Perfect Vintage, The Candy Girls and The FB Pocket Orchestra providing the musical backdrop to a celebration of historic motoring, aviation and military endeavour.

This year will see The Candy Girls and Perfect Vintage make their Flywheel debuts, entertaining the crowds during both days of the event. Sunday will see the return of The FB Pocket Orchestra following their successful debut last year.

The Candy Girls are a vintage-style harmony trio which specialises in high-quality performances of classic music from the 1930s, '40s, '50s and '60s.

In recent years, the group has performed at some of the UK's most prestigious venues such as The Royal Albert Hall, Theatre Royal Drury Lane and Wembley Stadium. They have also appeared at several Royal Galas where they have performed for the Queen.

Eline Jeffery, founder of The Candy Girls, said, "We have heard so many positive things about Flywheel and we are delighted to be performing at the event later this summer. We look forward to showcasing our enthusiasm for all things vintage and hope that the visitors enjoy our performances."

Perfect Vintage features vocal duo Brian and Cherie, who will be performing a collection of popular wartime classics. Their appearance at the event ensures that all visitors will be effortlessly transported to the 1940s. Perfect Vintage is a highly-regarded act, having performed at numerous air shows, county fairs and 1940s weekends across the UK.

Brian Shaw, one half of Perfect Vintage, commented: "Performing at events such as Flywheel is something that we thoroughly enjoy. We are really looking forward to appearing at Flywheel and taking people on a nostalgic trip with our vintage style and wartime classics."

Joining The Candy Girls and Perfect Vintage at Flywheel on Sunday is The FB Pocket Orchestra. Formed in 2012, The FB Pocket Orchestra will take its listeners back in time to the hot jazz, blues, ragtime and popular dances of the 1920s and '30s. The group returns to Flywheel following a superb debut at last year's event.

Jenny Russell from The FB Pocket Orchestra said, "We are thrilled to be returning to Flywheel this June. We thoroughly enjoyed performing at last year's event and look forward to adding a touch of jazz, blues and ragtime once again in 2017."

Richard Grafton, commercial director of Flywheel organiser Historic Promotions, commented, "Flywheel is now well established as one of the top motoring, aviation and military events in the UK and it is incredibly exciting to announce the musical entertainment for this year's festival.

"We would like to offer a warm welcome to The Candy Girls and Perfect Vintage who will be performing at Flywheel for the first time. We would also like to welcome back The FB Pocket Orchestra, who will be returning to Flywheel following their excellent performance at last year's event."

Advance ticket prices start from £23 per adult and £52 per family.

Each adult ticket includes free parking as well as a complimentary souvenir programme. Entry for children under the age of five years is free.

To purchase tickets for Flywheel 2017, visit: http://www.flywheelfestival.com/

In the garden

Tom Nicholas founded the gardening company Me, My Spade & I. Tom will share his adventures, experiences and advice on what needs doing in the garden and how to do it.

This Saturday (10am to 4pm) Babylon plants, a wholesale nursery in Cuxham is opening its doors to the public as part of the Chelsea Fringe event. A fabulous opportunity for avid gardeners to buy plants at wholesale prices and to look round some of the four acres that is split into various sections.

"I was first introduced to Babylon nursery some 10 years ago. I had been looking for a quality plant supplier for several years. When I came across Babylon it was a match made in heaven. Over the years many a garden has been planted up from scratch or we've used their plants to top up flower beds," Rick Bennett, Babylon's owner and his team ensure the plants are of the highest quality and they have always been superb. Some of the floral displays that we've created have been worthy of their own Chelsea medal!

Rick and his team are always so accommodating when I arrive to do my plant shopping, on occasions they have even researched plant names for me when I was unsure of what a plant was called. I have spent many an hour talking to Louise, a member of Rick's team about plant design and what plant would suit certain conditions. If you like your plants and thought of seeing lots of different varieties all under one roof then a trip this Saturday to Babylon Plants is a must. They only work with trade so make the most of the few open days to the public that they have: it is almost as good as walking through the open gardens you may find throughout Oxfordshire."

Babylon Plants can be found at The Stables, Chestnut Farm, Cuxham, Watlington, OX49 5ND. For more information go to www.babylonplants.com

Tom Nicholas, runs Me My Spade and I in Harwell. From homes to commercial sites which includes full garden design, plant selection, landscaping and installation. "Each season brings different life to the garden and it is my job to bring natural beauty to all of my client's gardens. I am truly passionate about what I do and this resonates in all my work."
www.memyspadeandi.com

Bank of mum and dad pays for home improvements

The latest research from Plentific.com, an online home service marketplace, has found that financial help from the Bank of Mum and Dad isn't just limited to purchasing a property; it also extends to improving the home.

A fifth of homeowners (18%) say they rely on the Bank of Mum and Dad to help finance home improvements, while 19% admit that their parents physically help them to carry out DIY.

In the past, owning your own home as a young adult wasn't the struggle it appears to be nowadays.

Many older parents will remember a time when they could buy a family home for a realistic sum that was relative to local salaries, at least in comparison to today's standards. Plentific's findings show that 26% of homebuyers across the UK now receive financial aid from the Bank of Mum and Dad when purchasing a property.

This number increases dramatically amongst younger homeowners with 58% of respondents under 34 admitting to receiving financial help from their parents.

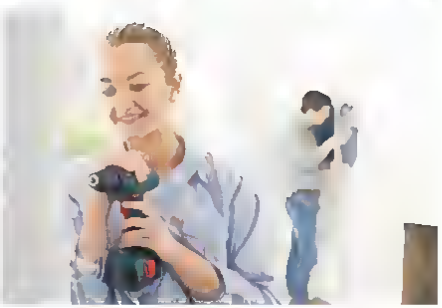
Unsurprisingly, London ranked top of the table (59%) when it comes to receiving financial help from the Bank of Mum and Dad when buying a property.

With prices increasing in the capital, it may seem sensible to buy a more affordable property that needs fixing up. However, 48% of London homeowners admit they have also received financial aid from their parents to pay for a renovation project or home improvements.

Belfast came in second highest for homeowners receiving financial help from parents when buying a property at 30%, with Brighton and Glasgow occupying the bottom spot with just 12%.

Homebuyers in Birmingham (16%), Southampton (16%) and Nottingham (19%) were the next lowest in the rankings, while those in Manchester (22%), Leeds (23%) and Bristol (25%) sat at the higher end of the table.

When looking at parents that provide financial support for home improvements, London (48%), Liverpool (31%) and Brighton (17%) topped the table. The top locations for homeowners who received physical help with DIY from their parents were London (29%), Bristol (26%) and Sheffield (22%).



Stephen Jury, Spokesperson for Plentific, said, "Our statistics really highlight the struggles young people face when buying or renovating a property.

"Whilst buying a cheaper property that needs work may seem like a good option, the number of young people receiving financial and physical help from their parents with renovations projects is quite alarming."

FEATURE

The cooking community

Claire Thomson in her kitchen where she encourages her children to be while she's cooking Picture: PA Photo/Mike Lawrence

"I don't serve plain pasta and my kids would think it was weird," says Claire Thomson family food ambassador for the National Trust, chef and mum of three.

"They're excited by the food in front of them, the kitchen is the axis of my home life and I want them to feel that food is a really normal thing that it's not fetishised or not given enough credence.

"We've got a tiny kitchen but a great big kitchen table, because I think it's important that Grace should be sitting there doing her spellings or Dot will be colouring in while I'm cooking. It's just day-to-day a real normalcy around food."

If this sounds like a manifesto for how to give kids a love of good food, it is. Thomson, 37, has spent the last five years showing the world exactly how we could be feeding children through her daily '5oclockapron' Instagram and Twitter posts.

And you won't find a plain bit of pasta in sight. The dishes she makes for her daughters at five o'clock each day ("they're just so tired after school and I don't want to fill them full of snacks") include sumptuous-looking bowls of tamarind & turmeric chicken broth with soba noodles and cucumber or seared monkfish with potatoes, chard stalks, serrano ham and rosemary.

She can't totally escape pasta though. "I've had some children come for play dates and that's all they want to eat, but as a grown-up, you've allowed that to happen if you're serving plain pasta."

Two years on from her debut cook book, The 5 O'Clock Apron: Proper Food For Modern Families, Thomson has now penned the National Trust Family Cookbook.

The recipes in it are categorised by how long they take to cook, with sections for on-the-go breakfasts and lunch box alternatives, from tasty sounding Yogurt And Carda-mom Chicken Wraps and Pea And Halloumi Fritters to Vietnamese Noodle Salad - all with substitutes so you can suit the ingredients to your family's tastes.

"The recipes are all pretty easy. It takes three minutes to slop some chicken thighs in a bowl in the morning, drop some yogurt on and carda-mom and stick it in the fridge. Then when you get back from work, you've just got to bang that in a hot oven – the longest thing to do is preheat the oven. And then you chop a quick salad and make tzatziki, which the children can help with, it's just mint and yogurt.

"It's really important to get them to help you, otherwise the food landa in front of them and they're expected to eat it," Thomson adds. "They should set the table or pour the water. There's a community to being in a family. I don't want to be running a restaurant for my children until they're 18 and leave home."

And she's not an advocate for hiding vegetables.

"Hiding seven different types of vegetables in a pizza sauce is fundamentally what I think is wrong about children's food. It's really important you identify vegetables and acknowledge they're on their plate and they know why they're good for them, rather than hiding them. I find it absolutely laughable!"

Now based in Bristol, Thomson was born in Zimbabwe and travelled "extensively" with her New Zealander husband, before they settled in the UK to raise their daughters Grace, 10, Ivy, seven and four-year old Dot.

Her travels have shaped her love of food and the dishes she serves up at home, as well as when she cooks in schools.

"I love looking at the world through recipes. I cooked a North African style dhal for 60 eight and nine-year olds and one child said he didn't want to eat it. If you get them tasting spices and smelling herbs that's really exciting for children, they just need to be engaged with food."

Another of Thomson's projects to further this mission is a collaboration called Table Of Delights (www.tableofdelights.com). It started as a theatre show at the Bristol Old Vic and now is a website designed to educate kids about food through wacky song and dance numbers, facts and recipes. "We want to get them excited through a Trojan horse of entertainment, so they don't feel they're being preached to."

And she's not a total stranger to fussy eaters, admitting that "Dot's not a saint – there are some days she just wants to eat boiled eggs for breakfast, lunch and dinner."

"That's fine, but I don't let her do it every day, and I don't let her say she doesn't like vegetables because I'm a chef and I make them taste nice! I think fussy eaters are a problem, but you just carry on and eventually they turn a corner and start eating."

Kate Whiting

Fish-cake sandwich

Ingredients
(Serves 4)
800g floury potatoes (about 2 large potatoes), peeled and cut into 4cm cubes
400g smoked fish (trout or mackerel), skin and bones removed
2tbsp Dijon mustard
1tbsp mayonnaise, plus extra to serve
1 large egg, beaten
Salt and freshly ground black pepper
2tbsp fine dried breadcrumbs, plus about 50g to coat
Small bunch of chives or parsley, finely chopped
Vegetable oil for frying
Buttered soft rolls, to serve
Soft lettuce leaves, to serve
1/2 lemon, to serve

Method
Boil the potatoes in salted water until cooked through - about 15 minutes
Drain well and leave to steam dry in the colander, then mash the potatoes and set aside to cool
Meanwhile, shred the smoked fish into flakes
Stir the mustard, mayonnaise, egg and half teaspoon salt into the mashed potatoes. Gently fold in the flaked fish with two tablespoons of breadcrumbs and the chopped herbs until everything is evenly distributed and holding together nicely. If you think the mix is too wet, add another tablespoon of breadcrumbs
Scoop a tablespoon of the fish and potato mixture and roll it between your palms to form a ball.
Pat each ball into a flat patty (round or oblong to match the shape of your rolls) about 3cm thick, set aside on a plate and continue with the remaining mix.
Sprinkle the fish cakes both sides with additional breadcrumbs
Coat a non-stick frying pan with vegetable oil and place the pan over a high heat. You want the oil very hot before you add the fish cakes. Fry them in a single layer, being sure not to overcrowd the pan, for about two minutes on each side until the fish cakes are golden brown with a good crust.
Transfer to a plate lined with kitchen towel to soak up excess fat while you fry the remaining fish cakes.
To serve, add the fish cakes to the rolls with a leaf or two of lettuce, some mayonnaise, salt and pepper and a squeeze of lemon

Food pictures: PA Photo/Jill Mead

Squashed-fly cherry spelt biscuits

Ingredients
(Makes 15-20 biscuits)
120g butter, softened
90g caster sugar
1 egg, separated
210g spelt flour, plus extra for dusting
1/2tsp baking powder
Pinch of salt
70g dried cherries (or currants or dried cranberries), chopped

Method
In a large bowl, using a wooden spoon or an electric mixer, cream the butter with 75g of the sugar until pale and fluffy. Add the egg yolk and beat to combine
Sift the flour, baking powder and salt into the creamed butter mix, add the cherries and stir through. Mix thoroughly to combine.
Cover with cling film and place in the fridge for half an hour to firm up
Preheat the oven to 180C (170C fan). Line a baking sheet with greaseproof paper
On a lightly floured work surface, roll out the dough to a thickness of 5mm and cut into rectangular shapes (each measuring approximately 7 x 4cm) using a knife. Arrange the shapes on the baking sheet, leaving a space between each biscuit, and place in the fridge for a further 10 minutes
Bake the biscuits in the oven for about eight minutes until they are just beginning to turn golden
While the biscuits are in the oven, beat the egg white until stiff
Remove the biscuits from the oven, brush with the beaten egg white and sprinkle with the remaining sugar, then bake for a further two to three minutes
Leave the biscuits to cool on the baking sheet for a few minutes, then transfer to a wire rack to cool completely.

National Trust Family Cookbook by Claire Thomson is published by the National Trust Books, priced £15. Available now

ADVERTORIAL

Simple steps homeowners can take now to protect their assets.

Head of April King Legal Paul King explains why some homeowners are doing **too little, too late** to protect their hard-earned assets.

Care Cost Fees

'A lot of people are still unaware that if they need care in later life, their assets will be means-tested by the Local Authority to help pay for these services.'

'The Local Authority will look to use the assets of a person until they get down to a lower limit of £14 250 when the Local Authority will take over the fees."

"For instance my own grandmother sadly passed away recently at the age of 92. My grandfather had died many years earlier and left everything to her."

'When she needed care in the last six years of her life, because my grandfather had left everything to her, the house and all the estate was counted in the Local Authority's means test.'

"Our clients tell us, 'We've worked hard all our lives, why should the Local Authority get it all?'"

"Just as she died, she had gone down to that lower limit of £14 250 and that's all her children inherited."

"There are many myths about the steps people can take to protect their assets from being used like this."

"The main one is that a parent should simply sign their house over to the children now, so it won't be taken into consideration for means testing. That's just not true."

"Local Authorities will actually look to see if you've 'deliberately deprived' yourself of an asset by giving property away, going back over any period in time."

"Sometimes people think that if the gift is made seven years prior then the house is safe. This is not so as the seven year rule only applies to Inheritance Tax and not Local Authority care."

"The solution is for couples to simply not leave everything to each other in the first place.'

"What my grandfather could have done is leave his half of the house in trust to his children, stating that they couldn't have it while his wife, my grandmother, was still alive. We call these Property Trust Wills."

"If my grandfather had left his half of the house in trust to the children then when my grandmother subsequently received care in her later life she would only have been means tested on her own half of the house, but my grandfather's half would have been safe."

"Why should he have to contribute his half when he didn't receive any care?"

'The important factor is that couples need to act in advance. Once one party dies or loses mental capacity, through a stroke for example, then they are no longer in a position to do this legitimate and straightforward type of planning.'

"It is therefore important for couples to act now even if they may not foresee care fees being an issue."

Paul goes on to explain that most clients he sees are surprised to learn remarriage usually cancels a Will and makes the spouse next in line to inherit, ahead of their own children! Protecting your half of the house in this way, he suggests, ensures that your children ultimately inherit when the survivor dies.

"Had my grandmother remarried after the death of my grandfather the whole estate could have passed sideways out of the family.' says Paul.

Lasting Power of Attorney

Paul explains how people often get confused thinking that, because they have made a Will their executors can also deal with assets if there is illness, stroke or some other form of incapacity while they are still alive.

"Everyone should actually have two documents – a Will that deals with their estate on death and a Lasting Power of Attorney that deals with their estate during their lifetime," he says.

'There are two types of Lasting Power of Attorney – one deals with finance, the other deals with health and welfare."

"In many ways it's similar to a passport, a document that's registered now and one which can be physically handed to the attorneys should the need arise.'

'It allows the attorneys, perhaps the children, to deal with the banks and pension companies etc should their parent become incapacitated, but also to deal with matters such as where the parent should be living and how they should receive care."

"Your attorneys, again perhaps your children, must legally act in your best interests at all times."

"You can choose a number of attorneys to act, either jointly or independently, and April King advises on the various options available."

"Couples are often surprised to discover that even joint bank accounts can be frozen until the bank sees sight of a Lasting Power of Attorney document."

'Having a Lasting Power of Attorney removes the burden on children should ill health happen further down the line."

"It helps a family deal with bank accounts and so on during a parent's lifetime and ceases on death."

"Crucially, you have to complete a Lasting Power of Attorney while you are still in good mental health."

"If someone becomes ill through say a stroke or dementia, this option is lost and the family would have to apply for a Deputyship Order from the Court of Protection – a drawn out and expensive process."

'It is therefore a good idea for clients to plan ahead and remove any future burden from the family."

"Once again, all adults should be thinking of this, particularly when there are children or a business involved."

'It's not just something to think about when you get older, that's the challenge for us."

"People think, 'I'm not ill, why do I need to make a Power of Attorney?' But they're missing the point. This is a document that has to be done in advance."

Paul King, Head of April King Legal

'The Lasting Power of Attorney remains in place until you die unless you want to cancel it."

'Once it's registered, you don't have to worry if you then develop some debilitating illness. A burden has been removed from the family at an already difficult time."

Bloodline Trust Wills

The majority of April King's clients have already made standard 'Mirror Wills' with other firms before approaching the Firm. A Mirror Will is when a couple leave everything to each other on the first death, then to the children when the second partner dies. But modern family life means these type of Wills leave a lot to chance.

Explains Paul: "If I have a Mirror Will leaving everything to my wife and she remarries or goes into care after my death then either the new husband or the Local Authority are likely to inherit most, if not all, of my estate ahead of my children."

"Even if my children are named in my Mirror Will, it is by no means certain that they will inherit anything."

"Once again, this is because a remarriage would cancel the Will my wife had previously made with me and make the new husband next-of-kin.'

"This often comes as a big shock to my clients who had perhaps thought that all was in order and that the family bloodline would one day inherit."

"The same is true for thinking that their children and/or grandchildren will one day benefit under a Mirror Will."

"If any of your children should die leaving everything to their husband or wife and that son-in-law or daughter-in-law should then remarry, then your grandchildren would be the ones to lose out under the line of inheritance."

"Worse still, someone else's grandchildren would be in line to receive the benefit of all your years of hard work."

"I've experienced this in my own family and I'm sure most people have had similar experiences or heard of someone who has.'

'Bloodline Trust Wills give greater protection to your children."

"These type of Wills not only give your children complete control and access to the inheritance they receive from you, they also grant added protection from the twists and turns of modern family life."

"The wording in these Wills states that any money left over on their demise must pass to any children born of them – your grandchildren."

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April King Legal

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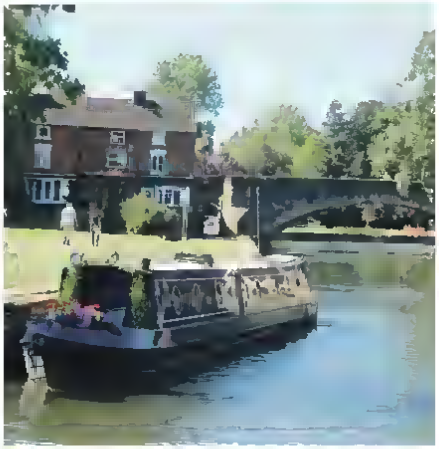
FEATURE

Around Oxford

The Thames is a central feature in our county, here photographer Colin Barlow takes us on a journey between Abingdon and Oxford



5 of the best...

spots to take a break while out

Oxford is known for its tasty offerings - but if you have a gluten allergy it can put a dampner on your afternoon/evening. We have found some great places where your whole party can tuck in happily

1

Spice Lounge

Banbury Road, Oxford

A tasty Indian and gluten-free Th s restaurant doesn t just bring out the usuals, it uses fresh food from the area and adapts its menus accord ngly. A contemporary Indian that has been given high praise.

2

Pierre Victoire

Little Clarendon Street, Oxford

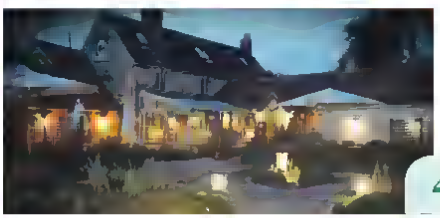
This place is an independent French restaurant that has so many raving that a walk-in is not often possible. Check the menu and book in advance

La Cucina

St Clements Street, Oxford

Italian usually means carbs - bread, pasta, pizza and the list goes on. Thankfully you don't need to avoid eating Italian as La Cucina offers a gluten-free menu for all.

3



4

The Mole Inn

Toot Baldon

The staff here are accommodating to all sorts of diets - give them a little advance warning for some of the more difficult allergies. This gastropub has its regular tourists who return year on year - and with local, sustainable menus we can see why

Zheng

Walton Street, Oxford

Asian food can be all about noodles and are mostly avoided by those with food issues. However this restaurant has its own gluten-free menu so you get all the tastes but none of the problems

5

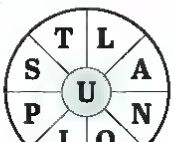
PUZZLES

SUDOKU

	6		9			7	4	
		1	5				2	6
7					6			3
	7			2	3			4
	2			7			6	
9			8	6		2		
5			7					
6					2	8	5	
	9	2			8		7	

WORDWHEEL

You have 10 mins to find as many words as possible using the letters in the wheel. Each must use the hub letter and at least 3 others. Letters may be used only once. You cannot use plurals, foreign words or proper nouns. There is at least one 9-letter word to be found.



How you rate:
15 words, average. 25 words, good; 35 words, very good. 40 or more, excellent.

DOUBLE CROSSWORD

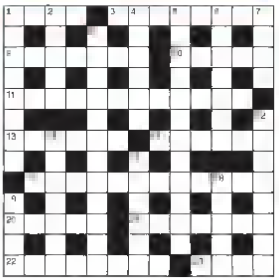
Cryptic Clues:

Across

1. Burrower out to sea? (4)
3. He moves and bopes to be engaged (8)
9. Remarked that the cake was plain, perhaps (7)
10. Long for several months before the beginning of November (5)
11. Assemblies at which careers are studied? (12)
13. Looming cluster get there before I do! (8)
15. Circle minister moves in (8)
17. Funeral speech in 2, for example? (4,8)
20. Turn to put four in cooking vessel (5)
21. Strong feeling to palm off about one (7)
22. It takes more than Neptune's spear to be loud and grating (8)
23. It's heavy but will take first place (4)

Down

1. My patient will get better with treatment to hand (8)
2. 17, for example, could be the French metal (5)
4. Not quite a shining unit of circular measure (6)
5. Shy to go 1 lisp about student of life (12)
6. It helps one to do a bolt (7)
7. Telephone round (4)
8. Put up with being given a loan? (12)
12. Was filmed having been sorted out by tests (8)
14. It gives the chop to article in intelligent setting (7)
16. No trap for fish (6)
18. Kicking, too, perhaps as part of deal I very much want to make (5)
19. Work involved in making soup (4)



Quick Clues:

Across

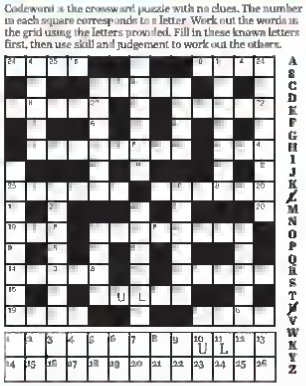
1. Humid (4)
3. Mad (8)
9. Precis (7)
10. Cut (5)
11. Supplementally (12)
13. Pastel (8)
15. Actor (8)
17. Forward (12)
20. Overweight (5)
21. Disciple (7)
22. Withstood (8)
23. Entertainer (4)

Down

1. Remoteness (8)
2. Wandering (5)
4. Haphazardly (8)
8. Establishment (12)
6. Politely (7)
7. Skulk (4)
8. Carping (12)
12. Expectation (8)
14. Close (7)
16. Transfix (8)
18. Surpass (5)
19. Bellow (4)

CODEWORD

Codeword is the crossword puzzle with no clues. The number in each square corresponds to a letter. Work out the words in the grid using the letters provided. Fill in these known letters first, then use skill and judgement to work out the others.



A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z

1	2	3	4	5	6	7	8	9	10	11	12	13
									U	L		

14	15	16	17	18	19	20	21	22	23	24	25	26

LAST WEEK'S SOLUTIONS

DOUBLE CROSSWORD:
Cryptic
Across: 6 Invalid, 7 Demon, 9 Hardy; 10 Cannave; 12 Advertising; 14 Appropriate; 18 Portend, 19 Inlu, 21 Learn, 22 Grounds. Down: 1 Sneak, 2 Candid, 3 Win, 4 Fences, 5 Convent, 8 Centaur, 11 Helping, 13 Oppressed, 15 Retire; 16 Tongue; 17 Minds, 20 Try

Quick:
Across: 8 Concise; 7 Death; 9 Rebut, 10 Riposte; 12 Degradation, 14 Parenthesis; 18 Distend, 19 Error; 21 Lance; 22 Connect. Down: 1 Power; 2 Accuse; 3 Use; 4 Devout, 5 Station; 8 Fiddler; 11 Protend, 13 Salient, 15 Extend, 16 Errand, 17 Force; 20 God.

SUDOKU:

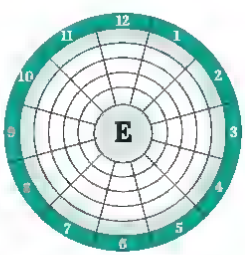
3	4	5	6	2	7	3	8	
5	6	8	4	3	2	6	1	2
1	3	7	1	8	8	8	5	4
4	5	8	2	1	6	8	9	2
7	8	4	9	5	3	4	7	1
8	1	2	7	8	9	3	5	8
8	2	8	3	7	8	8	8	5
1	8	3	8	4	8	2	7	8
6	7	9	5	8	1	8	8	3

CODEWORD:
1=M, 2=T, 3=S, 4=F, 5=C, 6=Z, 7=Q, 8=W, 9=C, 10=R, 11=D, 12=U, 13=K, 14=F, 15=X, 16=H, 17=L, 18=L, 19=N, 20=V, 21=Y, 22=A, 23=E, 24=O, 25=J, 26=B

WORD WHEEL:
SHORTHAND

CLOCKWORD

The solutions from 1 to 12 are all six-letter words ending with the letter E in the centre. Moving clockwise from 1, the letters in the outer circle will spell out the name of a famous American singer



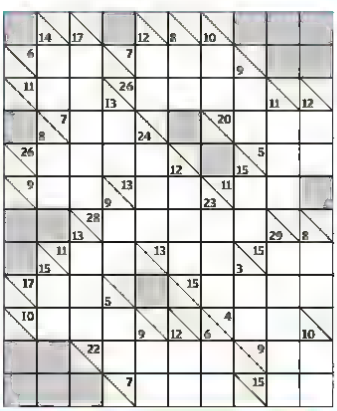
1. Catlike
2. Shake
3. Stick
4. Sewing tool
5. Martial art
6. Untamed
7. Breathe in
8. Agile
9. Wall recess
10. Confusion
11. Deep valley
12. Esteem

KAKURO

Fill in the white squares with the numbers 1 to 9

Each horizontal block of squares must add up to the number in the shaded square to its left, and each vertical block must add up to the number in the shaded square above it.

No number may be used more than once in any one block.



SUDOKU

9	6		7					8
4		5	2					
	3					4		
6	8			7				
			5		4			
				6			4	2
		1					8	
					8	5		4
2					1		7	6

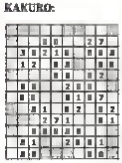
LAST WEEK'S SOLUTIONS

CLOCKWORD:
1 Active, 2 Debate, 3 Avenue, 4 Muddle, 5 Waddle, 6 Orange, 7 Ornate, 8 Decade, 9 Yankee, 10 Attire, 11 Temper, 12 Throne.

CELEBRITY: Adam Woodyatt.

NINER.
PROVIDENT

KAKURO:



SUDOKU

7	3	5	8	1	4	6	9	2
6	8	9	2	7	8	1	4	3
2	1	4	6	9	3	8	7	5
8	7	1	8	3	2	3	6	4
3	6	8	4	8	8	2	1	7
8	4	8	1	5	7	3	6	8
5	9	6	3	4	1	7	2	8
1	8	3	7	2	8	4	5	8
4	2	7	5	8	6	9	3	1

SPLIT DECISION:

C	L	I	M	B
S		S		I
O	D	O	U	S
W		N		D
D	U	S	T	S

NINER

Each number from 1 to 9 represents a different letter. Solve the clues and insert the letters in the appropriate squares to discover a word which uses all nine letters.

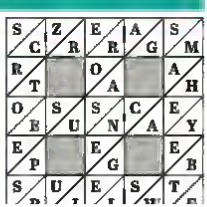
1	2	3	4	5	6	7	8	9

THE CLUES:

5245883 gives a sport,
812138 gives a martial art,

SPLIT DECISION

Cross out one of the two letters in each divided square to reveal a completed crossword grid.



ACE DENTURE Centre

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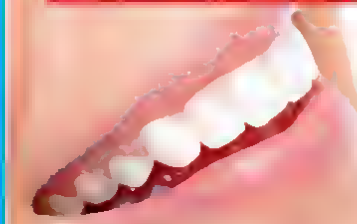

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Thursday May 18th

DAYTIME

BBC1

11.45 Close Calls On Camera (S) **12.15 Bargain Hunt** (S)(R) **1.00 BBC News at One Weather** (S) **1.30 BBC Regional News and Weather** (S) **1.45 Doctors** (S) **3.15 The Boss** (S) **3.00 Escape to the Country** (S)(R) **3.45 Garden Rescue** (S) (R) **4.30 Put Your Money Where Your Mouth Is** (S) **5.15 Pointless** (S) **6.00 BBC News at Six Weather** (S) **6.30 BBC Regional News and Weather** (S) **6.55 Party Election Broadcast** (S)(R)

7 **7.00 The One Show** Top celebrity stories from around the UK. (S)
7.30 EastEnders Denise swallows her pride and goes to the food bank. (S) BBC News, Regional News (S)

8 **8.00 Kat and Alfie: Redwater** New series. EastEnders spin-off in which the Moons arrive in an Irish village in search of Kat's long-lost son. (S)

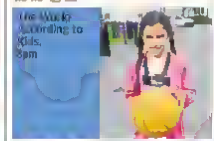
9 **9.00 Three Girls** The girls try to rebuild their fragile lives and put the past behind them while Sara and Maggie hope their experience ensures such a thing never happens again. (S)

10 **10.00 BBC News at Ten** (S)
10.30 BBC Regional News and Weather (S)
10.45 Question Time Topical debate, chaired by David Dimbleby. (S)

11 **11.45 This Week** The past seven days in politics. (S)

AFTER 12 **12.30 Weather for the Week Ahead** (S) **12.35 BBC News** (S)

BBC2



8.00 Sign Zone Bake Off: Creme de la Creme (S)(R) **9.00 Victoria Derbyshire** (S) **11.00 BBC Newsnight Live** (S) **12.00 Daily Politics** (S) **1.00 Two Tribes** (S)(R) **1.30 Channel Patrol** (S)(R) **3.15 Red Rock** (S)(R) **3.00 Hairy Bikers' Best of British** (S)(R) **3.45 The Wonder of Animals** (S)(R) **4.15 Rise of the Continents** (S)(R) **5.15 Antiques Road Trip** (S)(R) **6.00 Celebrity Eggheads** (S) **6.45 DebaTable** (S)

7.30 Great British Menu The North West chefs prepare desserts. (S)

8.00 The World According to Kids Children from a Bradford debating club, Liverpool choir and a Hackney gym discuss the adult world. Last in the series. (S)

9.00 Morocco to Timbuktu: An Arabian Adventure Part two of two. Alice Morrison treks over the Sahara before flying in to Timbuktu. (S)

10.00 Live at the Apollo Russell Kane hosts, with guests Reggie Yates and Nick Helm. (S)(R)
10.30 Newsnight (S)

11.10 Weather (S)
11.15 Horizon: Strange Signals from Outer Space! The scientists scouring the universe for signs of extra-terrestrial life. (S)(R)

12.15 The People v OJ Simpson: American Crime Story (S)(R) **12.55** Sign Zone MasterChef (S)(R) **1.25** Second Chance Summer: Tuscany (S)(R) **2.35 Horizon: Why Did I Go Mad?** (S)(R) **3.25 This Is BBC Two** (S)

ITV

9.25 The Jeremy Kyle Show (S) **10.30 This Morning** (S) **12.30 Loose Women** (S) **1.30 ITV Lunchtime News, Weather** (S) **1.55 ITV Regional News; Weather** (S) **2.00 Dickinson's Real Deal** (S) **3.00 Masterpiece with Alan Titchmarsh** (S) **3.59 ITV Regional Weather** (S) **4.00 Tipping Point** (S) **5.00 Babushka** (S) **6.00 ITV Regional News; Weather** (S) **6.30 ITV Evening News, Weather** (S)

7.00 Emmerdale Zak Ellis in for Victoria at the vegan market but struggles to make any sales. (S)

8.00 The ITV Leaders' Debate ITV News anchor Julie Etchingham presents a live two-hour debate between party leaders ahead of next month's General Election. (S)

10.00 ITV News; Weather (S)
10.45 ITV Regional News, Weather (S)

11.00 Heathrow: Britain's Busiest Airport Documentary series going behind the scenes of the airport. (S)(R)

12.00 Tipping Point (S)(R) **12.50** Jackpot247 **3.00 ITV Nightscreen 5.05** The Jeremy Kyle Show (S)(R)

Channel 4

7.35 Everybody Loves Raymond (S)(R) **9.05 Frasier** (S)(R) **10.05 Cat SOS** (S)(R) **11.05 Ramsay's Hotel Hell** (S)(R) **12.00 Channel 4 News** (S) **1.05 Couples Come Dine with Me** (S)(R) **1.05 Posh Pawnbrokers** (S)(R) **2.10 Countdown** (S) **3.00 Fifteen to One** (S) **4.00 Coast vs Country** (S) **5.00 Four in a Bed** (S) **5.30 Extreme Cake Makers** (S) **6.00 The Simpsons** (S)(R) **6.30 Hollyoaks** (S)

7.00 Channel 4 News (S)
7.55 Party Election Broadcast Political broadcast. (S)

8.00 The Supervet An expat couple arrive from France with their border collie, which has a leg pain that is proving hard to diagnose. (S)

9.00 Shut-ins: Britain's Fattest Woman This story of 46-stone Sharon Hall, who unable to leave her house, chose to undergo a risky surgical procedure to lose weight in 2015. (S)

10.00 How to Get a Council House Cameras follow a Romanian family and others who have come to the UK and have no option but to turn to the council for housing. (S)(R)

11.00 First Dates: Volunteer Maggie who is 63 and has played in orchestras around the world is searching for a man who shares her passion. (S)(R)

12.00 One Born Every Minute (S)(R) **1.00 Britain Today Tonight** (S)(R) **1.25 Britain Today Tonight** (S)(R) **1.50 How to Live Mortgage Free with Sarah Beeny** (S)(R) **2.45 Location, Location, Location** (S)(R) **3.40 Building the Dream** (S)

Channel 5

6.00 Milkshake! 9.15 The Wright Stuff 11.15 The Hotel Inspector (S)(R) **12.10 5 News Lunchtime** (S) **12.15 Can't Pay? We'll Take It Away** (S)(R) **1.15 Home and Away** (S) **1.45 Neighbours** (S) **2.15 NCIS** (S)(R) **3.15 FILM Social Nightmare (2013) (12)** (S) **5.00 5 News at 5** (S) **5.30 Neighbours** (S)(R) **6.00 Home and Away** (S)(R) **6.30 5 News Tonight** (S) **6.55 Party Election Broadcast** (S)

7.00 Secrets of Great British Castles Dan Jones explores the turbulent history of Lancaster Castle. (S)(R) 5 News Update (S)

8.00 The Nightmare Neighbour Next Door Boundary battles, including a bitter feud over right of access. (S) 5 News Update (S)

9.00 Nightmare Tenants, Slum Landlords & Landlord who trusted his property to a letting agency discovers the house is being advertised on a Romanian website. (S)

10.00 Pica Syndrome: The Woman Who Ate a House Documentary about people with the rare condition pica, a compulsion to eat non-food items. (S)

11.05 Football on 5: We're On Our Way to Wembley A round-up of the EFL play-offs. (S)

12.00 SuperCasino 3 **1.10 Top 30 Funniest** (S) **4.00 Britain's Greatest Bridges** (S)(R) **4.45 House Doctor** (S)(R) **5.10 HouseBusters** (S)(R) **5.35 Wildlife SOS** (S)(R)

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ITV2 SKY: 118 FV: 6

6.00 Jones Blue. The Hot Desk **8.10** You've Been Framed! Gold **6.35** Below Deck **7.20** The Ellen DeGeneres Show **8.00** Emmerdale **8.30** Coronation Street **9.00** You've Been Framed! Gold **9.35** Scorpion **10.35** Below Deck **11.20** Who's Doing the Dishes? **12.25** Emmerdale **12.50** Coronation Street **1.30** You've Been Framed! Gold **2.00** The Ellen DeGeneres Show **3.00** The Jeremy Kyle Show **5.00** Judge Rinder **6.00** Funniest Ever You've Been Framed! Gold **6.00** Two and a Half Men **5.40** Mom **10.00** Celebrity Juice **11.00** Family Guy **12.30** American Dad! **1.55** Totally Bonkers Guinness World Records **2.25** Teleshopping **3.50** ITV2 Nightscreen

ITV3 SKY: 118 FV: 10

8.00 In Loving Memory **9.25** Heartbeat **7.30** Where the Heart Is **8.30** Wild at Heart **5.25** Judge Judy **10.00** Road to Avonlea **11.55** The Return of Sherlock Holmes **1.00** Heartbeat **2.00** Where the Heart Is **3.05** Wild at Heart **4.15** The Cruise **4.00** Love You Garden **8.00** Heartbeat **7.00** Murder She Wrote **8.00** Midsomer Murders **10.00** Law & Order: UK **11.00** Wire in the Blood **1.00** The Knock **2.00** ITV3 Nightscreen

BBC4 SKY: 116 FV: 9

7.00 100 Days+ Weather **7.30** Top of the Pops, 1983 **8.00** Fossil Wonderlands: Nature's Hidden Treasures **9.00** Scotland's First Oil Rush **10.00** OJ: Made in America – Storyville **11.30** Top of the Pops, 1983 **12.05** Sound of Cinema: The Music That Made the Movies **1.00** Animals Through the Night: Sleepover at the Zoo

E4 SKY: 136 FV: 28

6.00 Hollyoaks **6.30** Coach Trip: Road to Marbs **7.00** Baby Daddy **8.00** Rules of Engagement **8.00** Melissa & Joey **10.00** Baby Daddy **12.00** How I Met Your Mother **12.00** New Girl **1.00** Brooklyn Nine-Nine **2.00** The Big Bang Theory **3.00** How I Met Your Mother **4.00** Brooklyn Nine-Nine **5.00** New Girl **6.00** The Big Bang Theory **7.00** Hollyoaks **7.30** The Big Bang Theory **9.30** Kevin Can Wait **10.00** Brooklyn Nine-Nine **10.30** New Girl **11.00** The Inbetweeners **11.10** The Big Bang Theory **12.10** Tattoo Fixers **1.10** Rude Tribe **2.10** The Inbetweeners **3.10** New Girl **3.30** Brooklyn Nine-Nine **4.00** Kevin Can Wait

MORE4 SKY: 138 FV: 14

8.55 A Place in the Sun: Summer Sun **9.55** A Place in the Sun: Winter Sun **11.00** Four in a Bed **1.40** A Place in the Sun: Winter Sun **2.40** A Place in the Sun: Summer Sun **3.40** Time Team **5.00** Location, Location, Location **5.55** The Secret Life of Brothers and Sisters **7.55** Grand Designs **9.00** The Good Fight **10.05** The Truth with Dad **11.10** 24 Hours in A&E **12.10** Ramsay's Kitchen Nightmares USA **1.15** The Good Fight

FILM4 SKY: 315 FV: 15

11.00 The Black Knight (1954) (U) **12.45** Apache Territory (1958) (PG) **2.10** The Best of Benny Hill (1974) (PG) **3.45** Twelve O'Clock High (1949) (U) **6.25** The Twilight Saga: New Moon (2009) (12) **8.00** Mission: Impossible – Ghost Protocol (2011) (12) **11.35** Wyrmwood: Road of the Dead (2014) (18)

DAVE SKY: 111 FV: 12

6.00 Home Shopping **7.20** Scrapheap Challenge **8.10** Amazing Pickers **9.00** Storage Hunters UK **10.00** American Pickers **12.00** Lizard Lick Towing **1.00** Top Gear **3.00** Sin City Moto's **4.00** Steve Austin's Broken Skull Challenge **5.00** Top Gear **8.00** Dara O Briain's Go 8 Bit **9.00** Not Going Out **11.00** Taskmaster **12.00** Dave Gorman: Modern Life Is Goodish **1.00** Steve Austin's Broken Skull Challenge **2.00** Dave Gorman: Modern Life Is Goodish **3.00** Lizard Lick Towing **4.00** Home Shopping

DRAMA SKY: 156 FV: 20

7.10 The Bill **7.55** Pie in the Sky **8.00** The Mrs Bradley Mysteries **10.00** All Creatures Great and Small **11.00** The Bill **1.00** Last of the Summer Wine **1.50** Wallace and Gromit's Cracking Contraptions **2.20** Birds of a Feather **3.00** Rosie **4.00** The Mrs Bradley Mysteries **5.00** All Creatures Great and Small **6.00** Waiting for God **6.30** Last of the Summer Wine **7.20** Keeping Up Appearances **8.00** Hetty Wainthrop Investigates **9.00** New Tricks **10.00** Silent Witness **12.10** The Bill **1.10** Birds of a Feather **1.40** Pie in the Sky **2.45** Rosie **3.35** Garden Inspiring **4.00** Home Shopping

SKY1 SKY: 106

6.00 Hawaii Five-0 **6.00** Monkey Life **6.00** It's Me or the Dog **10.00** Nothing to Declare **11.00** Forever **12.00** NCIS: Los Angeles **1.00** Hawaii Five-0 **3.00** NCIS: Los Angeles **4.00** Haven **5.00** Modern Family **6.00** Futurama **6.30** The Simpsons **6.00** Duck Quacks Don't Echo **8.00** Arrow **10.00** Jamestown **11.00** Mickey Flanagan: Thinking Aloud **12.00** Ross Kemp: on Gangs **1.00** Bill Cosby: Wait on Chinese **2.00** NCIS: Los Angeles **3.00** DC's Legends of Tomorrow **4.00** Got to Dance

SKY ATLANTIC SKY: 108

6.00 This Guest Wing **8.00** Urban Secrets **5.00** This West Wing **11.00** Cold Case **12.00** House **1.00** Blue Bloods **2.00** Robert E Grant's Hotel Secrets **3.00** The West Wing **5.00** Cold Case **6.00** House **7.00** Blue Bloods **8.00** David Attenborough's Conquest of the Skies **9.00** Guerilla **10.05** Last Week Tonight with John Oliver **10.40** Silicon Valley **11.10** Warning: This Drug May Kill You **12.30** Guerilla

W SKY: 109

6.10 Judge Rinder **7.00** My Dream Home **8.00** Four Rooms **8.00** Road Cops **10.00** The Bill **11.00** Tipping Point **1.00** Harry Bikers' Best of British **3.00** Four Rooms **4.00** CSI: NY **5.00** Tipping Point **7.00** My Dream Home **8.00** Supernanny US **9.00** John Bishop: In Conversation with Anna Faris **10.00** EastEnders **10.00** Russell Howard's Good News **11.20** Tipping Point

GOLD SKY: 110

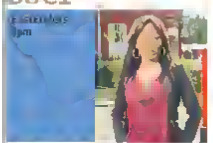
7.00 The Piglet Files **7.35** Ever Decreasing Circles **8.00** My Hero **8.40** As Time Goes By **9.20** Annandales **10.00** Last of the Summer Wine **12.00** Open All Hours **12.40** My Family **1.20** My Hero **2.00** Ever Decreasing Circles **3.40** Annandales **3.20** As Time Goes By **4.00** Last of the Summer Wine **6.00** My Family **8.40** Porridge **7.20** Citizen Khan **8.00** Not Going Out **8.40** The Fast Show **9.20** Mrs Brown's Boys **10.00** Live at the Apollo **11.00** Peep Show **11.35** French and Saunders

SKY SPORTS 1 SKY: 401

8.00 Goal! Morning Sports Fans **5.00** Premier League World **5.30** Premier League 100 Club **10.00** Premier League Daily **11.00** Premier League World **11.30** Premier League 100 Club **12.00** Premier League Legends **1.00** Premier League World **1.30** Premier League 100 Club **2.00** Premier League Legends **3.00** One2Eleven: Gordon Banks **3.45** One2Eleven: Mick McCarthy **3.30** Premier League World **4.00** Football's Greatest Players **5.00** Premier League 100 Club **8.00** Premier League Legends **7.00** Premier League World **7.30** Live Premier League **10.15** School of Hard Knocks **11.15** World Rugby Show **11.45** Sporting Triumphs **11.00** One2Eleven: Mick McCarthy **12.15** One2Eleven: Gordon Banks **12.30** Premier League Legends **1.00** One2Eleven: Mick McCarthy

Friday May 19th

BBC1



DAYTIME

10.00 Homes Under the Hammer (S) (R) 11.00 A1: Britain's Longest Road (S) 11.45 Close Calls. On Camera (S) 12.15 Bargain Hunt (S) 1.00 BBC News (S) 1.30 BBC Regional News (S) 1.45 Doctors (S) 2.15 The Boss (S) 3.00 Escape to the Country (S)(R) 3.45 Garden Rescue (S)(R) 4.30 Put Your Money Where Your Mouth Is (S) 5.15 Pointless (S) 6.00 BBC News (S) 6.30 BBC Regional News (S)

7

7.00 The One Show The final edition of the week (S)

7.30 A Question of Sport; (S) BBC News, Regional News (S)

8

8.00 EastEnders (S)

8.30 Count Arthur Strong New series Arthur is enlisted to rid a haunted house of its demonic occupant. (S)

9

9.00 Have I Got News for You Frankie Boyle hosts, with guests Steph McGovern and Gyles Brandreth. (S)

9.30 Hospital People (S)

10

10.00 BBC News at Ten (S)

10.25 BBC Regional News and Weather; (S) National Lottery Update (S)

10.35 The Graham Norton Show With Nicole Kidman (S)

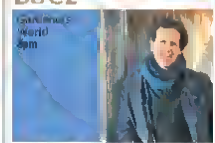
11

11.25 Luisa Omielan's What Would Beyonce Do?! TV stand-up debut filmed at London's Clapham Grand. (S)

AFTER 12

12.40 Weather for the Week Ahead (S) 12.45 BBC News (S)

BBC2



8.00 Sign Zone The World According to Kids (S)(R) 9.00 Victoria Derbyshire (S) 11.00 BBC Newsroom Live (S) 12.00 Daily Politics (S) 1.00 Two Tribes (S)(R) 1.30 Channel Patrol (S)(R) 2.15 Red Rock (S)(R) 3.00 Hairy Bikers' Best of British (S)(R) 3.45 The Wonder of Animals (S)(R) 4.15 Natural World (S)(R) 5.15 Antiques Road Trip (S)(R) 6.00 Debatable (S) 6.45 Celebrity Eggheads (S)

7.30 Great British Menu The two remaining North West chefs compete. (S)

8.00 Gardeners' World Monty Don plants out his dahlias including Weather (S)

9.00 Versailles King Louis XIV's continued insomnia makes him increasingly volatile (S) Inside Versailles. (S)

10.00 Mock the Week With Ed Byrne Sara Pascoe, James Acaster and Gary Delaney (S)(R)

10.30 Newsnight (S)

11.00 Weather (S)

11.05 Later – with Jools Holland Extended edition of the music programme (S)

12.10 The People v OJ Simpson: American Crime Story (S)(R) 12.50 Sgt. Zone: Inside the Latest Police Operations (S)(R) 1.20 Doctor Who (S)(R) 2.05 This Is BBC Two (S)

ITV

6.00 Good Morning Britain (S) 8.30 Lorraine (S) 9.25 The Jeremy Kyle Show (S) 10.30 This Morning (S) 12.30 Loose Women (S) 1.30 News (S) 1.35 News (S) 2.00 Dickinson's Real Deal (S) 3.00 Masterpiece with Alan Titchmarsh (S) 3.55 ITV Regional Weather (S) 4.00 Tipping Point (S) 5.00 Babushka (S) 6.00 ITV Regional News (S) 6.25 Party Election Broadcast (S) 6.30 Eveaing (S)

7.00 Emmerdale Pollard grows suspicious. (S)

7.30 Coronation Street Kate suspects Johnny of having an affair. (S)

8.00 River Monsters New series. Jeremy Wade goes in search of the real creature behind the sea serpent legend. (S)

9.30 Coronation Street (S)

9.00 Lethal Weapon Murtaugh experiences some frightening chest pains after he and Riggs become embroiled in a notorious cat theft ring. Damon Wayans and Cleyne Crawford star. (S)

10.00 ITV News, Weather (S)

10.40 ITV Regional News; Weather (S)

10.50 The Keith and Paddy Picture Show The duo put their own spin on the classic 1984 comedy Ghostbusters. (S)(R)

11.30 Benidorm Mick upsets Janice during a trip to the Callosa waterfalls. (S)(R)

12.20 Jackpot247 3.00 Storage Hoarders (S)(R) 3.50 ITV Nightscreen

Channel 4

7.35 Everybody Loves Raymond (S)(R) 8.05 Frasier (S)(R) 10.05 Car SOS (S)(R) 11.05 Ramsay's Hotel Hell (S)(R) 12.00 Channel 4 News (S) 12.05 Couples Come Dine with Me (S)(R) 1.05 Posh Pawnbrokers (S)(R) 2.10 Countdown (S) 3.00 Fifteen to One (S) 4.00 Coast vs Country (S) 5.00 Four in a Bed (S) 5.30 Extreme Cake Makers (S) 6.00 The Simpsons (S)(R) 6.30 Hollyoaks (S)

7.00 Channel 4 News (S)

7.55 Party Election Broadcast By the UK Independence Party. (S)

8.00 Posh Pawn James Constantine takes flight above the Isle of Wight in a plane with folding wings. (S)

9.00 Gogglebox Capturing the households' instant reactions to what they are watching on TV from the comfort of their own sofas. (S)

10.00 The Last Leg New series. Adam Hills, Josh Widdicombe and Alex Brooker are joined by guest Armando Iannucci. (S)

11.05 Britain Today Tonight The news show catches up with a woman who is allergic to sperm. (S)

11.40 The Fake News Show (S)(R)

12.10 8 Out of 10 Cats (S) 12.55 FILM Devil's Due (2014) (15) (S) 2.20 Loaded (S)(R) 3.10 Location, Location, Location (S)(R) 4.05 Building the Dream (S) 5.00 Kirstie's Handmade Treasures (S)(R) 5.30 Fifteen to One (S)(R)

Channel 5

6.00 Milkshake! 9.15 The Wright Stuff 11.15 The Hotel Inspector (S)(R) 12.10 S News Lunchtime (S) 12.25 Police Interceptors (S)(R) 1.15 Home and Away (S) 1.45 Neighbours (S) 2.20 NCIS (S)(R) 3.15 FILM The Mystery Cruise (2013) (12) (S) 5.00 S News at 5 (S) 5.30 Neighbours (S)(R) 6.00 Home and Away (S)(R) 6.30 S News Tonight (S) 6.55 Party Election Broadcast (S)

7.00 The Gadget Show Dara Deley samples a 3D printer that can cook. (S) 5 News Update (S)

8.00 The Headless Gladiators of York: Ancient Mysteries The discovery of the remains of 80 battle-scarred skeletons. (S) 5 News Update (S)

9.00 Britannia: Secrets of the Royal Yacht Part one of two. Rob Bell examines iconic ship the Royal Yacht Britannia. (S)

10.00 Bellator Fight Night: London Rory MacDonald v Paul Daley. Coverage of the welterweight contest from the SSE Arena in London, plus the undercard bouts for the Bellator 179 event.

12.00 SuperCasino 3 10 FILM Blood Creek (2009) (18) Horror with Henry Cavill and Dominic Purcell. (S) 4.45 House Doctor (S)(R) 5.10 HouseBusters (S)(R) 5.35 Wildlife SOS (S)(R)

DIGITAL

ITV2 SKY 116 FV 6

9.00 Alesha Dixon: The Hot Desk 9.10 You've Been Framed! Gold 9.35 Below Deck 7.20 The Ellen DeGeneres Show 8.00 Emmerdale 8.00 You've Been Framed! Gold 9.30 Scorpena 10.25 Below Deck 11.20 Who's Doing the Dishes? 12.25 Frimerdale 1.30 You've Been Framed! Gold 2.00 The Ellen DeGenmes Show 2.50 The Jeremy Kyle Show 5.00 Judge Rinder 6.00 Futurama: The Best Ever You've Been Framed! Gold 8.00 Two and a Half Men 9.00 FILM American Pie 2 (2001) (15) 11.00 Family Guy 12.30 American Dad! 1.30 Release the Hounds: Famous & Freaked 2.20 Teleshopping 5.55 ITV2 Nightscreen

ITV3 SKY 119 FV 10

6.00 In Loving Memory 6.20 Heartbeat 7.20 Where the Heart Is 8.25 Wild at Heart 9.30 Judge Judy 10.00 Road to Avonlea 11.00 The Return of Sherlock Holmes 1.00 Heartbeat 2.00 The Royal 3.15 Wild at Heart 4.15 On the Buses 5.25 In Loving Memory 5.55 Heartbeat 7.00 Murder, She Wrote 8.00 Doc Martin 9.00 The Street 10.15 Law & Order: UK 11.15 Where in the Blood 1.10 Tim Knock 2.00 Wycliffe 3.00 Long Lost Family 3.50 Million Dollar Princesses 4.40 In Loving Memory 5.30 ITV3 Nightscreen

BBC4 SKY 116 FV 9

7.00 We're News Today: Weather 7.30 Top of the Pops, 1983 9.00 The Good Old Days 9.00 Sounds of the Seventies 9.00 Roy Orbison: One of the Lonely Ones 10.00 Roy Orbison & Friends: A Black and White Night 11.00 The Everly Brothers: Harmonies from Heaven 12.00 Top of the Pops, 1983 12.35 Roy Orbison: One of the Lonely Ones 1.35 Roy Orbison & Friends: A Black and White Night 2.30 The Everly Brothers: Harmonies from Heaven 3.25 Close

E4 SKY 136 FV 28

7.00 Baby Daddy 8.00 Rules of Engagement 8.00 Melissa & Joey 10.00 Baby Daddy 11.00 How I Met You Mother 12.00 New Girl 1.00 Brooklyn Nine-Nine 2.00 The Big Bang Theory 3.00 How I Met Your Mother 4.00 Brooklyn Nine-Nine 5.00 New Girl 6.00 The Big Bang Theory 7.00 Hollyoaks 7.30 Brooklyn Nine-Nine 8.00 The Big Bang Theory 9.00 FILM Van Helsing (2004) (12) 11.45 The Big Bang Theory 12.00 Tetsuo Fiasco on Hatday 2.45 Ruffe Tube 3.35 Rules of Engagement 4.20 Melissa & Joey 4.50 Charmed

MORE4 SKY 138 FV 14

9.50 A Place in the Sun: Winter Sun 9.00 A Place in the Sun: Summer Sun 11.00 Four in a Bed 1.00 A Place in the Sun: Winter Sun 3.40 Time Team 6.00 Vet on the Hill 9.00 The Secret Life of 4 Year Olds 7.55 Grand Designs 9.00 Splash 10.00 24 Hours in A&E 12.05 Ramsay's Kitchen Nightmares USA 2.00 24 Hours in A&E 3.05 9 Out of 10 Cats: Best Bits 3.55 Close

FILM4 SKY 315 FV 15

11.00 Radio Lonesome (1959) (U) 12.30 Lonely Are the Brave (1962) (PG) 2.40 Carry On Teacher (1959) (U) 4.20 The Three Musketeers (1973) (PG) 6.35 The Twilight Saga: Eclipse (2010) (12) 9.00 Salt (2010) (12) 11.00 Snake Eyes (1998) (15) 1.00 Savages (2012) (15) 3.45 Close

DAVE SKY 111 FV 12

9.00 Home Shopping 7.10 Scrapheap Challenge 9.20 American Pickers 9.00 Storage Hunters UK 10.00 American Pickers 11.00 Lizard Lick Towing 11.30 Renovation Redneck Road Trip 1.00 Top Gear 3.00 Supercity Motors 4.00 Steve Austin's Broken Skull Challenge 5.00 Top Gear 8.00 Cops UK: Bodycam Squad 9.00 FILM Training Day (2001) (18) 11.20 Mock the Week 11.00 Lizard Lick Towing 1.00 Steve Austin's Broken Skull Challenge 2.00 Dave German: Modern Life is Goodish 3.00 Lizard Lick Towing 3.30 Renovation Redneck Road Trip 4.00 Home Shopping

DRAMA SKY 158 FV 20

7.20 The Pull 7.55 Pie in the Sky 9.00 The Mrs Bradley Mysteries 10.00 All Creatures Great and Small 11.00 Thin Air 1.00 Last of the Summer Wine 1.40 Waiting for God 2.20 Birds of a Feather 3.00 Room 4.00 The Mrs Bradley Mysteries 6.00 All Creatures Great and Small 6.00 Waiting for God 9.00 Last of the Summer Wine 7.20 Keeping Up Appearances 9.00 New Tricks 9.00 Life on Mars 10.00 Silent Witness 12.15 The Pull 1.10 Birds of a Feather 1.55 Pie in the Sky 2.45 Room 3.35 Garden Shopping 4.00 Home Shopping

SKY1 SKY 106

9.00 Hawaii Five-0 9.00 Monkey Life 9.00 It'll Be All the Dog 10.00 Nothing to Declare 11.00 Forever 12.40 NCIS: Los Angeles 1.00 Hawaii Five-0 3.06 NCIS: Los Angeles 4.00 Haven 5.00 Modern Family 6.00 Futurama 6.30 The Simpsons 9.30 Modern Family 9.00 Jamestown 10.00 Micky Flanagan: Thinking Aloud 11.00 A League of Their Own 11.00 The Blacklist: Redemption 1.00 Ross Kemp on Gangs 2.00 Red Cops: War on Crime 3.00 OC's Legends of Tomorrow

SKY ATLANTIC SKY 108

9.00 Urban Secrets 9.00 The West Wing 11.00 Cold Case 12.00 House 1.00 Blue Bloods 2.00 Richard E Grant's Hotel Secrets 3.00 The West Wing 5.00 Cold Case 6.00 House 7.00 Blue Bloods 9.00 The Trip to Spain 12.30 Dexter 1.30 Deadwood 3.30 Girls 4.00 The Guest Wing

W SKY 109

6.10 Judge Faith 7.00 My Dream Home 9.00 Four in a Bed 9.00 Road Cops 10.00 The Bill 11.00 Tipping Point 1.00 Hairy Bikers' Best of British 3.00 Four in a Bed 4.00 CSI: NY 6.00 Tipping Point 7.00 My Dream Home 8.00 Supernanny US 9.00 One Born Every Minute 10.00 EastEnders 10.40 Fifth Gear Destination Scotland 12.10 (15) 12.40 MasterChef Australia 1.40 Cold Case 2.25 Betty White's Off Their Rockers 3.00 Home Shopping

GOLD SKY. 110

9.00 My Hero 9.00 As Time Goes By 9.20 dinnerladies 10.00 Last of the Summer Wine 11.00 One Foot in the Grave 12.40 My Family 1.20 My Hero 2.00 Ever Decreasing Circles 2.40 dinnerladies 3.20 As Time Goes By 4.00 Last of the Summer Wine 6.00 My Family 6.40 One Foot in the Grave 7.20 Only Fools and Horses 9.00 Mrs Brown's Boys 9.40 Bottom 11.00 Bridget & Eamon 12.00 Spaced 1.15 Filthy, Rich and Catflap 2.40 Nighty Night 4.00 Home Shopping

SKY SPORTS 1 SKY 401

8.30 Live Super Rugby 10.30 Premier League Highlights 11.00 Premier League Legends 11.30 Football Gold 12.45 Premier League Legends 12.15 Premier League Highlights 12.45 Football Gold 12.55 Live Chinese Super League 2.55 Football Gold 3.00 Live Indian Premier League, 7.30 Live PRO12 Rugby Union, 10.00 Premier League Preview 11.30 Scottish Football Round-Up 12.45 Football Gold 12.00 The Fantasy Football Club 12.00 Scottish Football Round-Up 12.15 Football Gold 12.30 Premier League 100 Clubs 1.00 Premier League Preview 1.30 Scottish Football Round-Up 1.45 Football Gold 2.00 Premier League Years 4.00 Sporting Heroes: Gary Newbon Interviews Lennox Lewis 5.00 Premier League 100 Clubs

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Saturday May 20th

BBC1

DAYTIME

10 00 Saturday Kitchen Live (S) **11 30** Mary Berry's Absolute Favourites (S)(R) **12.00** Football Focus (S) **1 00** BBC News: Weather (S) **1 15** Bargain Hunt (S)(R) **2.15** Escape to the Country (S)(R) **3 15** FILM Wreck-It Ralph (2012) (PG) (S) **4.45** FILM Monsters University (2013) (U) (S) **6.20** BBC News (S) **6 30** BBC Regional News, Weather (S) **6.35** Pointless Celebrities (S)

7 **7.25** **Doctor Who** The Doctor intervenes when a deadly ancient biome is leaked onto the Internet (S)

8 **8.15** **Who Dares Wins** Game show in which strangers pair up to win money (S)

9 **9.00** **Casualty** Hugo runs away when he finds out his father is planning to take him back. (S)
9 50 **BBC News, Weather** (S) National Lottery Update (S)

10 **10.10** **Cilgne** New series. Drama, starring Synnove Karlsen. (S)
10 55 **Cilgne** Holly's suspicions grows as Georgia is drawn into the heart of the cilgne (S)

11 **11.40** FILM **Insomnia (2002) (15)** Christopher Nolan's thriller with Al Pacino and Robin Williams. (S)

AFTER 12 **1 35** **Weather for the Week Ahead** (S) **1.40** BBC News (S)

BBC2

8.10 FILM **Kismet (1955) (U)** (S) **10 00** **Homes Under the Hammer** (S)(R) **11 00** **Monty Halls' Great Irish Island Escape** (S)(R) **12.00** **Great British Menu** (S)(R) **1 00** **Hitchcock's Leading Actors. Talking Pictures** (S)(R) **1 30** FILM **North By Northwest (1959) (PG)** (S) **3.45** **Flog It!** (S)(R) **4.10** **Trust Me, I'm a Vet** (S)(R) **5.10** **Gardeners' World** (S)(R) **6 10** **Natural World** (S)(R)

7 **7.00** **Mexico: Earth's Festival of Life** Exploring the forests of the Yucatan Peninsula. (S)(R)

8 **8.00** **Yorkshire Wolds Way with Paul Rose** Part two of Ivan Paul Rose explores the national trail. (S)
8.30 **Dad's Army** Captain Mainwaring organises a dance. (S)(R)

9 **9.00** FILM **Philomena (2013) (12)** A disillusioned political journalist helps a woman find the child that was forcibly taken from her in the 1950s. Fact-based drama, with Judi Dench. (S)

10 **10 35** **QI XL** With Sarah Millican, Tommy Tiernan and Josh Widdicombe. (S)

11 **11.20** **Versailles** King Louis XIV's continued insomnia makes him increasingly volatile. (S)(R) Inside Versailles Kate. (S)(R)

AFTER 12 **12 20** FILM **Cabaret (1972) (15)** Oscar winning musical starring Liza Minnelli. (S) **2 20** This Is BBC Two (S)

ITV

6 00 CITV **8 25** ITV News (S) **8 30** **Weekend** (S) **9.25** **The Home Game** (S)(R) **10 20** **Judge Rinder** (S)(R) **11 15** **Tipping Point** (S)(R) **12.20** ITV News (S) **12.25** **Bipheads** (S)(R) **1 30** ITV **Racing: Live from Newbury** (S) **4.00** **Paul O'Grady: For the Love of Dogs** (S)(R) **4 30** **Catchphrase** (S)(R) **5.15** **Britain's Got More Talent** (S) **6.15** ITV **Regional News**: Weather (S) **6 25** ITV **News** (S) **6 45** **Take Me Out** (S)

7 **7.00** **The Restoration Man** George Clarke meets a man in Northumberland who plans to convert a Victorian railway station into a family home. (R)

8 **8.00** **Britain's Got Talent** The audition stage of the talent contest draws to a close. (S)

9 **9.20** **The Keith and Paddy Picture Show** (S)
9.50 FILM **Total Recall (1990) (15)** Sci-fi thriller starring Arnold Schwarzenegger and Rachel Ticotin. (S)

10 **10 50** ITV **News**: Weather (S)

11 **11.05** FILM **Total Recall (1990) (15)** Concluded. (S)

AFTER 12 **12 20** **Jackpot247 3 00** Who's Doing the Dishes? (S)(R) **3 00** ITV Nightscreen

Channel 4

6 15 Motor Sport: Mini Challenge (S) **6 45** **Mobil 1 The Grid** (S) **7 10** **Everybody Loves Raymond** (S)(R) **9.30** **Frasier** (S)(R) **10.00** **The Big Bang Theory** (S)(R) **11 25** **The Simpsons** (S)(R) **1.00** **Come Dine with Me** (S)(R) **3.35** **A Place in the Sun: Summer Sun** (S)(R) **4.35** **Big House, Little House** (S) **5 40** **Location, Location, Location** (S)(R) **6 35** **Channel 4 News** (S)

7 **7.00** **The Restoration Man** George Clarke meets a man in Northumberland who plans to convert a Victorian railway station into a family home (R)

8 **8 00** **Walks with My Dog: Bill Bailey** returns to his West Country roots for a walk on Exmoor (S)

9 **9.00** FILM **The Heat (2013) (15)** An ambitious FBI agent and an unconventional cop are forced to work together to bring a drug kingpin to justice. Action comedy with Sandra Bullock. (S)

10 **10 35** **Gogglebox** (S)

11 **11 25** FILM **Bullet to the Head (2012) (15)** Act on thriller with Sylvester Stallone, Sung Kang and Christian Slater (S)

AFTER 12 **1 05** **Ramsay's Kitchen Nightmares USA** (S)(R) **1 50** **Hollyoaks** (S)(R) **3.55** **Location, Location, Location** (S)(R) **4.50** **Shopping: Wars: UK** (S)(R) **5.15** **Fifteen to One** (S)(R)

Channel 5

6.00 **Milkshake! 9 50** **Ben and Holly's Little Kingdom** (S)(R) **10.00** **The Fairly OddParents** (S)(R) **10 35** **The Gadget Show** (S)(R) **11 30** **Police Interceptors** (S)(R) **2 30** **FIA Formula E Live: 2017 Paris ePrix**: The Paris ePrix. (S) **4.15** **The Nightmare Neighbour Next Door**: A Norwich man who hatched a plan to oust his noisy neighbours. (S)(R) **5 15** **Can't Pay? We'll Take It Away** (S)(R)

7 **7.10** **NCIS: Los Angeles** Kensi and Deeks go undercover (S)

8 **8 00** **NCIS** Gibbs is suspicious when a teenager foils a home invasion. (S)
8 55 **5 News Weekend** (S)

9 **9 00** **Most Shocking Celebrity Moments of the 80s** The most infamous TV moments of the 1980s. (S)(R)

10 **12 15** **SniperCasino 3 05** FILM **The New Daughter (2009) (15)** Horror starring Kevin Costner. (S) **4.50** **House Doctor** (S)(R) **5 15** **Wildlife SOS** (S)(R) **5 40** **Angels of Harm** (S)(R) **5 50** **Roary the Racing Car** (S)(R)

11 **11.50** **Football on 5: The Playoffs** Bradford City v Millwall (S)

AFTER 12 **12 15** **SniperCasino 3 05** FILM **The New Daughter (2009) (15)** Horror starring Kevin Costner. (S) **4.50** **House Doctor** (S)(R) **5 15** **Wildlife SOS** (S)(R) **5 40** **Angels of Harm** (S)(R) **5 50** **Roary the Racing Car** (S)(R)

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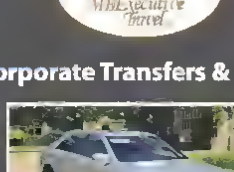
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DIGITAL

ITV2 SKY 118 FV 6

8 00 Nick Jonas: The Hot Desk **8.10** Emmerdale **8.35** Coronation Street **11.00** Britain's Got Talent **12.25** Britain's Got More Talent **1.30** Take Me Out **2.45** Take Me Out — The Gossip **3.40** You've Been Framed! Gold **4.15** FILM Mr Bean's Holiday (2007) (PG) Comedy starring Rowan Atkinson. **6.25** ITV Daily **6.30** FILM Mr Bean's Holiday (2007) (PG) Concluded. **8.05** FILM Step Up (2006) (PG) Concluded. **9.10** Scrapheap Challenge **9.20** Britain's Got More Talent **10.20** Celebrity Juice **11.20** Family Guy **12.45** American Dad **1.45** Through the Keyhole **2.35** Totally Bonkers Guinness World Records **3 00** Teleshopping

ITV3 SKY 119 FV 10

6.00 Judge Judy **6.20** Murder She Wrote **8.05** Sherlock Holmes: The Hound of the Baskervilles **10.20** FILM Columbo: Double Shock (1973) (U) Detective drama with Peter Falk and Martin Landau. **11.55** FILM Carry On Henry (1971) (PG) Comedy starring Sid James. **1.00** FYI Daily **1.05** FILM Carry On Henry (1971) (PG) Concluded. **1.45** A Touch of Frost **3.55** Lewis **5.45** Rosemary & Thyme **7 00** Midsomer Murders **9.00** Foyle's War **11.00** Law & Order: UK **2.05** ITV3 Nightscreen **2.20** Teleshopping

BBC4 SKY 116 FV 9

7 00 Saints and Sinners: Britain's Millennium of Monasteries. How monasteries shaped every aspect of medieval Britain. **8.00** Masters of the Pacific Coast: The Tribes of The American Northwest **9.00** Hinterland **10.30** Top of the Pops: 1983 **11.30** Easy Listening Hits at the BBC **12.40** Glen Campbell: The Rhinestone Cowboy **1.40** An Evening with Glen Campbell **3.00** Easy Listening Hits at the BBC **4.00** Close

E4 SKY 136 FV 26

8 00 How I Met Your Mother **8.30** The Goldbergs **8.20** Hollyoaks **9.30** Made in Chelsea **9.55** Mrs Brown's Boys **12.30** FILM Thirteen Ghosts (2004) (PG) Sci-fi adventure starring Gil Parrondo. **2.20** Rudebits: Tube Shorts **2.30** The Goldbergs **5.00** The Big Bang Theory **8.00** FILM Limitless (2011) (15) Sci-fi thriller starring Bradley Cooper and Robert De Niro. **11.00** Gogglebox **1.10** Rude Tube **2.15** Marvel's Agents of SHIELD **3.00** How I Met Your Mother **3.30** Charmed

MORE4 SKY 138 FV 14

8.55 Come Dine with Me **11.35** Location, Location, Location **12.40** Coast vs Country **1.40** Four in a Bed **4.20** Come Dine with Me **8.05** Nazi Megastructures **8.00** Hitler: The Rise and Fall **8.00** Hitler's Finishing Expert: Hermann Göring **10 00** The World's Most Extreme **11.10** 5 Out of 10 Cats Does Countdown **12.15** Fifteen to One **1.25** Nazi Megastructures **2.20** Hitler: The Rise and Fall **3.20** 8 Out of 10 Cats **4.00** Close

FILM4 SKY 315 FV 15

11 00 The Quick Gun (1964) (PG) Western, starring Audie Murphy. **1.00** Just Wright (2010) (PG) Romantic comedy starring Queen Latifah and Common. **3.00** Spy Kids 4: All the Time in the World (2011) (PG) Family adventure, starring Jessica Alba. **4.45** The Four Musketeers (1974) (PG) Swashbuckling adventure, sequel starring Oliver Reed. **8.55** One Day (2011) (12) Romantic drama with Anne Hathaway and Jim Sturgess. **9.00** Non-Stop (2014) (12) Action thriller starring Liam Neeson. **10 05** Ouija (2014) (15) Horror starring Olivia Cooke. **12.50** The Sweatbox Club (1945) (15) **2.55** Close

OAVE SKY 111 FV 12

8.00 Home Shopping **7 10** Lionel Lick Training **8.00** Top Gear **8.00** Dara O Briain's Go 8 Bit **10 00** Go 8 Bit: DLC **10 30** Top Gear **12.20** Traffic Cops **1.00** Sin City Motors **3.00** Cops UK: Bodycam Squad **6.00** Top Gear **7 00** Traffic Cops **8.00** Cops UK: Bodycam Squad **9 30** Have I Got a Flat More Old News for You **10 00** FILM The Outlaw Josey Wales (1976) (18) Western, directed by and starring Clint Eastwood. **12.40** Room 101 **2.00** Dave Gorman: Modern Life is Goodish **2.55** Have I Got a Pill More Old News for You **4.00** Home Shopping

ORAMA SKY 168 FV 20

7.00 Secret Army **12.00** Sharpe's **1.00** Secret Army **6.00** Open All Hours **7 00** Hetty Wainthropp Investigates **8.00** Miss Fisher's Murder Mysteries **9.00** Taggart **11.00** Walking the Dead **1.10** Hetty Wainthropp Investigates **2.15** Sharpe **3.00** Home Shopping

SKY1 SKY 106

8.00 Ashley Banjo's Secret Street Crew **7 00** Wild Things **8 00** Monkey Business **8.30** Game Changers **9.00** The Fantasy Football Club **10.00** Soccer AM **11.45** Football Gold **12.00** Futurama **2.30** Modern Family **3.00** Supergirl **8.00** The Flash **7 00** MacGyver **8.00** Inside the Freemasons **8.00** Micky Flanagan: Thinking Aloud **10.00** Jamestown **12.00** NCIS: Los Angeles **12.00** Ross Kemp on Gangs **3.00** The Five **4.00** Strip Search: Solze **5.00** Zoo Tales

SKY ATLANTIC SKY 108

8.00 Urban Secrets **9.00** The West Wing **2.00** Cold Case **4.00** House **6.00** FILM: Dinosaur 13 (2014) (PG) The true story of one of history's greatest dinosaur discoveries. **8.00** Blue Bloods **9.00** Game of Thrones **10 00** Risky Drinking **11.40** Last Week Tonight with John Oliver **12.10** Real Time with Bill Maher **1.25** The Sopranos **3.30** Girls **4.40** Storm City

W SKY 109

8.10 Judge Rinder **7.00** Extreme Makeover: Home Edition **8.00** The Wall **1.00** EastEnders **3.30** Tom Kerridge's Best Ever Dishes **4.00** Supernanny US **5.00** My Family **8.00** John Bishop: In Conversation with Anna Friel **8.00** FILM: The Dukes of Hazzard (2005) (12) Comedy starring Seann William Scott and Johnny Knoxville **11.10** Inside the Ambulance **12.20** Motorway Cops **1.20** Grimm **2.20** Code Black **3.00** Home Shopping

GOLD SKY 110

7.10 Yes, Prime Minister **7.45** The Two Ronnies **8.20** One Foot in the Grave **11.20** Last of the Summer Wine **12.40** Only Fools and Horses **6.00** The Royle Family **11.00** Black Books **12.00** Dylan Moran: Like Totally **1.55** Filthy, Rich and Catflap **2.40** Mighty Night **4.00** Home Shopping

SKY SPORTS 1 SKY 401

8.00 Football Gold **7 00** Premier League World **7.30** Premier League Preview **8 00** Game Changers **8.30** Scottish Football Round-Up **9.45** Football Gold **9.00** The Fantasy Football Club **10 00** Soccer AM **12.45** Football Gold **12.00** Premier League Preview **12.30** Scottish Football Round-Up **12.45** Football Gold **1.00** Premier League 100 Club **2.00** Live League One Play-Off Final: Bradford City v Millwall (kick-off 3.00pm) **6.30** Premier League World **8.00** Live FIRA12 Rugby Union: Munster v Ospreys (kick-off 6.15pm) **8.30** Premier League Preview **9.00** League One Play-Off Final **10.00** Premier League Legends **11 00** Premier League 100 Club **12.00** League One Play-Off Final **1.00** Premier League Legends **2.00** League One Play-Off Final **3.00** Premier League 100 Club **4.00** League One Play-Off Final **5.00** Premier League 100 Club **6.30** Spanish Football Gold

Sunday May 21st

BBC1

DAYTIME

5.00 The Andrew Marr Show (S) **10.00 The Big Questions** (S) **11.00 Sunday Politics** (S) **12.15 Bargain Hunt** (S)(R) **1.00 BBC News** (S) **1.15 Money for Nothing** (S)(R) **2.00 Escape to the Country** (S)(R) **3.00 Shop Wall for Less?** (S)(R) **4.00 Lifeline** (S) **4.10 Points of View** (S) **4.25 Songs of Praise** (S) **5.00 RHS Chelsea Flower Show 2017** (S) **6.00 BBC News** (S) **6.20 News** (S) **6.30 Countryfile** (S)

7 **7.30 Antiques Roadshow** Fiona Bruce presents a second show from Ightham Mote near Sevenoaks. (S)

8 **8.30 Inspector George Gently** The detective puts his career on the line when he reopens the case of a woman convicted of killing her husband. (S)

9 **9.00 Dara and Ed's Road to Mandalay** Dara O Briain and Ed Byrne ride from Myanmar. Last in the series (S)

10 **10.00 BBC News** (S) **10.20 BBC Regional News, Weather 10.30 Match of the Day** Gary Lineker presents highlights of the final day of the Premier League season. (S)

11

AFTER 12 **12.15 Murder in Successville** (S) **12.45 The Women's Football Show** (S) **1.20 Weather for the Week Ahead** (S) **1.25 BBC News** (S)

BBC2

5.35 The Beechgrove Garden (S) **6.05 Countryfile** (S)(R) **10.00 Saturday Kitchen Best Bites** (S) **11.30 Great British Menu** (S)(R) **1.00 NW200 Highlights** (S) **2.00 FILM None But the Brave (1965) (PG)** (S) **3.45 Galapagos – Islands of Change: Natural World** (S)(R) **4.30 Final Score** (S) **5.30 Flog It!** (S)(R) **6.00 Inside the Factory: How Our Favourite Foods Are Made** (S)(R)

7 **7.00 Dragons' Den** Evan Davis presents the business ideas contest. (S)(R)

8 **8.00 Mexico: Earth's Festival of Life** The deserts of Mexico's northern region. Last in the series (S)

9 **9.00 Dara and Ed's Road to Mandalay** Dara O Briain and Ed Byrne arrive in Kyaiktiyo Pagoda. Last in the series (S)

10 **10.00 FILM The Homesman (2014) (15)** Premiere. Western. Directed by and starring Tommy Lee Jones, with Hilary Swank. (S)

11 **11.55 FILM Love Is All You Need (2012) (15)** Romantic drama, with Pierce Brosnan and Trine Dyrholm. (S)

AFTER 12 **1.45 Sign Zone: Question Time** (S)(R) **2.45 Holby City** (S)(R) **3.45 This is BBC Two** (S)

ITV

6.00 CITV 6.25 ITV News (S) **8.30 Weekend** (S) **9.25 Countrywise** (S)(R) **10.00 Peston on Sunday** (S) **11.00 Judge Rinder** (S)(R) **12.00 ITV News:** Weather (S) **12.05 Tipping Point** (S)(R) **1.05 Who's Doing the Dishes?** (S)(R) **2.05 The Chase** (S)(R) **3.05 Britain's Got Talent** (S)(R) **4.20 FILM The Man with the Golden Gun (1974) (PG)** (S) **6.40 ITV Regional News**; Weather (S) **6.45 ITV News** (S)

7 **7.00 Bighead** Jason Manford hosts the game show. (S)

8 **8.00 The Durrells** Hugh organises a cricket match between Greek and English teams. (S)

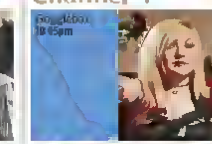
9 **9.00 Grantchester** Sidney joins a travellers' community as he struggles to put his past life in Grantchester behind him, but finds himself accused of murder and in need of Geordie's help. (S)

10 **10.00 ITV News**; Weather (S) **10.20 Peston on Sunday** Political magazine, presented by Robert Peston. Allegra Stratton presents a guide to the latest issues on social media. (S)(R)

11 **11.20 Premiership Rugby Union** Highlights of the semi-finals.

AFTER 12 **12.15 Lethal Weapon** (S)(R) **1.00** Jackpot 247 **3.00** Motorsport UK (S) **3.50 ITV Nightscreen 5.05** The Jeremy Kyle Show (S)(R)

Channel 4



6.10 Motor Sport: Caterham (S) **8.40 European Taekwondo Championships** (S) **7.35 Everybody Loves Raymond** (S)(R) **8.30 Frasier** (S)(R) **9.30 Sunday Brunch** (S) **12.30 Eat the Week** (S) **1.30 The Simpsons** (S)(R) **2.00 FILM Dr Dolittle 2 (2001) (PG)** Comedy sequel, starring Eddie Murphy. (S) **3.50 FILM Robin Hood (1973) (U)** (S) **5.30 George Clarke's Old House New Home** (S)(R) **6.30 Channel 4 News** (S)

7 **7.00 Flat Pack Mansions** Documentary following people who are building huge luxury houses out of prefabricated materials. (S)

8 **8.00 Cabins in the Wild with Dick Strawbridge** New series. Eight teams transform cabins across Wales into luxury tourist accommodation. (S)

9 **9.00 The Trial: A Murder in the Family** New series. Drama documentary in which a fictional murder case is tried in a real court. Continues tomorrow. (S)

10 **10.05 Gogglebox** The households' opinions on recent TV. (S)(R)

11 **11.00 FILM Bad Teacher (2011) (15)** Comedy with Cameron Diaz and Justin Timberlake. (S)

AFTER 12 **12.50 Millionaires' Mansions. Designing Britain's Most Exclusive Homes** (S)(R) **1.45 The Last Leg** (S)(R) **2.00 Local on Location**: Location (S)(R) **3.35 Selling Houses with Amanda Lamb** (S) **4.30 Jamie's Comfort Food Bites** (S)(R)

Channel 5

6.00 Milkshake! 9.55 The Family OddReents (S)(R) **10.30 Dogs Make You Laugh Out Loud** (S)(R) **10.55 Police Interceptors** (S)(R) **12.55 FILM Fletch Lives (1989) (PG)** Comedy sequel, starring Chevy Chase. (S) **2.45 FILM Willow (1988) (RG)** Fantasy adventure, starring Warwick Davis. (S) **5.10 FILM Labyrinth (1986) (U)** (S) **5.30** Fantasy adventure, starring Jennifer Connelly and David Bowie. (S)

7 **7.05 FILM Walking on Sunshine (2014) (12)** Premiere. Musical comedy featuring 1980s pop songs, with Hannah Arterton and Greg Wise. (S)

8 **8.55 5 News Weekend** (S)

9 **9.00 Greatest 80s Movies** Ronni Ancona narrates a countdown of viewers' favourite films from the decade. (S)(R)

10

11 **11.55 FILM Highlander (1986) (15)** Fantasy action adventure with Christopher Lambert and Sean Connery. (S)

AFTER 12 **2.00 SuperCasino 3.10** Top 20 Funniest (S)(R) **4.00 Criminals: Caught on Camera** (S)(R) **4.50 House Doctor** (S)(R) **5.15 Wildlife SOS** (S)(R) **5.40 Angels of Harm** (S)(R) **5.50 Keary Inc Racing Car** (S)(R)

DIGITAL

ITV2 SKY. 118 FV: 8

6.00 Fleur East: The Hot Desk **6.10** You've Been Framed! Gold **6.30** Emmerdale **9.10** Coronation Street **11.40** Take Me Out **1.00** FILM A Cinderella Story (2004) (PG) Romantic comedy, starring Hilary Duff and Chad Michael Murray. **2.00** FYI Daily **2.05** FILM A Cinderella Story (2004) (PG) Concluded. **3.05** FILM Space Chimps (2008) (U) Animated sci-fi comedy, with the voice of Andy Samberg. **4.05** FYI Daily **4.10** FILM Space Chimps (2008) (U) Concluded. **4.40** Britain's Got Talent **5.55** Britain's Got More Talent **6.55** FILM Red Riding Hood (2011) (12) Fantasy, starring Amanda Seyfried. **7.55** FYI Daily **8.00** FILM Red Riding Hood (2011) (12) Concluded. **9.00** Take Me Out – The Gossip **10.00** Family Guy **11.30** Americrin Dad! **11.25** The Cleveland Show **1.25** Through the Keyhole **2.15** Alasha Olson: The Hot Desk **2.25** Teleshopping **5.55** ITV2 Nightscreen

ITV3 SKY. 119 FV: 10

6.00 FILM Carry On Henry (1971) (PG) **7.00** FYI Daily **7.05** FILM Carry On Henry (1971) (PG) Concluded. **7.35** Heartbeat **9.40** Miridan: She Wrote **11.50** FILM Calamity: The Greenhenge Jungle (1972) (PG) Detective drama, starring Peter Falk. **1.20** A Touch of Frost **3.40** Foyle's War **5.00** Midsomer Murders **8.00** Royal Stones **9.00** The Queen's Garden **10.00** Law & Order: UK **11.05** Wire in the Blood **3.20** May the Best House Win **5.05** In Loving Memory **5.55** ITV3 Nightscreen

BBC4 SKY. 116 FV: 9

7.00 The Birth of British Music **8.00** Timeshift. The Last Days of Steam: Why hundreds of steam-powered trains were built in Britain between 1948 and 1960, even though governments around the world were investing in electric tracks and diesel. **9.00** Tutankhamun: The Truth Uncovered. Dallas Campbell reveals new scientific research and meets the man who first found the pharaoh's death mask. **10.00** Decoding DNA: analysis and a CT scan of his mummified body. **10.00** Arena: American Epic. **11.00** Country at the BBC. **12.00** The Secret Horse: Quest for the True Apalaoosa. **1.00** Burma: My Father and the Forgotten Army. **2.00** Horizon: Man on Mars – Mission to the Red Planet. **3.00** Tutankhamun: The Truth Uncovered. **4.00** Close

E4 SKY. 136 FV. 28

6.00 Couples Come Dine with Me **7.00** Hollyoaks **10.30** Made in Chelsea **11.35** The Goldbergs **1.30** Black-ish **2.00** Baby Daddy **2.30** Kevan Can Wait **3.00** Brooklyn Nine-Nine **3.25** The Big Bang Theory **6.45** FILM The Three Musketeers (2011) (12) Swashbuckling adventure, starring Logan Lerman. **9.00** Marvel's Agents of SHIELD **10.00** Rude Tube **11.00** 8 Out of 10 Cats **11.00** Tattoo Fixers on Holiday **2.00** Marvel's Agents of SHIELD **2.45** Rude Tube **3.10** New Girl **3.30** Hollyoaks

MORE4 SKY. 138 FV: 14

6.55 Coast vs Country **9.55** Selling Houses with Amanda Lamb **11.00** Grand Designs: New Zealand **12.05** Come Dine with Me **2.40** Four in a Bed **5.20** Come Dine with Me **8.00** The Secret Life of the Zoo **9.00** Father Ted **10.05** Greg Davies: The Back of My Mum's Head **11.10** Catastrophe **12.20** Ramsay's Kitchen Nightmares USA **2.10** 8 Out of 10 Cats: Best Bits **3.10** 8 Out of 10 Cats **4.00** Close

FILM4 SKY. 315 FV: 18

11.00 Quadricalanad Diary (1983) (PG) Second World War drama, starring Preston Foster. **1.00** Diary of a Wimpy Kid (2010) (PG) Family comedy, starring Zachary Gordon. **2.50** Time Bandits (1981) (PG) Fantasy comedy, starring Craig Warnock and David Rappaport. **3.05** Johnny English (2003) (PG) Spy comedy, starring Rowan Atkinson. **5.45** Shallow Hal (2001) (12) Comedy, starring Gwyneth Paltrow and Jack Black. **9.00** The Ghoulish (2015) (15) Crime drama, starring Sean Pertwee and Idris Elba. **11.15** Rush (2013) (15) Fact-based motor racing drama, with Chris Hemsworth and Daniel Brühl. **1.30** Love & Other Drugs (2010) (15) Romantic comedy drama, with Jake Gyllenhaal and Anne Hathaway. **3.50** Close

DAVE SKY. 111 FV: 12

10.00 Steve Austin's Broken Skull Challenge **11.00** Traffic Cops **12.00** Motorway Cops **1.00** Deadly 60 **2.30** Top Gear **4.30** Devil's Rejects Go 8 Bit **5.30** Gas Bit: DLC **6.00** Top Gear **7.00** Motorway Cops **8.00** Traffic Cops **9.00** QI XL **10.00** Unspun with Matt Forde **10.30** Would I Lie to You? **11.30** Taskmaster **11.10** Live at the Apollo **1.10** Room 101 **2.20** QI XL **3.10** World I Lie to You? **4.00** Home Shopping

DRAMA SKY. 158 FV: 20

7.00 A Fine Romance **7.25** The Bill **11.10** Deadline Gallipoli **9.40** Catherine Cookson's The Round Tower **8.40** Call the Midwife **9.00** The Red Tent **9.00** Silent Witness **11.25** Spooks **1.30** Call the Midwife **2.45** The Red Tent **4.00** Home Shopping

SKY1 SKY. 106

6.00 Mons of Fewar **7.00** Modern Family **8.20** Futurama **9.00** Supergirl **10.00** The Flash **11.00** WWE Raw Hits **12.00** King Arthur: Legend Of The Sword-Special **12.30** Modern Family **2.00** Odette Spicer Special **6.00** The Simpsons **8.00** Rugby's Funniest Moments **9.00** Hawaii Five-0 **10.00** NCIS: Los Angeles **11.00** MacGyver **11.00** The Blacklist: Redemption **1.00** Ross Kemp on Gangs **2.00** A Row **3.00** The Five **4.00** Step Search: Seize **5.00** Zoo Tales

SKY ATLANTIC SKY 108

6.00 Urban Secrets **7.00** The British **8.00** The West Wing **1.00** House **3.00** Line Bloods **9.00** A Girl in the River: The Price of Forgiveness **10.00** Real Time with Bill Maher **11.10** Vice: **11.45** Greenville **12.50** Westworld **2.00** Twin Peaks: The Return **4.20** Storm City

W SKY 109

6.00 Judge Rinder **8.00** Bond: Rescue **7.20** My Dream Home **8.20** Celeb by MasterChef **1.00** Doctor Who **3.00** My Family **5.00** Onlinumbered **7.00** One Born Every Minute **8.00** Dr. Christian Will See You Now **9.00** John Bishop: In Conversation with Anna Friel **10.00** Ordinary Lies **11.30** Louis Theroux's LA Stories **11.30** Grimm **1.30** Code Black **2.10** Ben Earl: Think Artist **3.00** Home Shopping

GOLD SKY 110

7.00 The Pelgar Files **7.25** Yes, Prime Minister **8.00** The Two Ronnies **8.50** One Foot in the Grave **10.20** Only Fools and Horses **9.00** The Royle Family **11.00** I'm Alan Partridge **12.20** The Think of It **1.00** The League of Gentlemen **1.40** Filthy, Rich and Catflap **2.25** Nighty Night **3.30** I'm Alan Partridge **4.00** Home Shopping

SKY SPORTS 1 SKY. 401

6.00 Football Gold **7.00** Premier League Legends **8.00** League One Play-Off Final **9.00** The Sunday Supplement **10.30** Goals on Sunday **12.30** Football Gold **1.30** Premier League Legends **2.00** Live Nissan Super Sunday: A match from the final day of the Premier League season (kick-off 3.00pm). **6.00** Sky Sports Tonight **6.00** Premier League Legends **6.30** Nissan Game of the Day **10.30** Nissan Match Choice **11.30** Premier League Highlights

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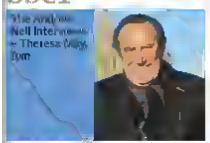
Monday May 22nd

DAYTIME

BBC1



11 00 A.L. Britain's Longest Road (S) 11 45 Close Calls On Camera (S) 12 15 Bargain Hunt (S) 1 00 BBC News (S) 1 30 News (S) 1.45 Doctors (S) 2 15 Impossible (S) 3.00 Escape to the Country (S)(R) 3.45 RHS Chelsea Flower Show 2017 (S) 4 30 Put Your Money Where Your Mouth Is (S)(R) 5 15 Pointless (S) 6.00 BBC News (S) 6.30 BBC Regional News (S) 6.55 Party Election Broadcast (S)

7 00 The Andrew Neil Interviews – Theresa May (S)
7 30 RHS Chelsea Flower Show 2017 (S) BBC News Regional News (S)

8.00 EastEnders Shirley opens up to Whitney about forging Mick's signature (S)
8.30 Would I Lie to You? With Richard Hammond. (S)(R)

9 00 Doctor in the House Dr Rangan Chatterjee helps a woman with severe anxiety who relies on antidepressants and alcohol and also spends time with a man battling debilitating exhaustion.

10.00 BBC News at Ten (S)
10 30 BBC Regional News and Weather (S)
10 45 Have I Got a Bit More News for You Frankie Boyle hosts (S)

11.25 The Graham Norton Show With Nicole Kidman, Keith Urban, Alan Cumming and Sheryl Crow (S)(R)

AFTER 12

12.15 Weather for the Week Ahead (S) 12 20 BBC News (S)

BBC2

6.00 Sign Zone: Antiques Roadshow (S)(R) 9.00 Victoria Derbyshire 11.00 BBC Newsroom Live (S) 12.00 Daily Politics (S) 1.00 Two Tribes (S)(R) 1 30 Channel Patrol (S)(R) 2 15 Red Rock (S)(R) 3.00 Hairy Bikers' Best of British (S)(R) 3.45 Coming Home. Alex Jones (S) 4.15 Greece with Simon Reeve (S)(R) 5 15 Antiques Road Trip (S)(R) 6 00 Debatable (S) 6.45 Celebrity Eggheads (S)

7 00 Great British Menu The North East chefs prepare their starters. (S)

8.00 RHS Chelsea Flower Show 2017 Monty Don and Joe Swift share their first thoughts on the show gardens at the annual horticultural event (S)

9.00 The Fifteen Billion Pound Railway: The Final Countdown Part one of two. Return of the documentary about the construction of the Crossrail train line. (S)

10 00 Detectorists A male leaks information to a rival metal-detecting club. (S)
10 30 Newsnight (S)

11 10 Weather (S)
11 15 Morocco to Timbuktu: An Arabian Adventure (S)(R)

12.15 Sign Zone: MasterChef: The Finals (S)(R) 1.15 Countryfile (S)(R) 2 10 Amazing Hotels: Life Beyond the Lobby (S)(R) 3 10 This Is BBC Two (S)

ITV

6 00 Good Morning Britain (S) 8.30 Lorraine (S) 9.25 The Jeremy Kyle Show (S) 10 30 This Morning (S) 12.30 Loose Women (S) 1.30 ITV Lunchtime News (S) 1 55 ITV Regional News (S) 2.00 Dickinson's Real Deal (S) 3.00 Masterpiece with Alan Titchmarsh (S) 3 55 ITV Regional Weather (S) 4.00 Tipping Point (S) 5 00 Babushka (S) 6 00 ITV Regional News (S) 6.30 ITV News (S)

7 00 Emmerdale Tracy decides to accept the consequences of her actions. (S)
7.30 Coronation Street Adam kidnaps Daniel (S)

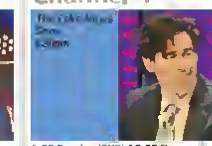
8 00 Britain As Seen on ITV Clips celebrating things that the nation is famous for around the world. (S)(R)
8 30 Coronation Street (S)

9.00 Prince Philip: 70 Years of Service Alan Titchmarsh looks back on the life of the longest-serving consort in British history. (S)

11.00 ITV News: Weather (S)
11.40 ITV Regional News, Weather (S)
11.50 Don't Ask Me Ask Britain Interactive comedy game show hosted by Alexander Armstrong. (S)(R)

11.50 The Chase Quiz show hosted by Bradley Walsh (S)(R)

Channel 4



6 05 Pinsir (S)(R) 10 05 Ramsay's Hotel Hell (S)(R) 11.00 A Place in the Sun: Winter Sun (S)(R) 12 00 Channel 4 News (S) 12 05 Couple: Come Dine with Me (S)(R) 1.05 Posh Pawnbrokers (S)(R) 2.10 Countdown (S) 3 00 Fifteen to One (S) 4 00 Coast vs Country (S) 5.00 Four in a Bed (S) 5.30 Come Dine with Me (S)(R) 6 00 The Simpsons (S)(R) 6.30 Hollyoaks (S)

7.00 Channel 4 News (S)
7 55 Party Election Broadcast Political broadcast. (S)

8 00 Food Unwrapped Matt Tebbutt learns about a hi-tech method of extending the shelf-life of herbs. (S)
8 30 The Fake News Show (S)

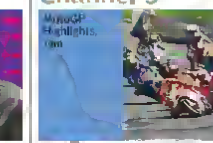
9 00 The Trial: A Murder in the Family The trial continues with key evidence from Carla and Simon's friends. Continues tomorrow. (S)

10.00 Loaded Josh sets out to save his parents' marriage. (S)
10.50 5 Del of 10 Cats Does Countdown Jimmy Carr hosts. (S)(R)

11.55 Shut-Ins: Britain's Fattest Woman A morbidly obese woman who underwent surgery to lose weight. (S)(R)

12.50 Never Seen a Doctor (S)(R) 1.45 The Wild Weekenders (S)(R) 2 40 Location, Location, Location (S)(R) 3 35 Building the Dream (S) 4.30 Shipping Wars: UK (S)(R) 4.55 James's Comfort Food (S)(R) 5 05 World's Most Expensive Cars (S)(R)

Channel 5



6.00 Milkshake! 9 15 The Wright Stuff 11.15 The Hotel Inspector (S)(R) 12 10 5 News Lunchtime (S) 12.15 Can't Pay? We'll Take It Away (S)(R) 1.10 Access (S) 1.15 Home and Away (S) 1.45 Neighbours (S) 2 15 NCIS (S)(R) 3.10 FILM Missing Daughter (2012) (PG) (S) 5 00 5 News at 5 (S) 5.30 Neighbours (S)(R) 6 00 Home and Away (S)(R) 6.30 5 News Tonight (S) 6 00 Party Election Broadcast (S)

7.00 MotoGP Highlights The Grand Prix of France. Action from the Bugatti Circuit at the Circuit de la Sarthe (S) 5 News Update (S)

8.00 Police Interceptors Jim and the team take to the road to spring a trap on suspected drug dealers (S) 5 News Update (S)

9.00 Inside the Gang: Girl Gangstas Female gang members speak about their experiences. Last in the series. (S)

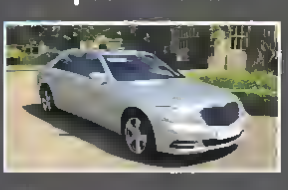
10 00 FILM Django Unchained (2012) (18) Quentin Tarantino's Western, starring Jamie Foxx and Christoph Waltz, including 5 News Update at 11pm. (S)

AFTER 12

1.10 SuperCasino 3.10 Top 20 Funniest (S) 4.00 Britain's Greatest Bridges (S)(R) 4.45 House Doctor (S)(R) 5.10 HouseBusters (S)(R) 5.35 Wildlife SOS (S)(R)

MBE Executive Travel

Special Events



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DIGITAL

ITV2 SKY 118 FV 6
6.00 Vinky Pattison The Hot Desk 6.10 You've Been Framed! Gold 8.35 Below Deck 9.20 The Ellen DeGeneres Show 8.00 Emmerdale 8.30 Coronation Street 9.35 Scorp on 10.25 Below Deck 11.20 Who's Doing the Dishes? 12.25 Emmerdale 12.55 Coronation Street 2.00 The Ellen DeGeneres Show 2.50 The Jeremy Kyle Show 5.00 Judge Rinder 6.00 You've Been Framed! Gold 6.00 Two and a Half Men 6.00 Family Guy 8.30 The Great Indoors 10.30 American Dad! 11.30 Family Guy 12.30 American Dad! 12.55 The Cleveland Show 1.50 The Great Indoors 2.20 Teleshopping 4.00 ITV2 Nightscreen

ITV3 SKY 118 FV 10
6.00 In Loving Memory 6.25 Heartbeat 7.25 Where the Heart Is 8.25 Wild at Heart 9.25 Judge Judy 10.00 Rosie Jones 11.00 The Return of Sherlock Holmes 1.00 Heartbeat 2.00 The Royal 3.05 Wild at Heart 4.10 On the Buses 5.20 In Loving Memory 5.50 Heartbeat 7.00 Minder She Wrote 8.00 Don Martin 9.00 Rosemary & Thyme 10.00 Law & Order: UK 11.00 The Street 12.20 The Return of Sherlock Holmes 1.20 The Knick 2.20 ITV3 Nightscreen 2.30 Teleshopping

BBC4 SKY 116 FV 9
7.00 100 Days+ Weather 7.30 Great British Railway Journeys 8.00 Mud, Sweat and Tractors: The Story of Agriculture 9.00 The Riviera: A History in Pictures 10.00 Francesco's Italy Top to Toe 11.00 Mothers: Monsters and Mistresses: Empresses of Ancient Rome 12.00 Greek Myths: Tales of Travelling Heroes 1.30 Timeshift: The Last Days of Steam 2.30 The Code of Life: Great Scientists in Their Own Words 3.30 Close

E4 SKY 136 FV 28
6.00 Rules of Engagement 9.55 Mobase & Joey 10.00 Baby Daddy 11.00 How I Met Your Mother 12.00 New Girl 1.00 Brooklyn Nine-Nine 2.00 The Big Bang Theory 3.00 How I Met Your Mother 4.00 Brooklyn Nine-Nine 5.00 New Girl 6.00 The Big Bang Theory 7.00 Hollyoaks 7.30 Baby Daddy 8.00 The Big Bang Theory 9.00 Made in Chelsea 10.00 Empire 11.00 The Big Bang Theory 12.00 Taste the Fixers on Holiday 1.05 Gogglebox 2.10 Made in Chelsea 3.00 Empire 3.50 New Girl 4.10 Rules of Engagement 4.55 Mobase & Joey

MDRE4 SKY 136 FV 14
6.00 A Place in the Sun: Winter Sun 8.00 Grand Designs 10.50 Four in a Bed 1.40 A Place in the Sun: Winter Sun 3.40 Time Team 5.50 Vet on the Hill 6.55 The Secret Life of 4 Year Olds 7.55 Grand Designs 8.00 The Great Wall of China: The Hidden Story - Secret History 10.00 24 Hours in A&E 11.00 999: What's Your Emergency? 12.00 Ramsay's Kitchen Nightmares USA 1.05 24 Hours in A&E 2.10 999: What's Your Emergency? 3.10 8 Out of 10 Cats 3.55 Close

FILM4 SKY 315 FV 15
11.00 Face of a Fugitive (1959) (U) 12.40 Salome (1953) (PG) 2.45 Destry Rides Again (1939) (U) 4.35 The Riddle of the Sands (1979) (PG) 6.30 The Secret Life of Walter Mitty (2013) (PG) 8.00 Russell Crowe (1996) (15) 11.10 The Station (2011) (15) 12.45 The Treatment (2014) (18) 2.20 Close

DAVE SKY 111 FV 12
6.00 Home Shopping 7.00 Scrapheap Challenge 8.00 American Pickers 9.00 Storage Hunters UK 10.00 American Pickers 12.00 Lizard Lick Towing 1.00 Top Gear 3.00 Sin City Motors 4.00 Steve Austin's Broken Skull Challenge 5.00 Top Gear 6.00 Dave Gorman: Modern Life is Goodish 9.00 Live at the Apollo 10.00 Dara Ó Briain's Go 8 Bit 11.00 Go 8 Bit: OLC 11.30 Mock the Week 12.10 Steve Austin's Broken Skull Challenge 1.00 Dara Ó Briain's Go 8 Bit 2.10 Dave Gorman: Modern Life is Goodish 3.00 Go 8 Bit: OLC 3.20 Lizard Link Towing 4.00 Home Shopping

DRAMA SKY 158 FV 20
7.10 The Agatha Christie Hour 8.00 Pie in the Sky 9.00 Masters of the Glen 10.00 All Creatures Great and Small 11.00 The Bill 1.00 Last of the Summer Wine 2.20 A Bride of a Feather 3.00 Bron 4.00 Monarch of the Glen 8.00 All Creatures Great and Small 9.00 Waiting for God 0.40 Last of the Summer Wine 7.20 Keeping Up Appearances 8.00 New Tricks 9.00 Death in Paradise 10.00 Silent Witness 12.20 The Bill 1.20 A Bride of a Feather 2.00 Pie in the Sky 4.00 Home Shopping

SKY1 SKY 106
6.00 Hawaii Five-0 8.00 Monkey Life 8.00 More Monsters with David Attenborough 10.00 Nothing to Declare 11.00 Forever 12.00 NCIS: Los Angeles 1.00 Hawaii Five-0 3.00 NCIS: Los Angeles 4.00 Haven 5.00 Modern Family 9.00 Fritunare 6.30 The Simpsons 8.00 Fairtrolle Funniest Moments 10.00 A League of Their Own US: Road Trip 11.00 Ross Kemp: Extreme World 1.00 Brit Cops: War on Crime 2.00 Brit Cops: Law & Disorder 3.00 DC's Legends of Tomorrow 4.00 Got to Dance: Best Of 5.00 Road Wars

SKY ATLANTIC SKY 108
8.00 The Brit Show 9.00 The West Wing 11.00 Cold Case 12.00 House 1.00 Blue Bloods 3.00 Networks of Power with Sir Christopher Meyer 5.00 Cold Case 6.00 House 7.00 Blue Bloods 9.00 David Attenborough's Wild City 8.00 Game of Thrones 10.10 Silicon Valley 10.45 Last Week Tonight with John Oliver 11.20 Real Time with Bill Maher 12.30 Film: Tales of the Grim Sleeper (2014) (15) 2.30 The Borgias 3.30 Girls 4.05 Fresh Meat

W SKY 109
8.00 Judge Faith 7.00 My Dream Home 8.00 Four in a Bed 9.00 Road Cops 10.00 The Bill 11.00 Tipping Point 1.00 Hairy Bikers' Best of British 3.00 Four in a Bed 4.00 CSI: NY 6.00 Tipping Point 7.00 My Dream Home 8.00 Supernanny US 9.00 Bizarre Sex Crimes and Britains Slave Driver Investigates 10.00 EastEnders 10.40 Dr Christian Will Sex Ruin Now 11.40 Russell Howard's Good News 12.20 Master Chef Australia 1.30 Grimm 2.15 Cafe Black 3.00 Home Shopping

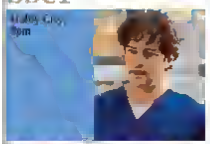
GOLD SKY 110
7.00 The Piglet Files 7.25 Ever Decreasing Circles 8.00 My Hero 8.40 As Time Goes By 9.20 dinnerladies 10.00 The Piglet Files 10.30 Only Fools and Horses 12.20 My Family 1.00 My Hero 1.30 Ever Decreasing Circles 2.20 dinnerladies 3.00 As Time Goes By 3.40 Last of the Summer Wine 6.00 My Family 6.40 Only All Hours 8.00 Brothers 9.20 The Royle Family 10.00 Live at the Apollo 11.00 Peep Show 11.35 Gimme Gimme Gimme 12.10 The Royle Family 12.50 Men Behaving Badly 1.30 Harry Hill's TV Burp 2.00 Live at the Apollo 2.50 The Smell of Reeves and Mortimer 3.20 Gimme Gimme Gimme 4.00 Home Shopping

SKY SPORTS 1 SKY 401
8.00 Good Morning Sports Fans 9.00 Premier League Highlights 3.30 Premier League Years 7.30 Soccer AM The Best of 8.30 Now the Premier League Was Won 10.00 Soccer AM: The Best of 10.30 Football Gold 11.30 How the Premier League Was Won 1.00 ATP Masters Tennis 2.00 How the Premier League Was Won 4.00 Soccer AM: The Best of 4.30 Super League Fulltime 5.00 ATP Masters Tennis

Tuesday May 23rd

DAYTIME

BBC1



11 00 **A1: Britain's Longest Road** (S) 11 45 **Close Calls: On Camera** (S) 12 15 **Bargain Hunt** (S)(R) 1 00 **BBC News** (S) 1 30 **BBC Regional News** (S) 1 45 **Doctors** (S) 2.15 **Impossible** (S) 3.00 **Escape to the Country** (S) 3.45 **RHS Chelsea Flower Show 2017** (S) 4.30 **Put Your Money Where Your Mouth Is** (S)(R) 5 15 **Pointless** (S) 6 00 **BBC News** (S) 6.30 **News** (S) 6 55 **Party Election Broadcast** (S)

7 00 **The Andrew Neil Interviews – Raul Nuttall** (S)
7 30 **EastEnders** Mick does his best to find a loophole in the lease (S) BBC News; Regional News (S)

8.00 **Holby City** Lofty is unexpectedly confronted with his past. (S)

9 00 **Broken** New series. Father Michael Kerrigan advises a hard-up parishioner and begins to experience worrying flashbacks of his traumatic childhood. (S)

10.00 **BBC News at Ten** (S)
10 30 **BBC Regional News,** (S) National Lottery Update (S)
10 45 **FA Cup: The Road to Wembley** A review of this season's FA Cup ahead of the Final. (S)

11 15 **Doctor In the House** Dr Rangan Chatterjee helps a woman with severe anxiety. (S)(R)

AFTER 12

12 15 **Weather for the Week Ahead** (S) 12 20 BBC News (S)

BBC2

9.00 **Victoria Derbyshire** (S) 11.00 **BBC Newsroom Live** (S) 12.00 **Daily Politics** (S) 1 00 **The Super League Show** (S) 1 50 **Coast** (S)(R) 2.25 **Red Rock** (S)(R) 3 00 **Hairy Bikers: Best of British** (S)(R) 3.45 **Coming Home: Iwan Thomas** (S) 4.15 **Greece with Simon Reeve** (S)(R) 5 15 **Antiques Road Trip** (S)(R) 6 00 **Debatable** (S) 6.45 **Celebrity Eggheads** (S)

7 30 **Great British Menu** The three chefs cook their fish courses. (S)

8.00 **RHS Chelsea Flower Show 2017** Monty Don and Joe Swift will be revealing the show garden designs that have won a gold medal. (S)

9.00 **Horizon: Space Volcanoes** Cameras follow a team of volcanologists in Iceland as they draw parallels with the volcanoes on Earth and those elsewhere in the solar system.

10 00 **Later Live – with Jools Holland** With Sheryl Crow, Lorde, Oumou Sangare, Fumarosa and Jane Birkin. (S)
10 30 **Newsnight** (S)

11 10 **Weather** (S)
11 15 **Dara and Ed's Road to Mandalay** (S)(R)

12 15 **Sign Zone: MasterChef: The Finals** (S)(R) 1.15 Mexico: Earth's Festival of Life (S)(R) 2 15 This Is BBC Two (S)

ITV

6 00 **Good Morning Britain** (S) 8.30 Lorraine (S) 9.25 The Jeremy Kyle Show (S) 10.30 This Morning (S) 12.30 Loose Women (S) 1.30 ITV News (S) 1.55 ITV Regional News, Weather (S) 2.00 Dickinson's Real Deal (S) 3.00 Masterpiece with Alan Titchmarsh (S) 3.59 ITV Regional Weather (S) 4.00 Tipping Point (S) 5 00 Babushka (S) 6 00 ITV Regional News (S) 6 30 ITV News (S)

7 00 **Emmerdale** Moira fears the attacks on her farm are about to begin again. (S)
7.30 **Save Money: Good Food** (S)

8 00 **Don't Ask Me Ask Britain** Interactive comedy game show hosted by Alexander Armstrong. Last in the series. (S)

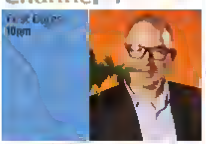
9.00 **Long Lost Family: What Happened Next** Davina McCall and Nicky Campbell catch up with three more cases. Last in the series. (S)

10.00 **ITV News;** Weather (S)
10.40 **ITV Regional News,** Weather (S)
10.50 **Prince Philip: 70 Years of Service** (S)(R)

11.50 **Fierce** Steve Backshall seeks out endangered African wild dogs. (S)(R)

12.40 **Jackpot247** 3.00 Loose Women (S)(R) 3.45 ITV Nightscreen 5.05 The Jeremy Kyle Show (S)(R)

Channel 4



9 05 **Frasier** (S)(R) 10 05 **Ramsay's Hotel Hell** (S)(R) 11.00 **A Place in the Sun: Winter Sun** (S)(R) 12 00 **Channel 4 News** (S) 12 05 **Couples Come Dine with Me** (S)(R) 1.05 **Posh Pawnbrokers** (S)(R) 2 10 **Countdown** (S) 3 00 **Fifteen to One** (S) 4 00 **Coast vs Country** (S) 5 00 **Four In a Bed** (S) 5.30 **Come Dine with Me** (S) (R) 6 00 **The Simpsons** (S)(R) 6.30 **Hollyoaks** (S)

7.00 **Channel 4 News** (S)
7 55 **Party Election Broadcast** Political broadcast. (S)

8 00 **Secrets of Our Favourite Snacks** Simon Rimmer and Sophie Morgan explore how crisps and popcorn are made and marketed. (S)

9 00 **The Trial: A Murder in the Family** The end of the trial draws near. (S)

10.00 **First Dates** Dairy farmer Ben hopes to find romance with marketing assistant Alice while classical music singer Zoe dines with amateur dramatics enthusiast Tim. (S)

11.05 **Gogglebox** Capturing the households' instant reactions to what they are watching on TV from the comfort of their own sofas. (S)(R)

12 10 **Naked Attraction** (S)(R) 1.05 The Secret Life of the Zoo (S)(R) 2 00 The Supervet (S)(R) 2.50 Rescue Dog to Super Dog (S)(R) 3.45 Location, Location, Location (S)(R) 4.40 Shipping Wars: UK (S)(R) 5.05 Fifteen to One (R)

Channel 5

6.00 **Milkshake!** 9.15 **The Wright Stuff** 11.15 **The Hotel Inspector** (S)(R) 12 10 5 News 12 15 **The Nightmare Neighbour Next Door** (S)(R) 1 10 **Access** 1 15 **Home and Away** (S) 1.45 **Neighbours** 2 15 **NCIS: Los Angeles** (S)(R) 3 15 **FILM: Perfect Seduction** (2025) (PG) (S) 5 00 5 News at 5 (S) 5.30 **Neighbours** (S)(R) 6 00 **Home and Away** (S)(R) 6 30 5 News Tonight (S) 6 59 **Party Election Broadcast** (S)

7.00 **FIA World Rally Championship Highlights: The Rally de Portugal** (S) 5 News Update (S)

8.00 **The Yorkshire Vet** Julian Norton tends to a couple of alpacas who have gorged themselves on food stock. (S) 5 News (S)

9.00 **Elizabeth I: Death of a Dynasty** The drama-documentary examines the Tudor queen's rousing speech at Tilbury. Last in the series. (S)

10 00 **Henry 8 Anne: The Lovers Who Changed History** Part one of two. Suzannah Lipscomb examines Henry VIII and Anne Boleyn's volatile relationship. (S) (R)

11 05 **Henry 8 Anne: The Lovers Who Changed History** Part two of two. (S)(R)

DIGITAL

ITV2 SKY 118 FV: 6

6 00 Louise Johnson: The Hot Desk 6.10 You've Been Framed! Gold 6.30 Below Deck 7.20 The Ellen DeGeneres Show 8.00 Emmerdale 8.30 Coronation Street 9.30 Scorpion 10.20 Below Deck 11.55 You've Been Framed! Gold 12.20 Who's Doing the Dishes? 12.55 Emmerdale 12.55 Coronation Street 2.00 The Ellen DeGeneres Show 2.50 The Jeremy Kyle Show 3.00 Judge Rinder 6.00 You've Been Framed! Gold 8.00 Two and a Half Men 8.00 FILM: Who's House Down (2013) (12) 10.00 FYI Day 10.00 FILM: White House Down (2013) (12) 11.00 Family Guy 1.10 Celebrity Juice 1.10 Zara Larsson: The Hot Desk 2.00 Telesho ping 9.40 ITV2 Nightscreen

ITV3 SKY 119 FV: 10

6.00 In Loving Memory 6.20 Heartbeat 7.25 Where the Heart Is 8.25 Wild at Heart 9.30 Judge Judy 10.40 Road to Avonlea 11.40 The Return of Sherlock Holmes 1.05 Heartbeat 2.05 The Royal 3.10 Wild at Heart 4.10 On the Buses 5.20 In Loving Memory 5 55 Heartbeat 7 00 Murder, She Wrote 8.05 Midsomer Murders 10 00 Law & Order: UK 11.00 A Touch of Frost 1.00 The Knock 2.00 ITV3 Nightscreen 2.30 Teleshopping

BBC4 SKY 116 FV: 9

7 00 100 Days+ Weather 7 30 Great British Railway Journeys 8.00 The First Georgians: The Glorious Kings Who Made Britain 9 00 The Secret History of My Family 10.00 Stonehenge: A Timewitch Guide 11.00 Storm Troopers: The Fight to Forecast the Weather 12.00 Could We Survive a Mega-Tsunami? 2.00 Scotland's First Oil Rush 2.00 The Secret History of My Family 3.00 Storm Troopers: The Fight to Forecast the Weather 4.00 Close

E4 SKY: 136 FV: 26

7 00 Baby Daddy 8 00 Rules of Engagement 9.00 Melissa & Joey 10.00 Baby Daddy 11.00 How I Met Your Mother 12.00 New Girl 1.00 Brooklyn Nine-Nine 2.00 The Big Bang Theory 3.00 How I Met Your Mother 4.00 Brooklyn Nine-Nine 8.00 New Girl 8.00 The Big Bang Theory 7.00 Hollyoaks 7.30 Blackish 8 00 The Goldbergs 9 00 Rude Tube 10 00 8 Out of 10 Cats 10.00 The Big Bang Theory 11.00 Tattoo Fixers on Holiday 12.55 Rude Tube 2.00 8 Out of 10 Cats 2.40 The Goldbergs 3.00 Blackish 3.25 Rules of Engagement 4.10 Melissa & Joey 4.30 Charmed

MDRE4 SKY: 136 FV: 14

10 55 Four in a Bed 1.40 A Place in the Sun: Winter Sun 3.45 Time Team 5 50 Vets in the Hill 6.55 The Secret Life of 5 Year Olds 7 55 Grand Designs 9 00 Selling Houses with Amanda Lamb 10.00 World's Weirdest Homes 11.40 24 Hours in A&E 12.40 Ramsay's Kitchen Nightmares USA 1.40 Selling Houses with Amanda Lamb 2.40 24 Hours in A&E 3.40 Close

FILM4 SKY: 315 FV: 15

11.00 The Best of Benny Hill (1974) (PG) 12.30 The Black Knight (1954) (U) 2.20 The Bridges at Toko-Ri (1954) (U) 4.25 Donovan's Reef (1963) (U) 6.35 Snow White & the Huntsman (2012) (12) 9.00 The Bourne Legacy (2012) (12) 11.35 Chicken (2016) (15) 1.20 The Accused (1988) (18) 3.35 Close

DAVE SKY: 111 FV: 12

8.00 Horrible Histories 7 00 Scrapheap Challenge 8.10 American Pickers 9.00 Storage Hunters UK 10 00 American Pickers 12.00 Lizard Lick Towing 1.00 Top Gear 3.00 Sell Your Car With Cash Motors 4.00 Steve Austin's Broken Skull Challenge 5.00 The Gear 8 00 Top Gear USA Special 8.00 Trailermaster 12.00 Asian Provocateurs 10 30 Mock the Week 12 00 Trailermaster 1.00 Steve Austin's Broken Skull Challenge 2.00 Dave Gorman: Modern Life Is Goodish 3.00 Asian Provocateurs 3.25 Lizard Lick Towing 4.00 Horrible Histories

DRAMA SKY: 156 FV: 20

10 00 All Creatures Great and Small 11.00 The Hill 1.00 Last of the Summer Wine 1.40 Waiting for God 2.20 Pride of a Feather 3.00 Noon 4.00 Monarch of the Glen 5.00 All Creatures Great and Small 6.00 Waiting for God 6.40 Last of the Summer Wine 7.20 Keeping Up Appearances 8 00 The Inspector Lynley Mysteries 10.00 Silent Witness 12.25 The Hill 1.20 Pride of a Feather 2.05 Fish in the Sky 2.50 Upstairs Downstairs 4.00 Home Shopping

SKY1 SKY: 106

9 00 Micro Monsters with David Attenborough 10.00 Forever 12.00 NCIS: Los Angeles 1 00 Hawaii Five-0 3.00 NCIS: Los Angeles 4.00 Haven 5.00 Modern Family 8 00 Futurama 8.30 The Simpsons 9.00 Supergirl 9 00 The Flash 10 00 The Force: Essex 11.00 School of Hard Knocks 12 00 Hawaii Five-0 2.00 Bird Dogs: Law & Disorder 3.00 DC's Legends of Tomorrow 4.00 Got to Dance 4 30 Wild Vets 5.00 Road Wars

SKY ATLANTIC SKY 106

8.00 The British 9.00 Urban Secrets 11.00 Cold Case 12 00 House 1.00 Blue Bloods 2.00 Richard E Grant's Hotel Secrets 3.00 Networks of Power with Stephen Mayor 5.00 Cold Case 8.00 House 7.00 Blue Bloods 8.00 David Attenborough's Wild City 9 00 Twin Peaks: The Return 11.20 Veep 11.55 Blue Bloods 12 55 Public Enemy 2.05 The Borgias 3 05 Girls

W SKY 109

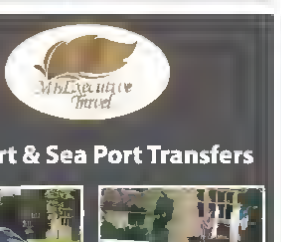
8.00 Four in a Bed 9 00 Road Cops 10.00 The Bill 11.00 Tipping Point 1.00 Hairy Bikers' Best of British 3.00 Four in a Bed 4 00 CSI: NY 6.00 Tipping Point 7 00 The Hotel Inspector 8.00 Supernanny US 9.00 Criminal Minds: Beyond Borders 10.00 EastEnders 10.40 Russell Howard's Good News 11.20 Tipping Point 12.20 MasterChef: Australia 1.20 Grimm 2.20 Code Black 3.00 Home Shopping

GOLD SKY 110

7 00 The Piglet Files 7.20 Even Decreasing Circles 8.00 My Hero 8.30 As Time Goes By 9.20 Minder Miles 10.00 Last of the Summer Wine 12.00 Only Fools and Horses 12.40 My Family 1.20 My Hero 2.00 Ever Decreasing Circles 2.30 Minder Miles 3.20 As Time Goes By 4.00 Last of the Summer Wine 8 00 My Family 8.40 Only Fools and Horses 9.40 Gavin & Stacey 10.00 Live at the Apollo 12 00 Peep Show 11.30 Man Behaving Badly 12.15 French and Saunders 12.45 Harry Hill's TV Burp 2 00 Live at the Apollo 2.40 The Smell of Reeves and Mortimer 3.35 The Piglet Files 4.00 Home Shopping

SKY SPORTS 1 SKY: 401

8 00 Soccer AM: The Best Bits 9.30 Premier League 100 Club 10.00 How the Premier League Was Won 12.00 Premier League Legends 1.00 Football Golf 2.00 Premier League Legends 3.00 Darts Gold 4.00 Football's Greatest Players 4.30 How the Premier League Was Won 6.30 Soccer AM: The Best Bits 7.00 Premier League Review 8.00 Formula 1 9.00 Scottish Football Round-Up 9 10 Soccer AM: The Best Bits 9.40 Scottish Football Round-Up 10.00 How the Premier League Was Won 12.00 Formula 1 1.00 Scottish Football Round-Up 1.15 Soccer AM: The Best Bits 1.45 Scottish Football Round-Up 2.00 How the Premier League Was Won 4.00 Sporting Heroes: Suzanne Dando Interviews Olga Korbut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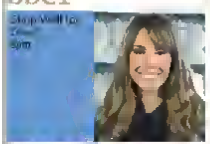
Wednesday May 24th

DAYTIME

BBC1



10 00 Homes Under the Hammer (S) (R) **11 00 A1: Britain's Longest Road** (S) **11.45 Close Calls: On Camera** (S) **12 15 Bargain Hunt** (S)(R) **1 00 News** (S) **1 30 News** (S) **1.45 Doctors** (S) **2 15 Impossible 3.00 Escape to the Country** (S) **3 45 RHS Chelsea Flower Show 2017** (S) **4.30 Put Your Money Where Your Mouth Is** (S)(R) **5 15 Pointless** (S) **6.00 BBC News** (S) **6 30 News 6 55 Party Election Broadcast**

7 00 The Andrew Neil Interviews – Tim Farron Andrew Neil interviews Tim Farron. (S)

7 30 Fake Britain, (S)(R) BBC News Regional News (S)

8.00 Shop Well for Less? Alex Jones and Steph McGovern help the Murphy family in the West Midlands rein in their spending. Last in the series. (S)

9 00 The Met: Policing London New series. Documentary following officers from Britain's biggest and busiest police force as they deal with life, death, crime and its victims across London. (S)

10 00 BBC News at Ten (S)

10 30 BBC Regional News, (S) National Lottery Update (S)

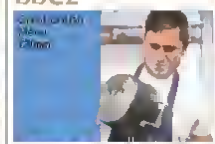
10 45 A Question of Sport: Multiple Choice Special edition of the quiz. (S)

11 15 Glasgow 1967: The Lisbon Lions (S)

AFTER 12

12 15 Weather for the Week Ahead (S) **12 20 BBC News** (S)

BBC2



9.00 Victoria Derbyshire (S) **11.00 BBC Newsroom Live** (S) **12.00 Daily Politics** (S) **1.00 Lifeline** (S)(R) **1.30 Two Tribes** (S)(R) **2.00 Coast** (S)(R) **2.15 Red Rock** (S)(R) **3 00 Hairy Bikers' Best of British** (S)(R) **3.45 Coming Home: Tonni Grey-Thompson 4.15 Caribbean with Simon Reeve** (R) **5.15 Antiques Road Trip** (S)(R) **6.00 Debatable** (S) **6.45 Celebrity Eggheads** (S)

7 30 Great British Menu The North East chefs prepare their main courses. (S)

8.00 RHS Chelsea Flower Show 2017 Coverage of the fourth day of the RHS Chelsea Flower Show (S)

9.00 Rake Off: Creme de la Creme Angus Deayton presents the second semi-final (S)

10 00 White Gold New series. Comedy drama, starring Ed Westwick. (S)

10.30 Newsnight (S)

11 10 Weather (S)

11 15 The Fifteen Billion Pound Railway: The Final Countdown (S)(R)

12 15 Sign Zone: MasterChef: The Finals (S)(R) **1.15 Trust Me I'm a Vet** (S)(R) **2 15 This Is BBC Two** (S)

ITV

6 00 Good Morning Britain (S) **8.30 Lorraine** (S) **9.25 The Jeremy Kyle Show** **10 30 This Morning** (S) **12 30 Loose Women** (S) **1.30 ITV News** (S) **1 55 ITV Regional News: Whether** (S) **2.00 Dickinson's Real Deal** (S) **3.00 Masterpiece with Alan Titchmarsh** (S) **3.55 Weather** (S) **4.00 Tipping Point** (S) **5.00 Rebuilding** (S) **6.00 ITV Regional News** (S) **6.25 Party Election Broadcast** (S) **6 30 ITV News** (S)

7 00 Emmerdale Robert feels under pressure to reveal his secrets. (S)

7.30 Coronation Street Sinead reveals to Daniel how Ken talked her into having an abortion. (S)

8 00 Tonight at the London Palladium The variety show from the West End theatre continues. (S)

9.00 Heathrow: Britain's Busiest Airport This episode follows the airport's challenge in departing 100 000 passengers a day. Last in the series. (S)

10.00 ITV News; Weather (S)

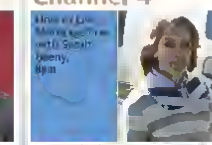
10.40 ITV Regional News, Weather (S)

10.50 UEFA Europa League Final Highlights Mark Pougatch presents action. (S)

11.50 John Barnes: Sports Life Stories Profile of former footballer John Barnes. (S)(k)

12.45 Jackpot247 3.00 1000 Heartbeats (S)(R) **3 50 ITV Nightscreen 5.05 The Jeremy Kyle Show** (S)(R)

Channel 4



9 05 Frasier (S)(R) **10 05 Ramsay's Hotel Hell** (S)(R) **11 00 A Place in the Sun: Winter Sun** (S)(R) **12 00 Channel 4 News** (S) **12 05 Coughlin's Come Dine with Me** (S)(R) **1.05 Posh Bawnbuckets** (S)(R) **2-10 Countdown** (S) **3 00 Fifteen to One** (S) **4 00 Coast vs Country** (S) **5.00 Four in a Bed** (S) **5.30 Come Dine with Me** (S)(R) **6 00 The Simpsons** (S)(R) **6.30 Hollyoaks** (S)

7.00 Channel 4 News (S)

7 55 Party Election Broadcast Political broadcast. (S)

8 00 New to Live Mortgage Free with Sarah Beeny A man who transforms an Airstream caravan into a luxury home. Last in the series. (S)

9 00 The Trial: A Murder in the Family The final pieces of evidence are laid and Judge Brian Barker gives his summing up address, before the jurors are sent to begin their deliberations.

10.00 Black Widow New series. The daughter of an Amsterdam drug lord takes charge of the family's smuggling business to clear her husband's debts. Crime thriller with Monic Hendrickx. In Dutch.

11.05 999: What's Your Emergency? The work of police and paramedics in Cheshire. (S)(R)

12.05 Ramsay's Kitchen Nightmares USA (S)(R) **12 55 Thin 2 000 000 Calorie Buffet** (S)(R) **2 50 FILM Whiteout (2009)** (15) (S) **3.30 Location, Location, Location** (S)(R) **4.25 Shipping Wars UK** (S)(R) **5.05 Fifteen to One** (S)(R)

Channel 5

6.00 Milkshake! 8.15 The Wright Stuff 11.15 The Hotel Inspector (S)(R) **12 15 5 News Lunchtime** (S) **12 25 The Ladies' Show** (S)(R) **1 10 Access** (S)(R) **1 15 Home and Away** (S) **1 45 Neighbours** (S) **2 15 NCIS** (S)(R) **3.10 FILM Wall of Silence (2016)** (S) **5 00 5 News at 5** (S) **5 30 Neighbours** (S) (R) **6.00 Home and Away** (S)(R) **6.30 5 News Tonight** (S) **6 55 Party Election Broadcast** (S)

7.00 Police Interceptors A speeding driver is clocked at over 140mph. (S)(R) **5 News** (S)

8.00 GPs: Behind Closed Doors The doctors have a stark words for an asthmatic patient who has been using an out of date inhaler. (S) **5 News Update** (S)

9.00 Can't Pay? We'll Take It Away Thin agents chase up an £3 000 deposit owed by a landlord to his tenant. (S)

10 00 Undercover: Nailing the Fraudsters Investigative journalist Paul Connolly delves into the world of fraud. (S)(R)

11 05 Nightmare Tenants, Slum Landlords (S)(R)

12 05 Cricket on 5 (S) **1 00 SuperCasino 3 10 Top 20 Funniest** (S) **4.00 Britain's Greatest Bridges** (S)(R) **4.45 House Doctor** (S)(R) **5 10 Housebusters** (S)(R) **5 35 Wildlife SOS** (S)(R)

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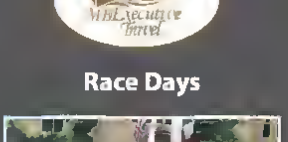

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DIGITAL

ITV2 SKY 118 FV 6

6.00 Jonas Blue. The Hot Desk **6.10** Friniest Ever You've Been Framed! Gold **7.00** Below Deck **7.20** The Ellen DeGeneres Show **9.00** Emma dale **9.30** The Cube **9 30** Scorpion **10.25** Below Deck **11.20** Who's Doing the Dishes? **12.25** Emmerdale **12.55** Funniest Ever You've Been Framed! Gold **2.00** The Ellen DeGeneres Show **2.50** The Jeremy Kyle Show **5.00** Judge Rinder **5.00** You've Been Framed! Gold **6.00** Two and a Half Men **8.00** FILM: American Pie 2 (2001) (15) **10 05** FYI Daily **10.10** FILM: American Pie 2 (2001) (15) **11.10** Family Guy **12.10** American Dad! **1.30** Totally Bonkers Guinness World Records: Ridiculously Big Hits **2.30** Teleshopping

ITV3 SKY 119 FV 10

6.00 In Love ng Memory **6.25** Heartbeat **7.25** Where the Heart Is **8.20** Wild at Heart **9.25** Judge Judy **10.00** Road to Avonlea **11.55** The Return of Shanidar Holmes **1.00** Heartbeat **2.05** The Royal **3.00** Wild at Heart **4.15** On the Buses **5.25** In Loving Memory **5.55** Heartbeat **7.00** Murder, She Wrote **8.00** Lewis **10 00** Law & Order: UK **11.00** A Touch of Frost **1.05** Thin Knack **2.00** ITV3 Nightscreen **2.30** Teleshopping

BBC4 SKY 118 FV 9

7.00 TOO Days: Weather **7.35** Great British Railway Journeys **8.00** Dreams of the Impossible: Unbuilt Britain **9 00** Secrets of the Super Elements **10.00** Engineering Giants: Jumbo Jet Strip-Down **11.00** Catch ng History's Criminals: The Forensics Story **12.00** Gunpowder 5/11: The Greatest Terror Plot **1.00** Mud, Sweat and Tractors: The Story of Agriculture **2.00** Timeshift: How to Be Sherlock Holmes – The Many Faces of a Master Detective **3.00** Secrets of the Super Elements **4.00** Close

E4 SKY 136 FV 28

5.00 Rules of Engagement **9.00** Melissa & Joey **10.00** Baby Daddy **11.00** How I Met Your Mother **12.00** New Girl **1.00** Brooklyn Nine-Nine **2.00** The Big Bang Theory **3.00** How I Met Your Mother **4.00** Brooklyn Nine-Nine **5.00** New Girl **6.00** The Big Bang Theory **7 00** Hollyoaks **7.30** The Goldbergs **8.00** The Big Bang Theory **8.00** The 100 **10 00** Supernatural **11.00** The Big Bang Theory **12.00** Tattoo Fixers on Holiday **1.00** Rude Tube **2.05** The 100 **2.50** Supernatural **3.35** Rude Tube **4 00** Rules of Engagement **4.45** Melissa & Joey

MORE4 SKY 138 FV 14

5.55 A Place in the Sun: Winter Sun **9.00** Grand Designs **10 55** Four in a Bed **1.40** A Place in the Sun: Winter Sun **3 45** Time Team **5.50** Vet on the Hill **6.55** The Secret Life of 5 Year Olds **7 55** Grand Designs **9.00** Grand Designs: New Zealand **10.00** My Floating Home **11.00** 8 Out of 10 Cats Does Countdown **1.05** Grand Designs: New Zealand **2.00** My Floating Home **3.10** 8 Out of 10 Cats **3.50** Close

FILM4 SKY 315 FV 15

11.00 Twelve O'Clock High (1949) (U) **1.45** Operation Petticoat (1959) (U) **4.10** The Four Musketeers (1974) (PG) **8.20** Runaway Jury (2003) (12) **9 00** X-Men: Days of Future Past (2014) (12) **11.35** The Texas Chainsaw Massacre 2 (1986) (18) **1.40** The Rise (2012) (15) **3 35** Close

DAVE SKY 111 FV 12

5.00 Home Shopping **7.10** Scrapheap Challenge **9.10** American Pickers **9.00** Storage Hunters UK **10.00** American Pickers **12.00** Lizard Lick Towing **1.00** Top Gear **3 00** Sin City Motors **4.00** Steve Austin's Broken Skull Challenge **5.00** Top Gear **8.00** Sin City Motors **8 00** I've Got Thin Apollo **10.00** Unspun with Matt Forde **10.30** Would I Lie to You? **11.10** Mock the Week **12.00** Steve Austin's Broken Skull Challenge **1.00** Dave German: Modern Life is Goolish **2.00** Lizard Lick Towing **4.00** Home Shopping

DRAMA SKY 158 FV 20

7.10 The Bill **8.00** Fin in the Sky **9.00** Monarch of the Glen **10.00** All Creatures Great and Small **11.00** The Hill **1.00** Last of the Summer Wine **3.40** Waiting for God **2.20** Birds of a Feather **3.00** Thoon **4.00** Monarch of the Glen **5.00** All Creatures Great and Small **8.00** Waiting for God **5.40** Last of the Summer Wine **7.20** Keeping Up Appearances **8.00** Dalziel & Pascoe **10 00** Silent Witness **12.20** The Bill **1.20** Birds of a Feather **2 00** Fish in the Sky **2.50** Upstairs Downstairs **4.00** Home Shopping

SKY1 SKY 106

8 00 Micro Monsters with David Attenborough **10.00** Forever **12.00** NCIS: Los Angeles **1.00** Have I Five-O **3 00** NCIS: Los Angeles **4.00** Haven **8.00** Modern Family **8.00** Futurama **8.30** The Simpsons **9.00** MacGyver **9 00** The Blacklist **10 00** NCIS: Los Angeles **11.00** A League of Their Own **12.00** Duck Quacks Don't Echo **1.00** Hawaii Five-O **2 00** Brit Cops: Law & Disorder **3.00** DC's Legends of Tomorrow **4 00** Road Wars

SKY ATLANTIC SKY 108

8.00 Urban Secrets **11.00** Cold Case **12.00** House **1.00** Blue Bloods **2.00** Richard E Grant's Hotel Secrets **4 00** Networks of Power with Sir Christopher Meyer **5.00** Cold Case **6.00** House **7 00** Blue Bloods **8.00** David Attenborough's Wild City **9 00** Blue Bloods **10 00** Public Enemy **11 10** The Sopranos **1.20** Cold Case **2.20** Public Enemy **3.30** Girls **4.05** Fish Town

W SKY 109

8.00 Road Goes **10.00** The Bill **11.00** Tipping Point **1.00** Hairy Bikers' Best of British **3.00** Four in a Bed **4.00** CSI: NY **5.00** Tipping Point **7 00** The Hotel Inspector **8.00** Supermarny US **9.00** Dr Christian Will See You Now **10 00** Life and Death Row **11 00** Stanley Dockley in the USA: Kids in the Crossfire **12.00** Tipping Point **1.00** MasterChef Australia **2.10** Russell Howard's Good News **3 00** Home Shopping

GOLD SKY 110

7.00 The Fugitives **7.25** Ever Decreasing Circles **8.00** My Hero **8.00** As Time Goes By **9.20** dinnerladies **10.00** Last of the Summer Wine **12.00** Only Fools and Horses **12.00** My Family **1.20** My Hero **2.00** Ever Decreasing Circles **2.40** dinnerladies **3.20** As Time Goes By **4.00** Last of the Summer Wine **8.00** My Family **8 00** Gavin & Stacey **8 00** Open All Hours **8 40** Citizen Khan **9.20** The Real Show **10.00** Live at the Apollo **11.00** Peep Show **11.35** French and Saunders **12.15** You, Me & Them **1.00** Harry Hill's Best of TV Burp **1.30** Harry Hill's TV Burp **2.00** Live at the Apollo **2.85** The Smell of Reeves and Mortimer **3.30** The Fiqlet Files **4.00** Home Shopping

SKY SPORTS 1 SKY 401

8.00 Goof Morning Sports Fans **9.00** Premier League 100 Club **10 00** Premier League Years **12.00** Premier League Legends **3.00** One2Eleven: Sol Campbell **3.15** One2Eleven: Danny Gabbidon **3.40** Premier League Legends **4 00** Football's Greatest Rivalries **5.00** Championship Rugby Union **7.30** Live Championship Rugby Union **10 00** Premier League World **12 00** Football's Greatest Players **11.30** Premier League World **12.30** Premier League **7 00** Club: **1.00** Premier League Years **4.00** One-Day International Cricket **5.00** Premier League World

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Business

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Law firm a hit with graduates

Law firm Blake Morgan has climbed the rankings for the second year running in a comprehensive list of employers that graduates would most like to work for

The firm, which has offices in Oxford and Reading, is named in this year's The Guardian UK 300 which is compiled from research conducted by international research firm trendence and lists the 300 most popular employers for UK graduates

Blake Morgan saw its placing rise to 174th – up from 183 last year. Students who took part in the survey were asked which career sectors interested them most and were then invited to choose which graduate employers within those sectors they would most want to work for

Blake Morgan runs a number of initiatives to attract the best young talent including a graduate programme designed to give trainees opportunities to succeed in a nurturing training environment

Liz Bryne, head of graduate recruitment at Blake Morgan said: "We are delighted that our ranking has gone up for the second year running and it reinforces our position as one of the UK's leading graduate employers

"Blake Morgan's position in this highly-regarded list highlights the firm's dedication to bringing out the best in graduates who choose to begin a legal career with us

"We are committed to further building our position as one of the best employers for graduates."

Celebrating business stars at sixth annual awards dinner

Businesses large and small have been honoured at the sixth Cherwell Business Awards Gala Dinner

Held at Heythrop Park on May 5, the evening brought together more than 240 guests to celebrate the hard work, success and entrepreneurship of business people within Cherwell District

Headline sponsors Cherwell District Council opened the awards dinner and Kirsty Leahy from Banbury Sound hosted the ceremony

With 11 award categories the event has continued to grow and attract talented individuals and outstanding businesses from within the local business community

During the evening guests enjoyed a drinks reception and three-course dinner with a disco and photo-booth adding a real sense of fun and celebration to the night. Sponsors and supporters generously donated prizes for a raffle raising more than £1,500, with all the proceeds going to the winner of the Charity & Community Award, The Hummingbird Centre.

All 30 finalists were commended before each of the category sponsors announced the winner and presented their elegant, engraved glass trophies and framed certificates.

The winners of the 2017 Cherwell Business Awards are.

New Business – sponsored by A2Dominion Group
Savoir Fare

Charity & Community – sponsored by Michael Page
The Hummingbird Centre

Small Business – sponsored by Oxfordshire Local Enterprise Partnership
Shared Beauty Secrets Ltd

Retail Award – sponsored by Bicester Village
Options Boutique

Established Business – sponsored by Spratt Endicott Solicitors
John Nicholls (Trading) Ltd

Employer of the Year – sponsored by NatWest
Hawkins Group of Companies Ltd

Micro Business – sponsored by Bicester Vision, Bicester Chamber, Bicester Wednesday Breakfast Club
Savoir Fare

Apprenticeship of the Year – sponsored by Oxfordshire Apprenticeships
Social Sidekick

Innovation & Creativity – sponsored by Begbroke Science Park
Ethos Technology Ltd

Business Person of the Year – sponsored by Ellacotts LLP
Chris Maynard, Castle Minibus

The Cherwell Business of the Year Award – sponsored by Narbar Torque Tools and selected from amongst the finalists
Edd Frost & Daughters

Making the most of wealth with opening of new office

A thriving West Oxfordshire business community has been heralded as one of the reasons behind a wealth management firm's decision to open a new office.

Courtiers opened its first office in Henley over 30 years ago and now has four across the UK, from Somerset to Derbyshire. The new office is at Witney Business & Innovation Centre (BIC)

The firm is committed to helping private and corporate clients make the most of their wealth whether that's helping individuals and families achieve financial goals and objectives or advising on and providing effective employee benefit services or advising board trustees

Jamie Shepperd, chief executive officer of Courtiers, said: "We work closely with clients and remove the headaches associated with a changing and heavily regulated financial world. The overall aim is to maximise the wealth they created.

"We are looking forward to helping more people in West Oxfordshire to do exactly that with the opening of our Witney office."

Managed by Oxford Innovation, Witney BIC is owned by Blenheim Palace and provides a selection of office space solutions for 1 to 30 people. Courtiers has taken a 339 sq ft. office, currently occupied by four employees

Mr Shepperd added. "The team at Witney BIC has been extremely accommodating and have made setting-up a new office very easy ensuring we maintain all of our focus on our clients

"The flexible licence agreement offered by the centre will enable us to take more space as needed to accommodate our growing team."

Courtiers are currently recruiting for a senior paraplanner at the Witney office along with other technical and administration support roles

Alli Anderson, centre manager at Witney BIC, said. "Through our continued sponsorship of the West Oxfordshire Business Awards we are very aware that our district is home to a number of successful individuals and businesses who I am sure can benefit from the support offered by Courtiers

"We will look to help the team in every way we can from greeting their clients through to providing meeting rooms and additional office space as they look to grow."

To find out more information about the centre's services, visit. witney-bic.co.uk.

Further details about Courtiers career opportunities in Witney are available at courtiers.co.uk/about-us/careers.

From left, the team from Courtiers, Victoria Blake, Leo Hallam, Richard Holloway, Alli Anderson from Witney BIC, Jamie Shepperd, Rikki Doré, Gaby Shappard

Accountants net reward for helping fight malaria

A SPECIALIST small business accountancy firm has been rewarded for its work in helping to fight malaria.

Inca based in Wantage has been awarded a Certificate of Gratitude by social enterprise organisation Buy1Give1 after donating money to buy nearly 200 mosquito nets for children in Kenya where malaria is the leading killer disease for under fives.

Inca has pledged to buy a mosquito net every time the firm wins a new client and has already purchased 125 over the last year. The firm has also committed to donating 5% of profits between four local causes chosen by the Inca team (1% each) along with ad hoc charitable requests from staff or clients (1% for the year).

The charities nominated for 2017/2018 are:

- The Oxfordshire Animal Sanctuary based at Stadhampton and celebrating its 50th anniversary this year
- Ronald McDonald House located within Oxford Children's Hospital to provide free accommodation for family when children are in hospital
- Helen & Douglas House, a hospice for children and young adults
- Swindon Sands a stillbirth and neonatal death charity that provides support to bereaved parents

Since 2012, Inca has donated over £30 000 to local charities and good causes and has a goal to donate a further £50 000 over the next five years. Inca is also aiming to help 700 children in Kenya reach their fifth birthday by 2020 which corresponds with the firm's goal of helping Inca clients to celebrate five years in business.

Nearly 60% of Inca clients who came to them as start ups between 2009 and 2011 have celebrated their fifth birthday defying the national trend which says that 80 per cent of businesses fail before that stage.

Amy Russell, sales and marketing assistant for Inca, said: "Community is extremely important to Inca and we like to recognise the success of our small business clients by supporting good causes that make a significant contribution to where we all work and live. For me personally I'm extremely humbled that Swindon Sands has been chosen as one of our nominated charities. After going through stillbirth myself, I was extremely lucky to be introduced to this support group who helped me through an extremely difficult part of my life."

Mrs Russell continued: "Community is also global as well as local, which is why we've been helping to reduce child deaths from malaria in Kenya since 2013. Everyone at Inca is working hard to exceed our 2020 target to save as many lives as possible and are proud to receive the Certificate of Gratitude from BIG1."

Inca was recently awarded finalist status at the international Business Excellence Forum Awards for Best Company Culture (Europe, Middle East and Asia) and has a Silver Accreditation from Investors to People (IIP) held by only ten other accountancy firms in the UK. Both accolades reflect the firm's commitment to cultivating a workplace environment where employees can thrive.

Take a swing at leadership through golf

Golf can be the most frustrating game – one day every drive will go straight down the fairway and the next you'll hit every bunker.

Leadership can be just the same - one day its plain sailing, the next it's all a big challenge.

While you might not think the two have much in common, Jo Cameron and partner Julian Mellor are out to prove otherwise.

And you can find out for yourself at The Oxfordshire Golf Hotel & Spa in Thame tomorrow when the pair bring their expertise to the course and the meeting room.

Don't be surprised if Jo looks familiar when you meet her – after appearing on TV's The Apprentice she decided it was time for a new hobby and went off to take golf lessons.

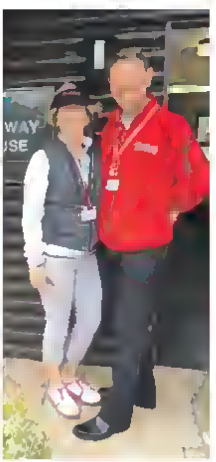
Designed for golfers and non-golfers, Jo and Julian combined their skills to set up Redmane helping clients develop leadership skills through golfing activities.

Already operating in Leamington Spa, the couple are now launching in Oxfordshire where as well as being introduced to the 'easiest swing in golf', participants can pick up some great leadership tips too.

The fairway is used to underpin the resilience workshop and the greens to demonstrate the emotional intelligence session.

The golf course provides the perfect learning environment. By taking people out on the fairways, in the bunkers, on the chipping areas and on the putting greens, it offers an innovative and powerful place for people to learn new skills.

For more information go to redmanegroup.co.uk



Jo Cameron and Julian Mellor

Unipart scoops safety awards for the fifth year

UNIPART Group has received a number of accolades at the International Safety Awards including a special award for outstanding achievement in health, safety and environmental management and an award for Unipart Rail in the transportation, distribution and storage category.

These awards marked the 60th anniversary of the British Safety Council and Unipart, one of Europe's leading manufacturing, logistics and consultancy companies, collected a special award for outstanding achievement. It is the only organisation in the world to have achieved the Sword and Globe of Honour awards for five consecutive years.

In addition to these awards, Unipart Logistics received two safety merits and Unipart Rail was one of only a few organisations to receive a distinction.

Unipart based in Oxford credits its success to The Unipart Way, the company's proprietary business system for continuous improvement used by Unipart sites worldwide. The Unipart Way is a major contributor to the company's safety record as well as increases in productivity.

Unipart Chairman and Group Chief Executive, John Neill CBE, said: "Receiving this global recognition is testimony to how we use The Unipart Way to inspire our people to continuously improve the way we work.

"Over the last five years the British Safety Council have awarded Unipart with 33 Swords of Honour and 12 Globes of Honour.

"This is a unique achievement only made possible by the efforts of thousands of Unipart people throughout the world continuously focusing on making Unipart's operations a safer place for all of our colleagues and stakeholders to work in.

"Digital technologies will provide even better opportunities in the future to make our Group of Companies healthier, safer and more environmentally responsible."

Mike Robinson, Chief Executive of the British Safety Council, congratulated Unipart Group on their success in winning an International Safety Award for both the sector award and the Outstanding Achievement Award. "The British Safety Council commends Unipart Group on their achievement. The award is in recognition of their commitment and efforts to keep their employees and workplaces free of injury and ill health.

"Sensible and proportionate management of health and safety risks at work brings lasting benefits for workers, their families, businesses and society as a whole.

"By celebrating and sharing the achievements of the winners of the International Safety Awards, we encourage businesses all over the world to follow their lead and place employees' health and safety at the heart of their business. Our warmest congratulations!"

The British Safety Council's International Safety Awards celebrate and reward organisations from around the world.

OPEN DAY and meet the hearing experts

Thursday 18th May in WITNEY HEARING CENTRE
9.30am to 5pm

Friday 19th May in WHITE LION WALK BANBURY
9.30am to 5pm

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Property

Impressive family home in village

Located 3 5 miles south of Abingdon is the parish village of Sutton Courtenay The historic village dates back to Anglo-Saxon times and has been featured in Channel 4's 'Time Team

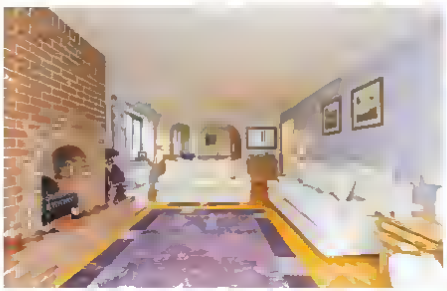
The author George Orwell is buried in the grounds of the parish church arranged by his friends after his death in London in accordance with his wish.

Sutton Courtenay is also home to a primary school, a shop post office and village veterinary practice.

Nestled in the grounds of an impressive 156ft garden with mature shrubs and trees sits this light, bright and well appointed family home. The property has been designed, with family in mind, making the best possible use of each of the rooms with the fifth bedroom currently used as the family office.

To the ground floor, the welcoming entrance hall provides convenient access to three bedrooms and the impressively-sized family bathroom, whilst naturally drawing you into the heart of the property where a clear definition between living and sleeping space it set out Double French doors open into the dining area, which provides the perfect spot for family meals whilst benefitting from open plan access to the living room. Measuring 23ft in length, the living room offers ample room for social and family gatherings whilst creating a sense of warmth thanks to the cosy fireplace Double French doors lead out onto the paved patio area.

Offers in excess of £610,000 are invited. To arrange a viewing contact selling agent Andrews of Abingdon 01235 555553 or e-mail abingdon@andrewsonline



Landlords - be alert to changing market conditions

Bill Cooper co-author of The Oxford Property Blog and managing director of Martin and Co, Oxford

Over recent weeks I have detected some changes in the Oxford rental market. It is important that landlords and owners of buy-to-let properties recognise the changes and protect their position.

During April and early May there was a large availability of rental properties across the Oxford market. I believe that this is due to two key factors. properties bought in March 2016 to beat the new stamp duty surcharge have come on to the market for re-let many for the first time since they were bought; and there is a general level of uncertainty resulting from the general election being called at a time when Brexit was already creating uncertainty particularly for foreign nationals coming to Oxford to live, study or work.

The quantity of enquiries from prospective tenants has remained reasonably buoyant, and although the volume of demand is subdued it is certainly comparable to the same period 12 months earlier However the increased supply is resulting in greater choice for prospective tenants, which in turn is delaying their offer decisions, and creating price sensitivity

What does this mean for landlords? Firstly buy-to-let owners need to be open to offers from tenants, even where those offers may be below the advertised rent. Prospective tenants are savvy and they are actively comparing rental values and the value for money between different available properties

Secondly landlords should be open to feedback from tenants and from their letting agent on the condition of your property Properties that are presented at a high level of condition continue to attract more offers relative to comparable properties presented in a poorer condition

Thirdly landlords should encourage and even incentivise existing tenants to renew their tenancy by offering an attractive renewal rent. The biggest cost for a landlord is a void period extending current tenants mitigates the risk of a void ensuring that the property is continuously occupied.

I don't believe that the fundamentals of demand for Oxford are dramatically changing, but Oxford like Cambridge, has an interesting tendency to track the London market albeit with a delay of six to nine months London had two poor quarters – Q4 2016 and Q1 2017 – and we may see a similar picture emerge in Oxford during Q2 and Q3 2017 I expect house prices to continue rising but at a subdued rate of growth of around 5% per annum (in prime central London they fell back) and across the market I expect rents to rise at a noticeably lower rate of growth of between 2% to 4% during 2017

■ For more insights into the Oxford property market follow www OxfordPropertyBlog co uk.

Bill Cooper is author of The Oxford Property Blog, and Managing Director of Martin & Co, Oxford.

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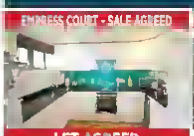

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Recruitment

To place a recruitment advert contact Tara on 01235 516917 or tara@taylornewspapers.co.uk

Four tips for hiring an employee?

Hiring the right employee is a challenging process. Hiring the wrong employee is expensive, costly to your work environment, and time consuming.

Check Backgrounds and References When Hiring an Employee

Effective background checks are one of the most important steps when hiring an employee. You need to verify that all the presented, sterling credentials, skills, and experience are actually possessed by your candidate.

The background checks must include work references especially former supervisors, educational credentials, employment references and actual jobs held, and criminal history. Other background checks when hiring an employee such as credit history must be specifically related to the job for which you are hiring an employee.

Define the Job Before Hiring an Employee

Hiring the right employee starts with a job analysis. The job analysis enables you to collect information about the duties, responsibilities, necessary skills, outcomes, and work environment of a particular job.

The information from the job analysis is fundamental to developing the job description for the new employee. The job description assists you to plan your recruiting strategy for hiring the right employee.

Plan Your Employee Recruiting Strategy

With the job description in hand, set up a recruiting planning meeting that involves the key employees who are hiring the new employee.

The hiring manager is crucial to the planning. At this meeting, your recruiting strategy is planned and the execution begins. Teams that have worked together frequently in hiring an employee can often complete this step via email.

Review Credentials and Applications Carefully

The work of reviewing resumes, cover letters, job applications, and job application letters starts with a well-written job description. Your bulletted list of the most desired characteristics of the most qualified candidate was developed as part of the recruiting planning process.

Screen all applicants against this list of qualifications, skills, experience and characteristics. You'll be spending your time with your most qualified candidates when hiring an employee.

And, that is a good use of your time.

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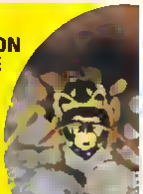

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Motors

Nimble, frisky and a bit of a minx

By Tony Yates

Subaru BRZ 2.0i SE Lux Auto

If you talk to anyone about buying a Subaru – they will automatically think you are a 'yobbo' and cast you aside thinking the only possible reason you had for buying one in the first place - was because you wanted to annoy every other road user

And I have to admit - in a way, they do have a point as there is a young chap who lives just round the corner from me who annoys me very much – because he thinks owning a Subaru WRX STi means he needs to have a stereo the size of 'The Planet Earth' – and wheels that would not look out of place on a JCB.

Well I would like you to forget all about that now and instead focus on the new 2017 model Subaru BRZ – because actually this could just be the new sports car you have been yearning for

Is this Subaru the sports car you have been yearning for?

Power and efficiency

Fitted with a 2.0 litre horizontally-opposed (boxer) 4-cylinder, 4-stroke (DOHC 16V) petrol engine with 200ps @ 7000rpm and 205Nm of torque 0-62mph is around 8.2sec fuel consumption is a decent 39.8 mpg combined and a top speed of around 130mph.

Boxer engines have taken some stick in the past – but, actually they fascinate me - and the Boxer engine in the BRZ is pretty cool thanks to key features such as the engine's square bore and stroke (86mm x 86mm) which all helps achieve a balance between mechanical efficiency environmental performance speed and power

The engine is also fitted with the D-4S direct and port injection system This selects the appropriate fuel injection rate to provide greater fuel efficiency and lower emissions

On the road

Nimble, frisky and if I am being honest a little minx – and that's just to get you started

Take the nimble little BRZ out on the road and you will feel how well it grips – again thanks to the BRZ being fitted with a Torsen limited slip rear differential for improved traction allowing the more enthusiastic driver to make the most of the car's rear-wheel drive layout

Of course to get the best out of a sports car – you need to have a front-engined rear-wheel drive layout – and the BRZ has this by the bucket load

For 2017 the dampers have also been redesigned to reduce body roll increase precision whilst cornering which has made a massive impact on ride comfort whilst still being a dynamically focused machine

Subaru has also lowered the strut mounts to help reduce the centre of gravity which helps give the BRZ a much sleeker and lower profile on the road.

Design & technology

Some of the additional standard equipment on the BRZ includes Auto on headlights (LED front & LED rear) 6.2" multifunction colour touchscreen satellite navigation 17" alloy wheels heated front seats, dual-zone automatic air-conditioning, cruise control, ABS brake assist, front side curtain and knee airbags.

To sum up

What can I say – the BRZ is a great drive and perfect for someone who wants a nimble little sports car

Price £27,995 (SE Lux Auto OTR)

To drink or to drive – that is the only question

Road safety and breakdown organisation GEM Motoring Assist is urging motorists to steer clear of alcohol before journeys this summer

The call comes as new Government figures show drink drive collisions are on the rise

May 10 marked the 50th anniversary of the introduction of an alcohol limit for drivers Provisional figures from the Department for Transport suggest that 1,380 people were killed or seriously injured in collisions where at least one driver was over the limit – an increase of five per cent. There has also been a three per cent increase in drink drive casualties of all severities, with an estimate of 8,480

Neil Worth, road safety officer at GEM Motoring Assist, said "Let's be clear Alcohol impairs your judgement from the very first sip It's wrong to think you only become a risk when you reach the drink drive limit.

"We're not trying to stop people enjoying themselves with a drink or two but we are reminding drivers that the safe choice – the only safe choice – is to drink or to drive

"If you need to drive, then avoid alcohol. If you want a drink, then avoid driving.

"Too many people lose their lives or suffer serious injuries because someone else chose to drive after drinking alcohol. If you suspect a colleague, friend or neighbour is drink driving, then please report your concerns to the police, or contact Crimestoppers (0800 555 111 crimestoppers-uk.org) which can be done anonymously

"GEM believes the most effective way to bring about a reduction in drink drive casualties is by encouraging regular drink drivers to change their behaviour and make better choices.

"But they also need to believe there is a real risk of being caught, and that's why we want to see an increase in police numbers to enforce the drink drive laws and a reduction in the drink-drive limit by any future Government, to bring England and Wales in line with Scotland"

The official fuel consumption figures in mpg (l/100km) for the Mazda range: Urban 28.0 (10.1) - 74.3 (3.8). Extra Urban 51.4 (5.5) - 88.3 (3.2). Combined 39.2 (7.2) - 83.1 (3.4). CO_2 emissions (g/km) 167 - 89. The mpg figures quoted are sourced from official EU regulated test results obtained through laboratory testing. These are provided for comparability purposes only and may not reflect your actual driving results.

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SPORT

Puncture at the end lets Grosjean in for a point

F1

A LATE collision with Daniil Kvyat in Sunday s Spanish Grand Prix caused Haas and Kevin Magnussen to miss out on a ninth place finish.

Magnussen was battling to keep Kvyat behind him in the closing stages but picked up a puncture after contact between the two cars.

He dropped to 14th as a result, although it did mean that his team mate Romain Grosjean moved up into 10th to at least score one point for the Banbury-based team.

However the team was disappointed not to get more out of the race in which a number of big name drivers fell out of contention.

Team principal Guenther Steiner blamed the medium tyres.

He said. "A disappointing end following a good start to the race.

"We were in good positions the car was going well on the soft tyres and then the virtual safety car came out and we lost all our momentum.

"It just came out at the wrong time We went too early on to the medium tyres and we just couldn t get it to work.

"The guys lost a few positions and then Kevin had a puncture

"The only good thing coming out of here is that we got a point.

"We should have more, but that's racing."

Massa's pain in Spain

F1

Adam Flinn. *Reporter*

ON a day when a big haul of points was possible Williams could only manage 13th and 16th places in a disastrous afternoon for the Grove-based team at Sunday s Spanish Grand Prix.

A puncture on the first lap following contact with Fernando Alonso's McLaren ruined Felipe Massa's race, dropping him to the back after making an early pitstop

He was then hit by the other McLaren of Stoffel Vandoorne on lap 33 bringing out the virtual safety car as the Belgian retired

From then on all Massa could do was bring the car home, eventually finishing 13th.

But the Brazilian believes fourth could have been possible after Kimi Raikkonen and Max Verstappen were eliminated in a collision at the first corner and Valtteri Bottas retired with mechanical problems

He said. "I'm so disappointed.

"I had a fantastic start passing [Sergio] Perez and Alonso on the straight and then I got to turn one and saw the incident ahead.

"I got to turn two and Alonso was suddenly on the outside of the corner We touched and I picked up a puncture which ruined my race.

' We had a big opportunity to finish fourth, which I think I could have done because we had good pace

"It s really painful because we lost so many points as a team."

It was an equally disappointing day for Massa s team-mate Lance Stroll, who struggled with his tyres for much of the race and limped home to 16th and last.

The young Canadian had started 16th and while he didn't suffer the dramas that Massa did he just wasn't able to find the pace in his car on the medium tyres

He said. "It was not a great race. I have had better ones and I just found it frustrating.

"The start was good, as were the first couple of shuts on the soft tyres and I had good pace at the beginning, but we just struggled on the mediums and started to lose grip

It was just one of these races, but I am sure it will be better next time

"At every race I get more and more confident but this weekend was just a tough one."

Massa is ninth in the championship standings with 16 points while Stroll has yet to score. Williams are sixth in the constructors table.

The next race is the prestigious Monaco Grand Prix on May 28

Best finish for Renault since return to F1

F1

RENAULT picked up their best finishing position since returning to Formula One at the start of 2016 as Nico Hulkenberg came sixth at the Spanish Grand Prix on Sunday

Most of the hard work was done at the start as Hulkenberg leapt from 13th on the grid to seventh.

He briefly dropped behind the Sauber of Pascal Wehrlein during the pitstops but was able to regain it and moved up another place when Valtteri Bottas Mercedes retired midway through the race

It's been our lucky day with some of the top cars out at the start, but also later on in the race too, so we clearly benefited from that," said Hulkenberg

"At the same time we were there at every opportunity to do a good job and the guys did a great second pitstop to enable us to pass the Sauber."

Jolyon Palmer wasn't able to take advantage of three of the top six drivers dropping out narrowly avoiding last place after getting past Lance Stroll on the final lap

He said. "We went for an aggressive strategy given my starting position on the grid and I think it s fair to say it didn t bring us the reward we wanted.

"I wasn t able to get the pace out of the car when it was needed. However we were going better on the final set of tyres."

Nico Hulkenberg made a great start. Picture: *Renault Sport Formula One*

Youngsters miss out on chance to tread hallowed turf

Rugby

AN up-and-coming rugby star insisted he still experienced a memorable weekend at a festival organised by the Northampton Saints – despite missing out on appearing at Twickenham.

Ben Chanter, the captain of Chinnor RFC u12s, and his side failed to qualify for the parade around the hallowed turf in the Land Rover Premiership Cup.

"It's absolutely amazing to be here at such a prestigious tournament," the 11 year old said.

"I feel really proud and lucky to be in this team. I love the physical side of the game—it is like controlled aggression

"It is great to play rugby with your friends and it would have been amazing to get the chance to go to Twickenham."

Chinnor put up a strong fight in the tournament on Saturday at Northampton s ground with their brave tackling crisp passes and slick offloads but it just wasn't to be

More than 20 teams took part including Wallingford U12s.

The festivals around the country celebrate rugby s traditional core values of teamwork, respect, enjoyment, discipline and sportsmanship

Oxford leave it late

Rugby league

George Welch, *Reporter*

SUMMER signing Harrison Brough caught the eye on his debut with two tries, including the winner in Oxford RLs first ever victory over Hunslet.

Tim Romford s side left it late to steal maximum points in a thrilling 24-22 win against the division s oldest team in the last few minutes at Tilsley Park on Sunday

First blood went to Leeds-based Hunslet who opened the scoring when Liam Mackay found a gap in the Oxford defence

The Blues in their first match back from their Toronto visit hit back in the Kingstone Press League 1 clash thanks to Brough who touched down in the corner for his first try of the afternoon.

A converted Jake Joynt try edged the hosts ahead and, as soon as they got the ball back, the lead was extended by a Josh Atkinson try

Hunslet s second penalty of the match also led to their second try and, after Oxford had a try disallowed, it looked as though it would be only a small advantage for the home side at the break.

Seconds before the buzzer however, Harvey Burnett ran in Oxford s fourth try which he converted himself, to give the Blues a 20 12 interval lead.

Hunslet s Cameron Leeming dived over for an unconverted try after the restart and they were soon level when George Flanagan crossed the line.

The tide turned in the away side s favour when Joe Sanderson, who had missed his two previous conversion attempts landed a penalty goal to put Hunslet 22 20 ahead.

But Oxford crossed the line for the decisive score when Brough crashed over in the corner with four minutes left on the clock.

Hunslet kept fighting and twice they were held up over the line as the Blues secured an historic win.

Oxford coach Tim Rumford said that it was "a very, very pleasing and result, but our performance can be better"

Rumford will take his Oxford side, who are 10th with three wins and three defeats, to pointless South Wales Ironmen on Saturday

Eddie Pepperell

Pepperell misses the cut again after a good start

Golf

ABINGDON golfer Eddie Pepperell probably thought his 2017 could only improve on a disastrous 2016 that ended with a trip to Spain for qualification school to keep his European Tour card.

The 26-year-old endured a torrid second half of last year missing the cut in seven of his eight tournaments from August to October

But any hopes to climb the European and world rankings can, so far, be condemned to an unfulfilled new year's resolution as the Frilford Heath member's form thus season has been akin to that of 2016

Pepperell s 2017 campaign, which started in December has involved six missed cuts from seven competitions – the latest a T96 finish at last week s Open de Portugal.

After carding a par in his first round, which was disrupted by thunderstorms, he recorded -1 for his second round and for the tournament to narrowly miss the cut by two shots

Pepperell had a whirlwind second round that included five birdies and four bogeys

Heading towards the clubhouse, he was at -4 and comfortably inside the cut line But disaster struck when he dropped three shots in the final five holes for a total of 145

Englishman Matt Wallace won the title with a score of 21 three shots ahead of his closest rivals Julian Suri.

Pepperell tees off at the Rocco Forte Open in Verdura Sicily today

Stars to field a development team

Ice hockey

OXFORD City Stars will field a development team for the 2017/18 season following a major restructuring of the English hockey league.

The second team, called Oxford Junior Stars will compete in the third tier, known as NIHL2 South, and will face 12 other sides including Basingstoke Buffalo Bracknell Hornets and Swindon Wildcats 2.

This means Oxford will have teams in both the second and third tiers in the UK after the English Ice Hockey Association announced a new league format earlier this month.

Jayne Harrison, from the Junior Stars, said, "This is a landmark event in terms of junior hockey development in the city and is reward for the hard work we've all invested in the junior club. We re looking forward to exciting times ahead."

The club said the Junior Stars would aid player development and help ensure a stable long-term future for the club.

Stars director Russell Shrives said, "We are building a really good relationship with the Oxford Junior Club and a major factor in developing this further will be the newly formed NIHL2 Oxford team that the junior club will run as a predominately development team, with a few old heads thrown in for their experience.

"This is extremely exciting and of the utmost importance for Oxford."

To build the team the Junior Stars will hold a summer league for six weeks starting on June 7

For more information and to register interest, contact John Barrison at john@hbmedical plus com

Oxford City Stars will play in Division 1 – the new second tier – next season and have been placed in Conference A.

They will be joined by Bracknell Bees Basingstoke Bison, Milton Keynes Thunder Solent Devils and Cardiff Fire

The NIHL season will begin on the weekend of September 2/3 and is scheduled to end April 7/8.

Free membership bid to attract tomorrow's talent

Golf

A GOLF club in Oxford is appealing to the next generation of stars by offering free memberships

Oxford Golf Club is offering free membership to children and grandchildren of full members of the club as part of an initiative to help grow the game of golf.

One of the county's oldest clubs, with origins of golf played on the Cowley Marsh site from as early as 1873 has backed an initiative led by England Golf to increase participation and encourage people to 'Get into Golf'

Ten memberships have been taken since the start of the campaign in April.

Stephen Nicholson, general manager of Oxford Golf Club, said, "The initial uptake of our free junior membership has been great to see.

"We are keen to encourage the juniors to take part in all of the exciting activities coaching and competitions we have planned throughout the year and in future moving into adulthood.

"Oxford Golf Club have a strong reputation of encouraging juniors like single-figure handicapper Peter Pan, who only turned 12 years of age last week.

Peter Pan
Picture: *The Sports Journalist*

"And we hope that they will remain members and provide the longevity of membership for years to come."

Looking after the development of the juniors of Oxford Golf Club is the responsibility of Joe Pepperell, the resident PGA Professional, and brother of European Tour player Eddie.

Joe said "The more juniors we can get experiencing the game, the better Once they have that buzz all they want to do is get better and better"

Visit oxfordgolfclub.net for more information.

Brilliant batting halts Bicester charge

Cricket

A REMARKABLE batting performance from East Oxford frustrated Bicester & North Oxford cricket club (BNOCC) as their league game was drawn.

Big scores from Alister Gibbins (111) and Nick Moorman (95) in a second wicket partnership of 183 helped Bicester to an impasing 304 6.

Debutant Will Irving chipped in with a useful 34 as Bicester went into the interval feeling confident with such a large total for the visitors to chase

BNOCC made the dream start with Andy Godbold (4 60) ripping through the East Oxford top order including two in the second over of the innings leaving them reeling at 60 5

However Muhasher Hassan (78) and Anur Butt (88) set about rebuilding and stood firm in a sixth wicket partnership of 159.

The pair had a real go, adding 126 in the 15 overs after drinks to keep them in touch with the run rate With the game in the balance and East Oxford requiring 85 to win from the last nine overs. Danny Clark (2 49) made a breakthrough with Hassan caught at square leg by Moore.

Bicester now scented victory through two late wickets for Dan Murphy one of them Butt, stumped by Warwick Bradfield.

But East Oxford clung on with two wickets remaining, surviving the remaining four balls to finish on 241-8, securing a hard-fought draw

2016/17 season review: January – April

United fight back for two cup runs and a charge up the table

George Welch, *Reporter*

OXFORD United fans couldn't be blamed for welcoming 2017 with an air of optimism.

While the first five months of the 2016/17 campaign was a period of steady adjustment as the U's adapted to life in the third tier, the new year began with Oxford sat in mid-table and fighting on three fronts.

In the four months between January and April, United jam-packed their schedule with 29 matches.

In that time Michael Appleton's side propelled themselves up the SkyBet League One table and continued their form in the Emirates FA Cup and the Checkatrade Trophy.

The Yellows' 62-game season included Wembley heartbreak for the second season running and the campaign ended the with the play-offs tantalisingly out of reach.

Appleton admitted Wembley defeat to Coventry City in the Checkatrade Trophy was the lowest moment in football for him, but he will be delighted with his team's performance over nine months, particularly in January and February.

United, who finished eighth and four points off the play off places, gave fans plenty to cheer about in a season that has built solid foundations for the club to build on.

Three successive wins and clean sheets to finish the season sent U's supporters into the summer optimistic of another successful League One campaign, which will kick off on August 5.

JANUARY: *Tom Martinez heads in a debut goal and United's third as they upset Newcastle United in the FA Cup. Picture: Steve Daniels*

2017

January

There was no New Year hangover for the United players and six wins in seven matches in all competitions made January the most successful month of the season.

Appleton celebrated his cup heroes following a 3-0 thrashing of eventual Championship winners Newcastle United at the Kassam Stadium – his 150th game in charge.

An inspired performance from goalkeeper Simon Eastwood and a debut goal from West Ham loanee Tom Martinez helped United to the thumping win against a significantly rotated Toon side.

Goals either side of half time from Kane Hemmings and Curtis Nelson secured Oxford's first FA Cup fifth round appearance since the 1993/94 season. They would meet another north east side, Middlesbrough, in the next round.

Appleton hailed the fourth round win over the Magpies as the best of his career, despite beating Arsenal at the Emirates as Blackburn Rovers manager in 2013's FA Cup.

The U's also made progress in the Checkatrade Trophy, brushing aside two League One high-flyers – Scunthorpe United and Bradford City – to reach the semi final.

Off the field, fans' favourites Alex MacDonald and Ryan Taylor both departed the club for League Two Mansfield and Plymouth. Appleton boosted his forward line with the loan signings of Conor McAleny from Everton and West Ham's Martinez.

FEBRUARY: *Players celebrate drawing level against Middlesbrough but Oxford's FA Cup run came to an end in the north east. Picture: Darrell Fisher*

February

Midfielder Liam Sercombe and winger Rob Hall became the latest names to become part of derby folklore when Oxford United came from behind to beat rivals Swindon Town at the County Ground.

The pair scored three minutes apart in the final 20 minutes to overturn a first half Swindon goal to complete a 2-1 win and a league double over the Robins.

A first ever win over MK Dons and further victories at Charlton Athletic and Chesterfield followed to launch Oxford from 12th at the start of the month to ninth and within sight of the play-offs heading in to penultimate month of the season.

McAleny announced himself to U's fans in style with the winner at Charlton and a hat trick against Chesterfield to help the Yellows to an impressive 10 wins in 13 matches.

Unfortunately for Appleton, hotshot McAleny was ineligible for the FA Cup fourth round when a late Middlesbrough goal broke the hearts of more than 3,300 United fans at the Riverside and cruelly ended Oxford's FA Cup giant killing hopes.

It initially looked far too easy for the Premier League side when Grant Leadbitter and Rudy Gestede gave the hosts a 2-0 lead within 35 minutes.

But United were brave and two goals in a minute from Chris Maguire and Martinez shortly after the hour mark brought Oxford level and dreaming of another cup upset.

That dream was crushed in the most dramatic fashion however, when Uruguay international Christian Stuani gave Middlesbrough, who would be relegated from the Premier League at the end of the season, a late winner four minutes from time.

March

The Oxford United squad was pushed to the limit in a month packed with eight league matches and a Checkatrade Trophy semi final.

A thrilling 3-2 win at League Two

APRIL: *A gutted Chris Maguire after the Checkatrade Trophy final defeat at Wembley. Picture: Steve Daniels*

Luton booked Oxford's tickets for the EFL Trophy final for a second consecutive year

United held a commanding 2-0 lead heading into the final 20 minutes thanks to a first half strike from loanee right back Phil Edwards and an own goal.

However the Hatters turned the game on its head with two goals in three minutes from Isaac Vassell and former United striker Danny Hylton

It took a moment of individual brilliance from winger Marvin Johnsen, whose left-footed curler from just outside the area five minutes from time reclaimed the away side's lead. Luton had no comeback this time.

The U's shared the League One goals around the squad with 10 different scorers on hand to notch 14 goals in eight games

Three wins, a draw and four defeats left United four points off the play offs heading into the final six league games

McAleny continued to catch the eye and the forward received the plaudits once more for his second hat-trick for the club after joining in the winter transfer window

His treble – and further goals from Marvin Johnson and Joe Rothwell – punished struggling Bury 5-1 at the Kassam as the U's warmed up in style for Wembley and ended the month in a seasons' high of eighth place.

April

Oxford United's players and fans enjoyed their day at Wembley in the final of the 2016 Johnstone's Paint Trophy – but this year Appleton said his side were there to win the trophy.

The head coach admitted he approached the Checkatrade Trophy final differently this time around but his under par U's wilted in the Wembley sun for the second time in 12 months

Coventry City midfielders Gael Bigirimana and George Thomas gave the Sky Blues, who were rooted to the bottom of League One, a two-goal advantage.

United failed to fight back despite Sercombe's lifeline 15 minutes from the end and some frantic, late pressure.

A dejected Appleton said he refused to watch the 2-1 defeat back and described the defeat as "the worst day I've had in football"

A bad week turned into a dreadful week when a home loss to Fleetwood Town three days later ended United's play-off hopes

After stalling further with a sobering point against Walsall and Bradford City the U's finished the season in assured style.

Academy product Josh Ruffels scored two goals in two games as United finished with a statement of intent for next season, racking up three consecutive wins and clean sheets

A self-assured U's scored seven goals without reply against strugglers Port Vale and Shrewsbury Town and play-off finalists Millwall to finish an impressive season in eighth place a position anybody would have taken back in August.

MARCH *Conor McAleny completes his hat-trick – his second treble after joining in January – against Bury to help the U's up to eighth. Picture: Steve Daniels*

Leagues allocated for county's smaller teams

NON-LEAGUE teams in Oxfordshire have been allocated their divisions for the 2017/18 season.

The FA met on Thursday last week to discuss the league allocations for the new season.

Hellenic Premier League champions Thame United, under the stewardship of Mark West, will join Southern League Division One Central but, somewhat controversially, Kidlington will not.

The Greeas, who enjoyed a mid-table finish in their first ever appearance at step 4 of the non-league structure have questioned the decision to switch them into Division 1 South & West next season.

The Yarnton Road side thought they would stay in Division 1 Central but Portsmouth-based Moneyfields, promoted from the Wessex League, were placed in the Central division instead.

Thus means Kiddy will join Didcot Town and North Leigh in Division 1 South & West.

Wantage Town, relegated from that division last campaign, will join Abingdon United in the Hellenic Premier League.

There were no other moves for Oxfordshire's other top non-league sides, with Oxford City remaining in National League South and Banbury United remaining in the Southern Premier League

The FA has also announced the biggest shake-up to the structure of the grassroots game in more than a decade.

Two new divisions at steps 3 (organised by EVO-STIK League Southern) and 4 (Isthmian League) will be introduced from August 2018 following a review of the national league system.

The restructure aims to iron out geographical anomalies, cut down on travelling costs and time for fans, players and officials and encourage more step 5 clubs to climb the pyramid.

In total, the 276 clubs currently playing in steps 1 to 4 will increase by 28 to 298

Only the bottom clubs in the current step 3 and 4 divisions will be relegated at the end of season 2017-18. This could impact Didcot Town, Kidlington, North Leigh, Thame United and Banbury United.

U's make Shearer first signing

VETERAN goalkeeper Scott Shearer (pictured) is ready to push player of the season Simon Eastwood all the way for the number one shirt at Oxford United.

The 36-year-old is U's boss Michael Appleton's first summer signing ahead of next season and has agreed a one-year deal, with a further 12-month option, after being released by Mansfield Town.

The stopper who will initially provide backup to Eastwood, said the club's ambition enticed him to the Kassam Stadium

He added. "They [Oxford] were a very strong side last season and everything here is geared towards building on that.

"Obviously I know that Simon Eastwood was player of the year, and deservedly so, but my role is to come in, push him all the way and add a bit of experience around the dressing room

"I can't wait to get started."

The Scot has played over 350 games in a career that has seen him between the sticks at Rushden and Diamonds, Wycombe Wanderers, Crawley Town and, most recently, at SkyBet League Two side Mansfield Town.

Shearer's arrival will allow rookie keepers Jack Stevens and Manny Agboola to gain more playing time out on loan.

Appleton added. "Scott has vast experience and is still an excellent keeper. He knows the score. Easty [Simon Eastwood] is the number one.

"One of the things we talked about is adding a bit of experience to the dressing room so hopefully he is the first of a few older heads who will be really beneficial to the group as a whole."

Meanwhile Burton loanee Phil Edwards, who made 38 appearances and scored three goals for the U's this season, has signed a two-year deal at Bury

New era and new boss for Banbury women

A NEW women's football team is on the lookout for players following the appointment of their management team

Banbury United unveiled Kevin Phillips as the new woman's team manager alongside his assistant Kath Faulkner last Friday

The new club is a complete departure from the old Banbury United Ladies team, a separate club that withdrew from the league mid season due to a shortage of players.

Phillips, who holds a Level 2 coaching qualification, has experience of managing men's, women's and youth teams over the last decade

As a player he was part of Under-21 teams at German sides Borussia Dortmund and FC Schalke and, on his new position in the Banbury dugout said he is "very excited" and "proud" to have been appointed.

Faulkner has spent 18 years playing in senior women's football, including eight years with Oxford United.

United will apply to join the Thames Valley Counties Women's Football League for next season and will play matches on a Sunday after noon. Home games will be played at the Banbury Plant Hire Community Stadium

Kevin Phillips and Kath Faulknar

Phillips said. "Women's football has changed over the past 10 years through the support of the FA and their new Gameplan for Growth. It's an exciting time to be part of women's football.

"Women's teams at Banbury United have had previous success over the years and my ambition is to emulate this and put the team on the map once again"

Martin Cantrell, the Puritans vice chairman, added. "These are very exciting appointments for the club and we are confident that they will lead to Banbury United having a vibrant and successful women's team that is attractive to local players."

If you are over 18 and are interested in playing for the Banbury United Women's team then email women@banburyunitedfc.co.uk or phone Kevin Phillips on 07734 060314.

THE OXFORD PAPER
Sport

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Pictures: Steve Daniels

U's outvoted on future format of Checkatrade

Low attendances were a feature of the early rounds of the competition – top, just over 1,500 fans turned out to see the U's take an Exeter City but winners Coventry City's manager Mark Robins believes it was a great experience for the younger players

George Welch' Reporter

OXFORD United were overwhelmingly outvoted over the structure of next season s Checkatrade Trophy

Teams were given three options to choose from for the 2017/18 competition and voted overwhelmingly to keep the current format – with some key amendments

The U's, who have finished as the runner-up in the competition for the last two seasons were one of 11 clubs that wanted to revert to the previous layout.

The EFL Trophy was overhauled this season in an experiment that included 16 'invited sides' from the Championship and the Premier League

SkyBet League One and Two clubs met on Thursday last week to discuss the competition which was marred in the early rounds by low attendances and fan boycotts

The Yellows lost to Coventry City in this season's final in front of nearly 75,000 fans at Wembley last month, but voted to revert to the previous format of the competition.

Clubs could vote for one of three outcomes to keep the current format with amendments, revert to a 48-team knockout competition or abandon the tournament altogether

The EFL said 66 per cent of clubs voted for the first option so the format – with some key changes – will be retained for seasons 2017/18 and 2018/19

Oxford United chairman Darryl Eales said: "We can confirm that we were one of the 11 clubs that voted to revert to a 48-team knock-out competition.

"However it is a democratic process and we will abide by the vote."

Key changes to the current system include a more relaxed selection criteria, making invited academy teams play all of their group matches away from home and more prize money will be awarded, between just under £2m to £3m.

EFL chief executive Shaun Harvey said: "We committed at the outset of this season's competition to conduct a full and comprehensive review of the competition and, importantly, give our clubs the ability to ensure they make the key decisions regarding where we take the competition in 2017/18 and beyond.

"After asking clubs in advance for some initial thoughts on the competition today [last Thursday] was the next stage of the process and I'm delighted we were able to have such a full and frank exchange of views that will now assist the executive in refining a final proposal that our clubs will now vote on."

Mark Robins, manager of trophy-holders Coventry City, said: "The Checkatrade Trophy has been an invaluable experience for those players at an under-21 level to participate in senior football, it will certainly aid their development moving forward.

"We won the competition with what was primarily a young team, and if you can get to Wembley and experience a fixture in front of that many fans at the national stadium, it can only be a positive."

Michael Appleton's side have made it to the final of the competition in each of the last two years

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